Impact of Sex and Gonadal Hormones on Cocaine and Food Reinforcement Paradigms

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Abstract

Men and women express sexually dimorphic patterns of cocaine abuse, such that women progress faster from initially trying cocaine to becoming dependent upon the drug and display a greater incidence of relapse. Sex differences in response to cocaine are also seen in the laboratory in both humans and animal models. In this review, animal models of cocaine abuse that have reported sex differences in appetitive reinforcement are discussed. In both human and animal studies, sex differences in the subjective and behavioral effects of cocaine are often related to the female reproductive cycle and ovarian hormones. As a comparison, food reinforcement studies have shown the opposite profile of sex differences and the impact of sex steroids on food intake and response rate. In contrast, limited attention has been given to "choice" models in rodents of either sex, however, our recent studies have indicated a role of sex and estrogen in cocaine choice over food with intact females, and OVX females treated with estrogen, choosing cocaine significantly more than male rats, and ovarian hormones play a critical role in cocaine choice by females. Surprisingly, the reproductive cycle does not seem to modulate cocaine choice as it does response rate in single-reinforcer studies, suggesting that genomic rather than neurosteroid effects of estrogen modulate sex differences in this model. Future studies should more fully explore the impact of sex hormones on concurrent reinforcement and discrete choice models of addiction.

Keywords: Cocaine; Food; Reinforcement; Choice; Hormones; Sex

Introduction

Women, compared to men, face a more severe pattern of cocaine dependence. Sex differences in the profile of cocaine dependence have indicated that women, relative to men, transition faster from first use to entering treatment [1], which may be explained by women abusing cocaine via more addictive routes more quickly and reporting a more rapid progression of drug dependence [2]. In addition, cocaine dependent women report shorter cocaine-free periods [3], have an increased incidence of relapse [4], experience greater cocaine craving in response to psychological and physical stressors [5], and have a greater tendency to report relapses with an impulsive quality [6]. There is also evidence of sex differences in the profile of dependence on other drugs such as prescription opiates [7] and methamphetamine [8,9] that have indicated a more severe impact of substance abuse in women compared to men, including exacerbation of cognitive impairments associated with stimulant dependence [9]. Compared to cocaine-dependent men, cocaine-dependent women are also more likely to attempt suicide [10,11] and addicted women exhibit poorer nutrition than addicted men [12]. Together, these findings indicate that a critical aspect in sex differences in addiction may include altered evaluation of the choice to engage in drug taking versus non-drug experiences, such as food and other pleasurable activities.

Sex differences in psychostimulant dependence may be explained by the effects of gonadal hormones, including fluctuations across the female reproductive cycle. For women, the subjective experience of using cocaine is more or less pleasurable, depending on what phase of the menstrual cycle they are in at the time of drug intake [13,14]. In addition, progesterone administration can diminish the positive effects of cocaine in women, but not men [15,16]. Accordingly, evidence from human laboratory studies indicates that there are roles for hormones in cocaine responsiveness and that the ability of hormones to modulate cocaine responsiveness is sexually differentiated. However, the direction of sex differences in stimulant reinforcement can sometimes be dose-dependent. For instance, one study that employed a progressive-ratio schedule of reinforcement reported that a low dose of d-amphetamine functions as a reinforcer in women, but not men, whereas a high dose of d-amphetamine functioned as a reinforcer in men, but not women [17]. Sex differences in response to cocaine has also been described in rodents. For example, female rats, relative to males, display a greater propensity to acquire cocaine self-administration [18-22], increased responding under fixed and progressive ratio schedules of cocaine reinforcement [23-24], and greater drug intake during cocaine and methamphetamine self-administration [25-28]. Further, female rats show increased cocaine and methamphetamine seeking during reinstatement tests relative to male rats [24,29].

Moreover, drug abuse leads to maladaptive choice in humans [12,30] and this can be modeled in animals via concurrent reinforcement models in which the animal chooses between drug and a natural reinforcer. Research from our lab indicates that female rats are more likely to choose intravenous cocaine infusions over food than male rats, and ovarian hormones play a critical role in cocaine choice by females. Surprisingly, the reproductive cycle does not seem to modulate cocaine choice in female rats [31], whereas reproductive phase modulates rate-dependent measures examined in traditional single reinforcer experiments [24,32-35].

