

OMICS Group



OMICS Group International through its Open Access Initiative is committed to make genuine and reliable contributions to the scientific community. OMICS Group hosts over **400** leading-edge peer reviewed Open Access Journals and organizes over **300** International Conferences annually all over the world. OMICS Publishing Group journals have over **3 million** readers and the fame and success of the same can be attributed to the strong editorial board which contains over **30000** eminent personalities that ensure a rapid, quality and quick review process. OMICS Group signed an agreement with more than **1000** International Societies to make healthcare information Open Access.

OMICS Journals are welcoming Submissions

OMICS Group welcomes submissions that are original and technically so as to serve both the developing world and developed countries in the best possible way.

OMICS Journals are poised in excellence by publishing high quality research. OMICS Group follows an Editorial Manager® System peer review process and boasts of a strong and active editorial board.

Editors and reviewers are experts in their field and provide anonymous, unbiased and detailed reviews of all submissions.

The journal gives the options of multiple language translations for all the articles and all archived articles are available in HTML, XML, PDF and audio formats.

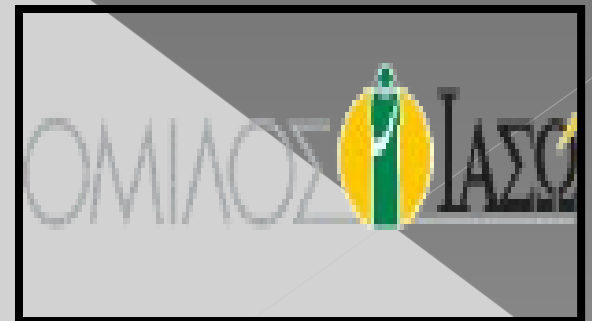
Also, all the published articles are archived in repositories and indexing services like DOAJ, CAS, Google Scholar, Scientific Commons, Index Copernicus, EBSCO, HINARI and GALE.

For more details please visit our website:

<http://omicsonline.org/Submitmanuscript.php>



Prof. John K Triantafillidis
Director
Inflammatory Bowel Disease Unit
IASO General Hospital
Greece



Biography

John K Triantafillidis started his career as a research Fellow Gastroenterology Unit, University of Oxford, UK (1981-1982). Then as the Head of Department of Gastroenterology “METAXAS” Cancer Hospital, Piraeus, Greece (1988-1991) AND Head, Department of Gastroenterology: “Saint Panteleimon” General State Hospital, Greece during 1991 - 2013. Head Inflammatory Bowel Disease Unit, “Iaso General” Hospital, Athens, Greece (2013). Visiting professor, Department of Gastroenterology, University of Washington, Seattle, U.S.A. (1995). Fellow of the European Board of Gastroenterology (2002). Associated Professor, Medical University of IASI, Romania (2007). Editor of the official Medical Journal of the Hellenic Society of Gastroenterology “Annals of Gastroenterology” (1996 till 2010) published in the English language. Editor of the official Medical Journal of the Hellenic Society of Gastrointestinal Oncology entitled “Digestive Oncology” (2000-2010) published in the Greek and English language. Translations of many books in the Greek language including “The acute abdomen” (ed. De Dombal), “Diseases of the Gut and Pancreas” (Ed. Miscievitz et al), etc.

嬌

Reviewer in many Greek and International medical journals including Digestive and Liver Disease, Pharmacological Research, Aging Health etc. Member of many National and International Medical Societies including The American College of Gastroenterology, British Medical Association, European Association for Clinical Investigation, International Society for the study of the Esophagus, Mediterranean Medical Society for Digestive Diseases etc. President of the Organizing Committee of many International and Greek Congresses. President of the Hellenic Society of Gastroenterology, Hellenic Society of Digestive Oncology, Hellenic Helicobacter Pylori Study Group, and Hellenic Inflammatory Bowel Disease Study Group. Papers: Up to the end of 2012 more than 210 papers appeared in peer review international medical journals and more than 340 in the Greek medical literature. Books: Editor of many books including the book INFLAMMATORY BOWEL DISEASE (4th Edition in the English language (International Edition 2012) “Gastrointestinal lymphomas”, “Digestive Oncology” (award of the Hellenic Academy of Sciences 1991) etc. Up to the end of 2013 more than 2000 citations appeared in the international literature.

