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Peptic Ulcer Disease

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Peptic ulcer occurs when there is an erosion in the lining of the digestive tract. Or we can say it occurs when there is a breach in the lining of the alimentary canal. The cause of peptic ulcer disease occurs as a result of the imbalance of the defensive and offensive mechanisms with regards to the gastroduodenal mucosa. Many say the cause is usually H.Pylori infection as concluded in 1994 and/or excess use of non-steroidal inflammatory anti-inflammatory agents. Symptoms usually depend on the location of occurrence of the ulcer. Generally, there is epigastric pain, heartburn, nausea, vomiting. Investigations done to confirm include upper G.I endoscopy, X-ray With barium, blood grouping. Complications include perforation, penetration, malignancy, outlet obstruction. Management will include lifestyle modification, pharmacological treatment and surgery.

Biography

Osei Frank Kofi is a permanent residency holder in Ghana. He is pursuing his MBBS in the V.N Karazin Medical National University, Ghana.

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