

# 14<sup>th</sup> Euro-Global Gastroenterology Conference

July 08-09, 2019 | Zurich, Switzerland



## *Ashraf Salah Ibrahim El Ghaname*

Cairo University, Egypt

### Problems associated with medications taken by renal patients

At first we need to present and clarify the renal failure patient and what is his condition and how these conditions are dealt with, as our topic actually is about problems related to managing the kidney patient problems or complications. An END STAGE RENAL FAILURE PATIENT is a one who is suffering electrolyte imbalance in form of: Low calcium, taking supplements like 500 mg tablets 3 times a day and suffering from anaemia taking 5 tablets of folic acid once daily. MULTI VITAMINS FOR : Iron, vitamin B suffering from high blood pressure so at least taking one type of anti hypertensive medications (sometimes with malignant hypertension) high doses of several types of anti-hypertensive medications are prescribed (may reach 230/130 ). Also the patient on dialysis in continuous stress causing stress ulcer together with uraemia causing gastritis. Both of which recommend good management alternating between proton pump inhibitors and antacids to avoid aluminium hydroxide protective coating as it is not eliminated by on dialysis active vitamin D (HYDROXYCALCIFEROL). For calcium metabolism (absorption and bone deposition), other less common medications pain killers for: Itching body aches. Antibiotics for secondary infections and catheter related infections so in general a patient may take between 5-8 tablets 3 times daily. That's why we are here to talk about

### HOW TO MAKE PILLS FOR (ESRF) PATIENT EASIER TO SWALLOW

1. Big tablets as calcium could be made chewable
2. Gastric medications should be combined and given as effervescence
3. Specific multi vitamin formulas for ESRF patients
4. Digestive enzyme supplement tablets should be prescribed
5. Folic acid is given as several formulas instead of taking up to like 8 tablets
6. If medications can be provided as syrup or powdered forms in capsules for example to be easily dissolved in water or drinking vial like packages

### Biography

Ashraf Salah Ibrahim El Ghaname completed his Bachelor degree in Medicine (M.B.B.ch) from Cairo University, Egypt. He is currently working as an Faculty in Al Kasr Al Aini Medical School.

[frenchmrx@hotmail.com](mailto:frenchmrx@hotmail.com)