Research Interests

孃 Inflammatory Bowel Disease

孃 Digestive Oncology

Some recent publications

- Triantafillidis JK ,Gikas A (2013) Over-time changes of Helicobacter pylori infection rate in patients with inflammatory bowel disease. Journal of Crohn's & colitis 7: 681.
- Triantafillidis JK, Merikas E, Gikas A (2013) Psychological factors and stress in inflammatory bowel disease. Expert review of gastroenterology & hepatology 7: 225-238.
- Triantafillidis JK, Malgarinos G (2013) Severe psoriasis preceding diagnosis of large bowel Crohn's disease for 15 years. Journal of Crohn's & colitis 7: e80.

Some recent publications

- Effect of mesalamine and prednisolone on TNBS experimental colitis, following various doses of orally administered mesalamine. Triantafillidis JK, Douvi G, Agrogiannis G, Patsouris E, Gikas A, Papalois AE. Biomed Res Int. 2014;2014:648535.
- Diagnostic capabilities of high-definition white light endoscopy for the diagnosis of colonic mucosal metaplasia and correlation with histologic and clinical data. Panteris V, Nikolopoulou S, Lountou A, Triantafillidis JK. Eur J Gastroenterol Hepatol. 2014 Jun;26(6):594-601.
- Long-term efficacy and safety of otilonium bromide in the management of irritable bowel syndrome: a literature review. Triantafillidis JK, Malgarinos G. Clin Exp Gastroenterol. 2014 Apr 7;7:75-82. doi: 10.2147/CEG.S46291. eCollection 2014. Review.

Some recent publications

媿 The role of primary care physicians in early diagnosis and treatment of chronic gastritis. Gikas A, Triantafillidis JK. *Int J Gen Med*. 2014 Mar 13;7:159-73.

媿 The role of total parenteral nutrition in inflammatory bowel disease: current aspects. Triantafillidis JK, Papalois AE. *Scand J Gastroenterol*. 2014 Jan;49(1):3-14.

媿 Nutritional status and nutritional support before and after pancreatectomy for pancreatic cancer and chronic pancreatitis. Karagianni VT, Papalois AE, Triantafillidis JK. *Indian J Surg Oncol*. 2012 Dec;3(4):348-59.

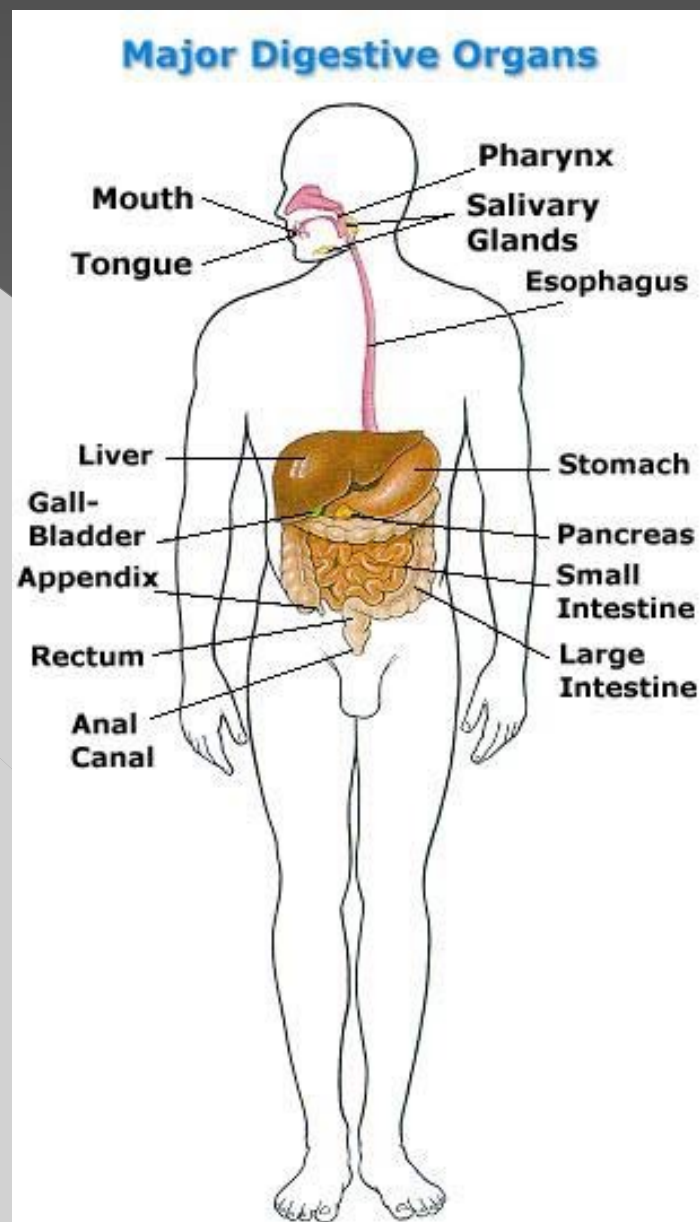
媿 Non-colorectal intestinal tract carcinomas in inflammatory bowel disease: results of a retrospective study. Egan L, D'Inca R, Jess T, Pellino G, Carbonnel F, Bokemeyer B, Harbord M, Nunes P, Van der Woude J, Selvagg F, **Triantafillidis J**. *J Crohns Colitis*. 2014 Jan;8(1):19-30.

