

5th European Conference on Public Health, Well-being and Healthcare

August 11-12, 2022 | Webinar

Volume: 12

Application of Non-Smoking Areas in Hospitals: Literature Review

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Background: In various countries in the world, the problem of smoking is now considered as something serious because of the effects of smoking which can not only lead to addiction but also have the potential to harm health. Public health authorities have concluded that one solution that can be done to protect the public from active smokers is to issue a policy that requires public facilities to be completely smoke-free. The hospital is one of the public facilities that has been designated as a smoke-free area. However, the implementation and maintenance of a successful program based on a smoke-free hospital is still considered an ongoing challenge worldwide due to the very low level of adherence. The low level of compliance with this smoke-free policy is also seen in other public facilities. The purpose of the literature review is to review the level of compliance with the application of the Non-Smoking Area policy, how this policy has succeeded in reducing smoking activity in hospitals, and what factors lead to such compliance in each country in the world.

Methods: Literature review of articles was carried out on all types of research methods, both qualitative and quantitative. The sample is all subjects who are in the research location which includes patients, staff and hospital visitors.

Results: Various variations in the level of compliance were found from various literatures. The literature with the highest level of compliance is 88.4%. Furthermore, several determinants that are known to affect the compliance of KTR policies in hospitals include communication, information, knowledge, perceptions, interventions, attitudes and support. Obstacles in its enforcement are the absence of sanctions against violators of the KTR policy, the ineffectiveness of the function of policy makers in hospitals, and negative perceptions of smoking related to mental health.

Conclusion: Violations of the KTR policy are often committed by the hospital staff themselves, which makes it difficult for this policy to be fully enforced at various points in the hospital.

Keyword: Implementation, Health Policy, Non-Smoking Area, Hospital.

Biography

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In addition to being a doctoral student at the Faculty of Public Health, Hasanuddin University, Inayah is a lecturer at the Health Administration Study Program, Faculty of Sports Science, and Makassar State University for 3 years.

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