

2nd International Conference on
TROPICAL AND INFECTIOUS DISEASES
&
14th International Conference on
ALLERGY AND CLINICAL IMMUNOLOGY
November 21-22, 2019 | Bali, Indonesia

Birthmarks

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A birthmark is a marking on the skin present at birth or which appears shortly after birth. Birthmarks vary in size and shape, and can be blue, black, tan, brown, pink, red, purple and even white. Some are smooth, and some are raised and rough, but mostly, birthmarks are painless and harmless. They are not punishment for anything you or your baby did at any point, and don't indicate a latent power. Growing up with a visual birthmark is often emotionally embarrassing and upsetting as peer pressure and name-calling occur which causes self-esteem issues that often persist into adulthood. Some birthmarks may even serve as indicators of underlying health issues. To be extra safe, it's important to have a doctor check your baby's birthmarks, if rapid changes are seen. You do have options when it comes to removal of vascular birthmarks. It is congenital, benign irregularity on the skin, occur anywhere on the skin. They may be caused by overgrowth of blood vessels, melanocytes (as a result of inconsistencies in pigmentation), smooth muscle, fat, fibroblasts, or keratinocytes. Some kids have small marks and others have bigger ones. Some go away on their own, and others stick around whole life. The dermatologist can decide if treatable or just to leave it alone. They are of two types: Pigmented and vascular. If born with a mole, it is considered a birthmark or beauty marks. Moles usually are small, brown spots, sometimes can be larger and of different colors, like pink, skin-colored or black. Some are flat and smooth; some are raised above the skin like a slight bump. If a mole itches or bleeds, than have to be checked out to make sure it is benign.

Biography

Vinod C Parmar had completed his MD and DCH from South Gujarat University, India and Post-graduation in Pediatric Nutrition from Boston University, USA. He is currently working as a Consultant Pediatrician and Dermatologist in Parmar Children Hospital since 39 years.