Some recent publications

- 嬌 Sedation in gastrointestinal endoscopy: current issues. Triantafillidis JK, Merikas E, Nikolakis D, Papalois AE. World J Gastroenterol. 2013 Jan 28;19(4):463-81.
- 嬌 Crohn's disease of the small bowel, complicated by primary biliary cirrhosis, Hashimoto thyroiditis, and Raynaud's phenomenon: favorable response of all disorders to adalimumab treatment. Triantafillidis JK, Durakis S, Merikas E. Gastroenterol Hepatol Bed Bench. 2013 Spring;6(2):101-5
- 嬌 A prospective study of pre-illness diet in newly diagnosed patients with Crohn's disease. Octoratou M, Merikas E, Malgarinos G, Stanciu C, Triantafillidis JK. Rev Med Chir Soc Med Nat Iasi. 2012 Jan-Mar;116(1):40-9.

Some recent publications

- Randomised clinical trial: otilonium bromide improves frequency of abdominal pain, severity of distention and time to re
Clavé P, Acalovschi M, Triantafillidis JK, Uspensky YP, Kalayci C, Shee V, Tack J; OBIS Study Investigators. Aliment Pharmacol Ther. 2011 Aug;34(4):432-42
- Pistacia lentiscus resin regulates intestinal damage and inflammation in trinitrobenzene sulfonic acid-induced colitis. Gioxari A, Kaliora AC, Papalois A, Agrogiannis G, Triantafillidis JK, Andrikopoulos NK. J Med Food. 2011 Nov;14(11):1403-11.
- Current and emerging drugs for the treatment of inflammatory bowel disease. Triantafillidis JK, Merikas E, Georgopoulos F. Drug Des Devel Ther. 2011 Apr 6;5:185-210.
- Impact of beta-glucan on the faecal microbiota of polypectomized patients: a pilot study. Turunen K, Tsouvelakidou E, Nomikos T, Mountzouris KC, Karamanolis D, **Triantafillidis J**, Kyriacou A. Anaerobe. 2011 Dec;17(6):403-6.





Digestive Disorders

ISSN: 2329-9126

Digestive disorders are of the following types:

- Structural: a physical abnormality that interferes with normal function.
- Malabsorptive: problems with nutrient absorption.
- Inflammatory: Something causes swelling and/or bleeding.
- Neoplastic (Cancer)

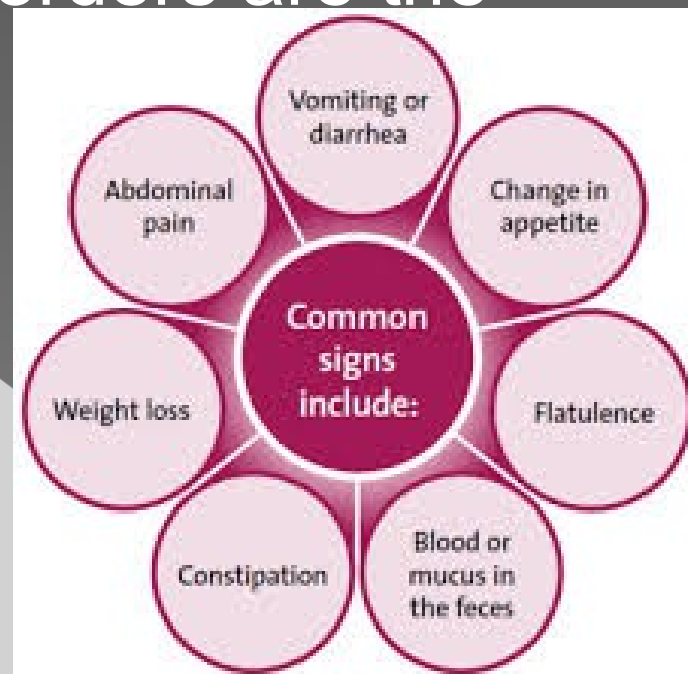




ISSN: 2329-9126

The symptoms of digestive disorders are the following:

