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Biography

- David Fukuda is currently a PhD student working in the Metabolic and Body Composition Laboratory at the University of Oklahoma, under the mentorship of Dr Jeffrey Stout David.
- Earned a Bachelor’s degree in Operations Management from Boise State University, 2004 and a Master’s degree in Exercise Physiology from the University of Oklahoma 2010.
- He has been involved with the Olympic sport of judo for over 20 years as a competitor instructor coach and referee.
- Another area of interest is the response to training and nutritional supplementation on strength and functionality testing, in elderly individuals. David is also a Certified Strength and Conditioning Specialist CSCS through the National Strength and Conditioning Association NSCA.
Research Interest

• His current research interests are high-intensity interval training, sports nutrition, and metabolism with an emphasis on specific populations, including grappling athletes (judo, wrestling, and jiu-jitsu) and tactical athletes (military, police, and firefighters).
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