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Journal of Sports Medicine and Doping Studies



Charilaos Tsolakis

Assistant Professor

University of Athens

Department of Physical Education

Greece

Editorial Board Member

Biography

- Prof Charilaos Tsolakis has received his PhD in University of Athens during the period of 1990-1996. Currently, he is working as Assistant Professor in University of Athens.
- He has authored Fencing Tsolakis – Szabo 1996, Methodology of Fencing, Tsolakis – Dourakos – Athanasiadis 1999, Special fencing Themes Tsolakis 2007 books.
- He was a member of Student Advisor Committee, University of Athens, Faculty of Sport Science 2008.

Research Interest

- Sports Medicine - Exercise Physiology
- Weight lifting and Hormones in young athletes
- Testosterone, GH, Leptin
- Neuromuscular adaptations to training.
- Periodization of training

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