- Indigestion or heartburn
- Pain in the abdomen
- Nausea and vomiting
- Diarrhea or constipation
- Bloating after eating





Digestive Diseases



ISSN: 2329-9126

Some of the diseases of digestive system are as follows:

- Tooth Decay
- Cold Sores
- Heart Burn
- Gastroenteritis
- Appendicitis



Tooth Decay



ISSN: 2329-9126

- This is an endogenous infection.
- Young are more susceptible than old.
- Occurs due to *Streptococcus mutans* and sucrose



Photo: D. Bratthall

Cold sores



ISSN: 2329-9126

- It is caused by herpes simplex virus Type I Virus.
- It is easily transmitted by close physical contact with saliva or the lesions.
- HSV-1 can cause damage to the surrounding tissue



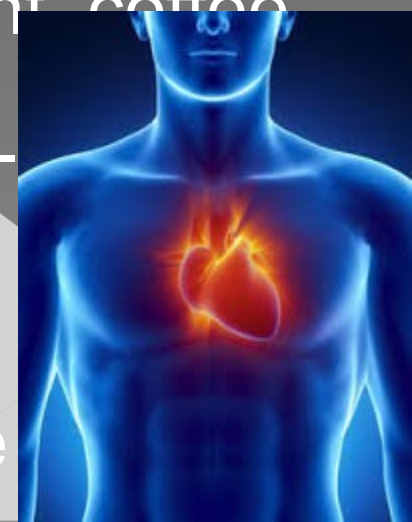


Heart Burn



ISSN: 2329-9126

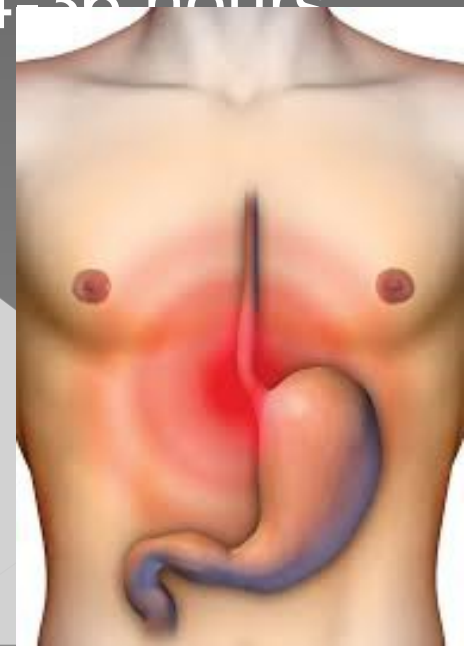
- Acid Reflux
- Symptoms- burning sensation
- Remedies- avoid chocolate and peppermint, coffee, citrus, fried or fatty foods, tomato products, smoking- take antacids – don't lay down 2-3 hours after eating.
- When small quantities of stomach acid are regurgitated into the esophagus





ISSN: 2329-9126

- Inflammation of mucous membrane lining of stomach and intestine
- Common cause = Virus
- Symptoms=diarrhea and vomiting for 24-36 hours
- Complication=dehydration





Appendicitis



ISSN: 2329-9126

- A blind sac attached to the cecum and has no known function.
- When appendix becomes inflamed
- If it ruptures, bacteria from appendix can spread to peritoneal cavity.
- Symptoms- RLQ pain, rebound tenderness, nausea, and vomiting
- RX - appendectomy

