

Conference Announcement Open Access

2nd International Conference on Psychology Education, Counseling, Psychotherapy and Recovery

Erin Ramachandran

Director, Mental Health & Wellness Program, California Area, USA

Following the tradition of successful events held in North & South Americas and with the magnificent success and overwhelming response, we are privileged to announce Psychology Education 2020 titled "2nd International Conference on Psychology Education, Counseling, Psychotherapy and Recovery" which is scheduled on **August 19-20, 2020** at **Milan, Italy**.

The aim of this conference is to further foster the development of <u>psychology</u> <u>education</u>, individual traits, positive institutions, psychotherapy, interventions, holistic health, happiness, mindfulness, philosophy, wellness and wellbeing areas, strengths and virtues, gratitude, meditation, spirituality, motivation, resilience, mental health and quality of life, stress, therapies, autism, addiction, flourishing, technology, work and organizations, coaching, optimism, self-esteem, flow, hope, bullying, culture, and to provide an engaging forum for academicians, experts, researchers, psychologists, psychotherapists, psychiatrists, coaches, counselors, yoga and meditation specialists, social workers, scholars, leaders, students, practitioners, medical and business professionals, and those interested to learn more. We hope that this conference will provide a stimulating avenue to learn, exchange ideas, network and embrace wellbeing science and applications. We invite you to come along - be involved, stimulated, challenged and inspired!

Recent years have seen increasing numbers of reports concerning the health and well-being. Psychology a scientific discipline that reviews mental states and processes and conduct in humans and other animals. Psychology has been portrayed as a "hub science" in that medicine will draw mental research by means of neurology, neuroscience and psychiatry. The early long stretches of psychology were set apart by the control of a progression of various schools of thought. The four primary objectives of psychology are to describe, explain, predict and control the behavior and mental processes of others. Psychology aims to understand the behavior of others and gather information about the way the brain works in order to better serve humanity.

Scientific meetings and conferences play an important role in the process of science and are one of the primary venues for Academicians, Scientists, Practitioners, Students, Scholars, Researchers and Business professionals to present and receive feedback on research before publication, to forge collaborations, and to network and share research ideas.

Psychology Education 2020 is a special designed cluster of 2 day event with the perfect blend of high quality presentations,

keynotes addresses, oral presentations & plenary sessions, intense scientific topics, panel discussions, workshops, special sessions, student poster presentations, round table discussions and exhibition from the world's brightest minds in medical, science and technology.

We collaborate with authentic partners, exhibitors, sponsors from around the world who are committed to supporting the happiness, wellness, mindfulness and wellbeing movement and who work towards an inclusive environment where organizations, institutions, academies, hospitals, medical centers, and societies can thrive for a better quality of life.



Corresponding author: Erin R, Director, Mental Health & Wellness Program, California Area, USA, USA; E-mail: mentalhealthstrong@outlook.com

Received: April 03, 2021; Accepted: April 09, 2021; Published: April 23, 2021

Citation: Erin R (2021) 2nd International Conference on Psychology Education, Counseling, Psychotherapy and Recovery. J Addict Res Ther 12: 4.

Copyright: © 2021 Erin R. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited