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Journal of Sports Medicine and Doping Studies

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Biography

• Prof Charilaos Tsolakis has received his PhD in University of Athens during the period of 1990-1996. Currently, he is working as Assistant Professor in University of Athens.


• He was a member of Student Advisor Committee, University of Athens, Faculty of Sport Science 2008.
Research Interest

• Sports Medicine - Exercise Physiology
• Weight lifting and Hormones in young athletes
• Testosterone, GH, Leptin
• Neuromuscular adaptations to training.
• Periodization of training
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