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Role of female reproductive cycle and gonadal hormones on cocaine reinforcement

Female rats in the estrus phase (note: vaginal estrus as opposed to behavioral estrus) of the estrous cycle, a time of low progesterone and its neurosteroids, display greater cocaine seeking relative to non-estrous females [e.g., 24, 34]. Furthermore, estrus phase females earn significantly more cocaine infusions during a progressive ratio schedule of cocaine reinforcement than non-estrous phase females [32, 33]. Thus, the estrus phase appears to be a specific “at risk” phase of the female reproductive cycle for cocaine taking and seeking. Further, Kerstetter et al. [24] demonstrated that female rats press more for cocaine than male counterparts during maintenance, extinction, and reinstatement after prolonged abstinence, results for active lever pressing during cocaine self-administration showed that females responded significantly more than males during sessions 8-10. In addition, Kerstetter et al. [24] reported that females in estrus respond significantly more during cocaine self-administration than they did in other phases of the estrous cycle. In addition, it was recently reported that females in the estrus phase display fewer retreats in the runway model of cocaine reinforcement relative to females in the other phases [36]. These “retreat” behaviors appear to reflect the anticipation of the anxiogenic properties of cocaine, such that the rat is “conflicted” about receiving the cocaine and will repeatedly approach and retreat from the goal box where they will receive cocaine [see review, 37]. Together with the self-administration data, these findings indicate that reproductive status contributes to the motivation for cocaine and that sex differences in addiction vulnerability may be attributable to differences in the motivational impact of both the appetitive and aversive properties of cocaine. Given that the reproductive cycle seems to modulate appetitive reinforcement for cocaine and cocaine seeking (in the absence of immediate reinforcement), the estrus phase appears to model an “at risk” phase and indicates that ovarian hormones may play a role the pattern of addiction in women.

Similar to the effects of estrous cycle modulation of cocaine reinforced response rates, several animal studies have demonstrated that estrogen can increase, and progesterone can decrease, the level of responding for stimulants in females, but not males. Specifically, ovariectomized (OVX) rats treated with estrogen display enhanced acquisition of cocaine self-administration relative to OVX controls, and blocking estrogen receptors with tamoxifen in intact female rats reduces their ability to acquire cocaine self-administration relative to intact controls [38, 19]. This effect has also been reported for methamphetamine self-administration, with estrogen treated OVX females self-administering more methamphetamine than males and vehicle treated OVX females [39]. Moreover, progesterone administration to female rats undergoing abstinence after cocaine self-administration reduces their cocaine seeking relative to vehicle-treated females during cocaine-primed reinstatement [40]. In addition, estrogen administration to OVX female rats enhances escalation of cocaine intake, and progesterone administration to OVX females reduces escalation of cocaine intake relative to vehicle controls [41]. Other reports have demonstrated that the progesterone metabolite, allopregnanolone (ALLO), is effective in reducing responding during both cocaine-primed and stress-induced reinstatement to cocaine seeking in female, but not male, rats [29]. Furthermore, during a long-access schedule of cocaine reinforcement ALLO significantly reduces escalation of cocaine intake in female rats [44]. This indicates that female gonadal hormones modulate female responding for stimulants, and perhaps estrogen and progesterone have opposing effects that impact the severity of their methamphetamine and cocaine dependence. In addition, because ALLO has a more profound effect on response rates than progesterone, the ability of the female reproductive cycle to modulate cocaine reinforcement is likely due to the neurosteroid (fast-acting, non-genomic) effects of ALLO, as its levels rise during proestrus and fall during estrus. This is contrasted by the fact that gonadectomy and sex hormone treatments in males do not have a large impact on cocaine-reinforced behaviors [39, 45]. This suggests that sex hormones may modulate cocaine dependence in women, but not men, and these effects should be examined further in humans.

Role of female reproductive cycle and gonadal hormones on food reinforcement

Sex and estrous cycle differences also exist for food intake and reinforcement. Sex differences are observed for response rate during food self-administration, with males pressing significantly faster over sessions than females [46]. However, this study did not control reinforcement level for differences in body weight between males and females, and it is possible that males and females are not equivalently reinforced and/or satiated by the same number of food pellets. Future experiments should examine the impact of adjusting reinforcement level in males and females to account for body weight differences because male rats may not value the same absolute amount of food (e.g. 1 x 45 mg food pellet) the same as females. Gonadal hormones substantially impact sex differences in food motivation. Gonadectomy of male and female rats results in increased response rate and food intake in females, and decreased response rate and food intake in males [46, 47] suggesting that gonadal hormones in males drive motivation for food, and gonadal hormones in females inhibit motivation for food. Consistent with this notion, testosterone treatment increases response rate for food reinforcement and intake of food in gonadectomized males and females [46, 47]. Additionally, administration of estradiol, as well as, estrogen receptor agonists, reduces food intake in OVX females, and females in the estrus phase of the estrous cycle have significantly less food intake relative to females in the other stages of the cycle [48-50]. Despite the fact that estrogen is relatively low during estrus, the decrease in feeding during this time could be mediated by long-term (i.e. genomic, rather than neurosteroid) effects of estrogen, which are delayed in onset and can persist for long periods after the estrogen peak [see review, 48]. Furthermore, estrogen and estrogen receptor agonist administration decreases food intake in male rats [51]. Collectively, this evidence indicates that testosterone drives food intake for males and females, but has no effect on cocaine intake; while estrogen attenuates motivation for food in males and females, and increases cocaine intake in females only. Given that ovarian hormones play a powerful, and opposing, role in food and cocaine reinforcement for females, concurrent reinforcement paradigms that allow animals to choose between food and cocaine are likely to produce significant sex and ovarian hormone effects.

