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Journal of Sports Medicine and Doping Studies

Elisa Couto Gomes
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Editorial Board Member
Biography

- Dr Gomes completed her PhD in Sport Science and Biomedicine in 2009 at Edinburgh, Napier University, UK. Her MSc was in Exercise Physiology and was carried out at Loughborough University, UK.
- Her undergraduate studies were completed at the Federal University of Minas Gerais, Brazil. She is now working as a postdoctoral researcher at the latter university.
Research Interest

• Influence of physical activity in health
• Thermoregulation and exercise
• Exercise and the immune system; effect of air pollution on exercise and immune system
• Antioxidant intake, performance and oxidative stress.
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