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Energy Alterations in Patients with Psychiatry and Mental Health Disorders and how can we Treat this Condition only by Rebalancing these Energies

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Introduction: In order to understand how the emotional and relational dynamics particular to these families may contribute to the development of schizophrenia, families affected by schizophrenia have been compared to unaffected households. Research began to move its attention in the middle of the 1950s from schizophrenia symptoms as an intrapsychic condition, or within an individual, to an interpersonal phenomenon influenced by family communication patterns (Goldenberg and Goldenberg 2012). In families with schizophrenia members, Lyman Wynne and his associates (1958, 1963) looked into the social structure and frequently hazy, confusing, and perplexing communication patterns.

Patients in psychiatric facilities are more likely to die young, usually from cardiovascular conditions (CVDs). The metabolic syndrome (MetS), which is a grouping of cardiovascular risk factors comprising dyslipidemia, abdominal obesity, hypertension, and hyperglycemia, is convincingly linked to an elevated risk of psychiatric illnesses. Numerous mental disorders, such as schizophrenia, major depressive disorder (MDD), bipolar disorder (BD), anxiety disorder, attention-deficit/hyperactivity disorder (ADHD), and posttraumatic stress disorder (PTSD), are associated with this elevated risk (PTSD). There is some evidence supporting both a bidirectional longitudinal influence between psychiatric diseases and MetS as well as a dose-response association with the severity and duration of symptoms. In general, associations with dyslipidemia dysregulations and abdominal obesity seem stronger than those with hypertension. A poor adherence to medical advice and an unhealthy lifestyle are contributing factors.

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates. Researcher in the University of São Paulo, in the Ophthalmology department from 2012 to 2013. Author of the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Author of more than 100 publications about treatment of variety of diseases rebalancing the internal energy using Hippocrates thoughts.