Role of value, price, and sex on concurrent reinforcement

The majority of studies in rodent models of addiction, particularly those examining sex differences, have focused largely on rate of responding for a single reinforcer when no other reinforcer is...
available. However, these models fail to address a significant aspect of addiction as defined by the DSM-IV, which includes the choice of drug over other previously important activities (DSM-IV-TR, 2000). Therefore, experimental choice models are of great interest because they may model the maladaptive choice for cocaine over other rewards as observed in cocaine-dependent humans [30]. Currently, two experimental models of operant choice have been utilized in the literature. The first is "concurrent reinforcement"; this procedure allows the subject to respond for two reinforcers that are both freely available during the entire self-administration session. The second choice procedure employs a "discrete trial" procedure which is defined by opportunity to respond for two reinforcers that are presented at the same time for a choice, with a limited number of trials available per self-administration session. Discrete trials allow the experimenter to examine how the subject will respond when forced to make a decision between two appetitive stimuli, and this model is used in the majority of studies discussed here. Importantly, during discrete trials, when the subject makes a cocaine choice, they sacrifice a food choice, and the number of cocaine versus food choices can be used as a measure of the relative incentive value for cocaine over food. This method is distinct from the concurrent reinforcement method that has food or water (or other appetitive reinforcer) freely available during cocaine self-administration. In those studies, rats may spend less time self-administering cocaine due to another reinforcer being present. However, this method fails to examine choice behavior in an explicit manner because responding is unlimited and does not always lead to reinforcement or a specific choice between reinforcers (i.e. responding during an imposed time-out after delivery of a reinforcer) which may lead to perseverative responding on an operandum. Further, in some versions of concurrent reinforcement experiments, no operandum is imposed to access the alternative (non-drug) "reinforcer" whereas access to the drug requires performance of an operandum. Additionally, reinforcers can be preferred at different intervals, such that a small reinforcer, of which an animal can consume many, may be taken more frequently than a larger reinforcer, of which an animal can only consume a few. This is particularly common in the drug reinforcement literature where response rates and numbers of infusions for low doses of drug are much higher than those for a high dose of the drug when examined under a low value fixed ratio of responding schedule [28], conversely, when the same doses are examined under progressive ratio of responding schedule the higher dose will elicit a higher level of responding for a single additional reinforcer relative to the lower dose [52]. In addition, it has been reported that drug dose and lever responding increase proportionally under a seeking–taking procedure is dependent on the incentive value of the alternative reinforcer in humans. In addition, cocaine choice is also dependent upon the "price" (price = number of responses required to receive a dose of cocaine) of cocaine, it has been reported that increasing the price of cocaine (400-1000 responses) will shift choice to a monetary alternative ($0.25) [61]. These effects of value and price have also been detected in concurrent reinforcement experiments in alcohol [62] nicotine [63] dependent subjects when the subjects must choose between the drug and another reinforcer.

Similarly, studies employing discrete trials in (mostly male) non-human primates have demonstrated that drug choice varies as a function of both the drug dose and the amount of food given as an alternative. Specifically, male rhesus monkeys will display ~ 25% cocaine choice when the cocaine dose (0.03 mg/kg/infusion) and food value are low (1 g); however, when the cocaine dose is increased (0.3 mg/kg/infusion) the percent cocaine choice increased significantly (> 75%); in addition, when the food value was high (16 g), the cocaine choice was < 50% even for a high dose of cocaine (0.3 mg/kg/infusion) [64]. These effects of drug dose have also been displayed in rhesus monkeys when they are given the choice between food and 3,4-methylenedioxymethamphetamine (MDMA, ecstasy) [65]. Further, numerous other studies have reported similar findings indicating that cocaine choice is a function of the relative value of the reinforcers [66-77].

In addition to the value of the reinforcers, price can also alter the percentage of drug choices in non-human primates in experiments employing the discrete trials. For example, rhesus monkeys trained to choose between cocaine and food pellets on a fixed-ratio 30 schedule (FR30) have a cocaine preference; however, when the number of responses required to receive intravenous cocaine (1.0 mg/kg/infusion) was increased from 30 to 480, cocaine preference was abolished and a preference for food was exhibited [66]. The same holds true for food price, when the FR is increased for food; cocaine choice increases [66]. Furthermore, the impact of price upon cocaine choice has been demonstrated in male cynomolgus monkeys, when a progressive-ratio procedure was used to increase response requirements for the preferred reinforcer (cocaine or food, depending on the monkey), choice of that reinforcer decreased [74]. The effect of reinforcement price has also been shown to impact reinforcer selection when baboons are given the choice between amphetamine and a food alternative, such that as the price for food reinforcement increases baboons make moreamphetamine selections [75]. Together this evidence indicates that parameters (value and price) of choice paradigms can significantly alter the selection between the available reinforcers.

