1. **How many years have you been associated with the current research?**
   
   27 years

2. **What is the research topic you are working on now?**
   
   Dietary resistant starch and metabolism; diet and exercise interventions for improved health and performance.

3. **What makes an article top quality?**
   
   Study design, large study population, quality of data

4. **What are the qualities you look for in an article?**
   
   Strong design and methodology. Applicability to public for improved health outcomes.

5. **Do you have any research funding (NIH or other national funding) now?**
   
   Yes, industry funding

6. **When did you become an editor of OMICS Journal?**
   
   Within the last couple of months

7. **What is your greatest career accomplishment?**
   
   Fellow inductions to ACSM and TOS. Top tiered manuscript publications. Awarding of Full Professor at my University.

8. **How does the research published percolate through to practitioners?**
   
   Slowly. Open Access helps a lot.

9. **What is the purpose of serving as an editor?**
   
   To give back and serve as an expert in my field

10. **Do you have any patents?**
11. **Have you contributed any editorials or papers (any types) to OMICS Journals in the past two years?**
   No

12. **Do you plan to contribute any editorials or papers to OMICS Journals in the next year?**
   Possibly

13. **Do you have any trouble with OMICS Journals in the past?**
   No

14. **Would you recommend OMICS to your friends or colleagues?**
   Yes

15. **How do you differentiate Vitamins & Minerals with other journals in the field?**
   Uniqueness of published studies to the field. Strength of data and study designs