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# Journal of Sports Medicine and Doping Studies



**Elisa Couto Gomes**

Department of Exercise Physiology  
Federal University of Minas Gerais  
Brazil

**Editorial Board Member**

# Biography

- Dr Gomes completed her PhD in Sport Science and Biomedicine in 2009 at Edinburgh, Napier University, UK. Her MSc was in Exercise Physiology and was carried out at Loughborough University, UK.
- Her undergraduate studies were completed at the Federal University of Minas Gerais, Brazil. She is now working as a postdoctoral researcher at the latter university

# Research Interest

- Influence of physical activity in health
- Thermoregulation and exercise
- Exercise and the immune system; effect of air pollution on exercise and immune system
- Antioxidant intake, performance and oxidative stress.

# Publication Details

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