In rodent models (male subjects), choice procedures have found results that appear to be divergent from those observed in non-human.
The results showed an increase in cocaine preference with higher doses, indicating a potential for escalating use. Further, the study highlighted the role of sex hormones in cocaine choice, with estrous cycle stage significantly influencing cocaine preference.

The research also demonstrated the importance of reinforcing conditions in shaping drug choice, with food restriction reducing cocaine choices in males. Overall, these findings contribute to a better understanding of cocaine choice in rats and suggest potential avenues for future research in the field of drug addiction.
The role of reproductive cycle and on gonadal hormones on cocaine choice

Although the majority of these studies examine choice behavior in males only, some studies have examined sex differences in cocaine reinforcement under concurrent access conditions. Female rats reduce cocaine intake (FR1, i.e. 0.2 mg/kg/inf) significantly more than male rats when a running wheel is made available during cocaine self-administration sessions [83]. In addition, female primates will reduce their intake of PCP (FR 4-32) more significantly than males when they are given sucrose access concurrently [84]. However, these studies did not employ discrete trials, imposed equal operants on access to reinforcers, and/or have limited quantity of reinforcers, but rather introduced an alternative reinforcer with non-limited access for a defined time period which may serve as a distracter to drug reinforcement. This is in contrast to a study from our laboratory that examined sex differences utilizing both concurrent reinforcement under discrete trial choice procedures [31] which found that female rats will choose cocaine over food significantly more than male rats during concurrent reinforcement and discrete trials at both moderate (0.4 mg/kg/inf) and high (1.0 mg/kg/inf) cocaine doses. At the high dose, intact females display a cocaine preference (> 70% cocaine choice), whereas males display a mild food preference (< 50% cocaine choice) during discrete trials (Figure 1A). Accordingly, under these conditions, females place a higher relative value on cocaine than do males, which is in concordance with studies that show female rats having higher response rate for and intake of cocaine reinforcement than male rats [22,24,27].

The high cocaine choice exhibited by females is dependent on the presence of estrogen. Kerstetter et al. [31] demonstrated that OVX female rats choose cocaine significantly less than intact females during discrete trials. Females that underwent ovariectomy displayed approximately 20% cocaine choice, whereas intact females display ~ 80% cocaine choice (Figure 1B). It is important to note that these OVX females began self-administration sessions at least three weeks after the OVX surgery in order to allow for the long-term effects of gonadal hormones to dissipate. Further, OVX females given estrogen replacement (5 μg of estrogen benzoate daily) exhibited almost identical choice as intact females (Figure 1B). This finding is in general agreement with reports from both cocaine and food self-administration studies which show that cocaine intake can be decreased via OVX, and increased via estrogen administration [26,85]; and OVX may increase motivation for food, and estrogen may be decreasing the value of food [46-50].

However, despite the effects of ovariectomy and estrogen on cocaine choice, estrous cycle does influence this behavior in female rats (Figure 1C). The lack of estrous cycle effect on cocaine choice contrasts with the ability of estrous cycle phase to modulate locomotor response to cocaine [86], progressive ratio reinforcement schedules [32,33], and the magnitude of cocaine-primed reinstatement of cocaine-seeking behavior [24,34]. This indicates that the levels of ovarian hormones at the time of testing are not sufficient to elicit high cocaine choice and suggests that the impact of ovarian hormones on cocaine choice is not due to fast-acting (i.e. neurosteroid) effects. Rather, the data to date suggest that the long-term effects of estrogen (due to administration across the experiment) are necessary to support high cocaine choice in intact females. The impact of estrogen to augment the value of other drugs of abuse over food in females is an area that has not yet been examined, and it would be valuable to determine if these effects would extend to other psychostimulants and other drug classes.

Taken together, the impact of sex and ovarian hormones upon the incentive value of cocaine relative to food is significant and may explain some of the clinical sex differences in the profile of cocaine dependence. Further research is needed to fully explore the relationship between sex hormones and the relative reinforcing properties of cocaine; for instance, understanding how estrogen (and perhaps other gonadal hormones) increases the relative incentive value of cocaine may be critical to improve cocaine dependence treatment in women. Additionally, it is important to determine if the observed sex differences in choosing cocaine over food in an animal generalizes to other drugs of abuse, including abused prescription drugs, in order to determine if this appears to be a common feature to the addiction profile of women abusing different substances [9].

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