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Finger nail scratching habit resulted in localized gingival recession

Abstract:

Self-inflicted gingival injuries have been reported to occur in children and adolescent secondary to number of causes , including accidental trauma , fingernail biting , digit sucking of these causes the one documented as the most common cause is habitual fingernail biting or **onychphagia** .Gingival recession is a **muccogingival** defect caused by variety of etiological factors that result in periodontal destruction most prevalent among those being periodontal **inflammatory** changes , one of the least documented cause is self-inflicted gingival injury can be confirmed by a careful medical and dental history , clinical appearance of the lesion and response to established treatment protocol. This case report described a repetitive injurious behavior by nail scratching resulted in localized gingival recession. The lesion responds well to conservative periodontal treatment. The role of underlying **psychiatric** morbidity leading to repetitive self-inflicted injurious behavior is discussed.

Biography

Dr. Almontasir ballah imreewah graduated from The University of Tripoli in 2015 and since then providing the most advanced dental care in a comfortable and pleasant atmosphere are the priorities of Dr. Almontasir ballah imreewah. During this time I was interested in Periodontology as my father specialty. And soon I was finding myself more in periodontology and been involving in much local dental conference



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