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Journal of Sports Medicine and Doping Studies

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Biography

• Professor Alfonso Jimenez, PhD, CSCS, *D; NSCA-CPT, *D, is Head of the Centre for Sports Sciences & Human Performance, at the School of Science, University of Greenwich (UK). He holds a Ph.D. in Physiology (2003), a Bachelor in Exercise Sciences (1993), and different professional accreditations and certifications as CSCS and NSCA-CPT (both Recertified with Distinction). In 2007 he completed a postdoctoral training at Arizona State University (Exercise & Wellness Department) as International Scholar, Researcher & Lecturer. In April 2009 he was elected as Chairman of the Standards Council at the European Health & Fitness Association (www.ehfa.eu), a not-for-profit association based at Brussels that currently represents approx 10,000 health clubs and leisure centers and 18 national associations spread across 22 European countries.
Research Interest

- Physical Activity & Health, Clinical Exercise in Special Populations
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