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Some answers about teachers' motivations and new questions about their emotional health**Eligia Rosa Rodríguez-Rivero***University of La Laguna, Spain*

Such is the challenge for teachers of the rapid changes we are facing that the Council Resolution for European cooperation in the field of education and training includes, in the priority strategies for the period 2021-2030, in particular No. 3, improving competences and motivation in the teaching profession [1]. Recent studies have increasingly focused on the predictive role of teachers' personal resources as well as on positive performance outcomes [2] [3]. The well-being of teachers and trainers influences their job satisfaction and enthusiasm for their work, and has an impact on the attractiveness of the profession and ultimately on their retention [4]. Motivation plays a modulating role in career choice and retention, in the improvement and acquisition of new learning and skills, and even in emotional adjustment [5] [6] [7]. Our contributions as a research group want to provide some answers about the motives that lead teachers to choose and remain in the profession, for which we have developed an explanatory model through CUMODE. With this tool we validated a structural model with which to categorize the motives that teachers have for teaching and that guide their decisions as education professionals [7]. Finally, we consider the data, already published, to be of particular importance for drawing inferences about how teachers' needs are distributed in guiding their decisions to satisfy them and the possible effects of these motivational priorities on their emotional health [7] [8]. .

Biography

Degree in Psychology. Practicum in Clinical Psychology. University of La Laguna. Level 7 in the EQF. Health qualification. Specialization and Training in Systemic Perspective during the three-year period 2007-2010. (360 hours of theoretical and practical training). Specialization in Conflicts resolutions and Culture of Peace. Member of the Research Team EMOCREA-ULL and Venia Docendi courses 2021-2022, 22-23 of the subject Emotional Education in the Degree of Teaching-Primary Education. Pre-doctoral student of the Doctorate program in Psychology. Trainer and facilitator of team and organizational change processes for the Department of Education of the Canary Islands Government.