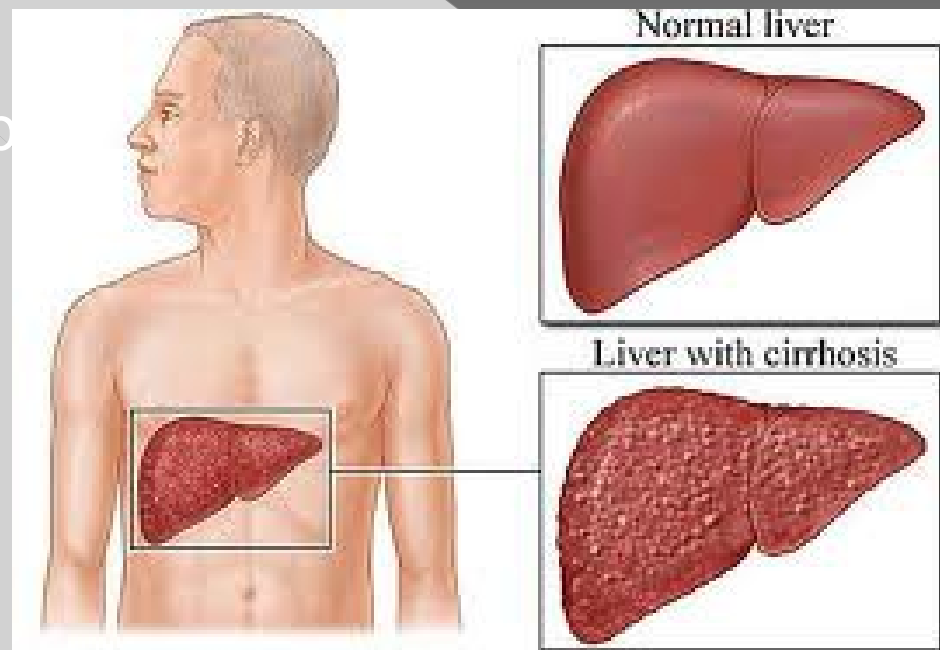




Cirrhosis

ISSN: 2329-9126

- Chronic progressive disease of the liver
- Normal tissue replaced by fibrous connective tissue
- 75% caused by





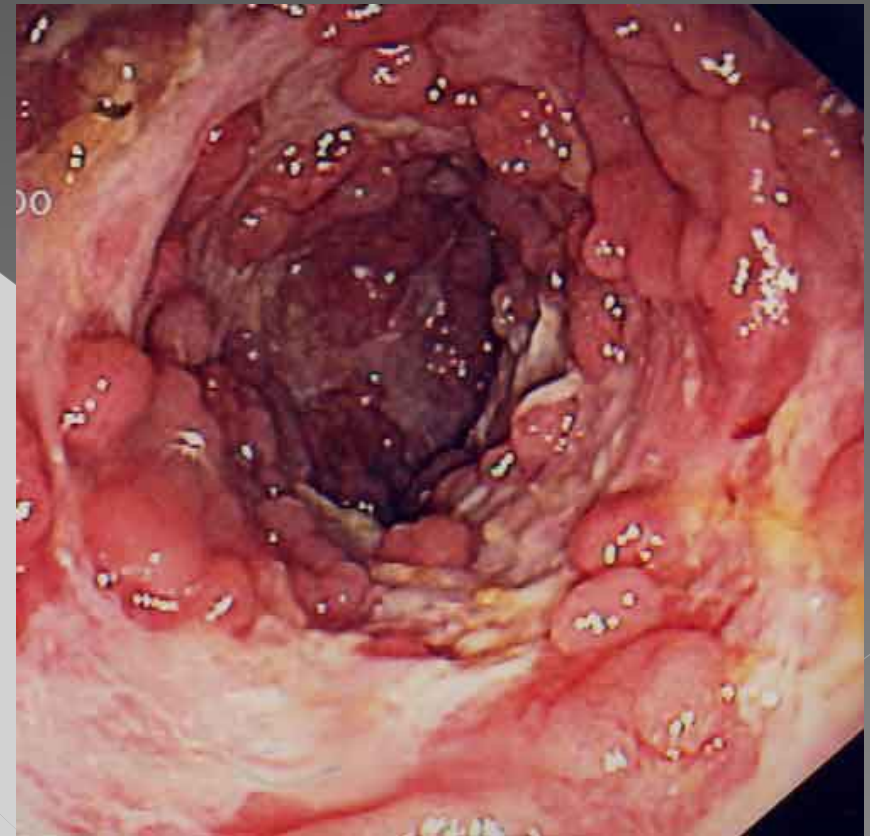
Journal of General Practice-Open Access

Crohn's Disease



ISSN: 2329-9126

- Inflammatory disorder
- A chronic inflammation of the intestines.
- Ulcers in the intestines.
- Rectal bleeding, weight loss and fever.



Journal of General Practice

- Journal of Primary Health Care: Open Access
- Journal of Health Care : Current Reviews
- Journal of General Medicine: Open Access
- Journal of Family Medicine & Medical Science Research



Journal of General Practice Related Conferences

- 3rd International Conference on Surgery and Anesthesia
- 3rd International Conference on Nursing & Emergency Medicine
- 2nd International Conference on Nursing & Healthcare



OMICS Group Open Access Membership

OMICS publishing Group Open Access Membership enables academic and research institutions, funders and corporations to actively encourage open access in scholarly communication and the dissemination of research published by their authors.

For more details and benefits, click on the link below:

<http://omicsonline.org/membership.php>

