

31st World Nurse Practitioners and Healthcare Congress

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Nursing is a healthcare profession, which focuses caring for individuals and their families in order to help them recover from an illness and maintain optimal quality of life. Nursing science is a basic science which deals with the multiple aspects of nursing such as: nurse patient interaction, nursing theories, models, and methodologies. Nursing and healthcare science are intricately linked as both deal with the achievement of optimal patient health. Healthcare sciences are exhaustive subjects, which include studies in a variety of disciplines such as, occupational therapy, [physiotherapy](#), and health economics. Healthcare science encompasses a wide range of skills right from tissue analysis to medical illustration. However this nursing and healthcare has been divided in to many categories; life science, nursing informatics, home health nursing and men in nursing.

Healthcare is part of the vast medical field that involves the study of detection, cure and prevention of illness, sickness, injuries and physical and mental abnormalities. Nursing is part of the healthcare industry that cares for the individuals, families and society to attain, maintain and recover [optimum health](#) so that they enjoy a better quality of living. Nursing as a profession needs to meet the requirements of a diversified population across geographical regions that demands skills, training, constant knowledge enhancement through refreshers, which help a trainee nurse attaining the required skills. A well trained nurse can offer optimum outcome to the patients by relieving pain, delivering quick and efficient cure at a reasonable price.

The fundamental subject of discovering the new era of healthcare & nursing were discussed in the Nursing & Healthcare Congress 2019 which was held during May 27-28, 2019 at Istanbul, Turkey by **Abdulqadir J Nashwan** from Hamad Medical Corporation, Qatar on **Translation of evidence into nursing leadership & management** which aims at providing an overview on the applications of translating evidence on patients' clinical outcomes, safety, quality of care, leadership and management, education and health policy. And **Gul Cankaya** from Marmara University Pendik Training Hospital, Turkey has shared his views on **Introduction of The self-care of women undergoing radiotherapy**. Improving patients understanding of treatment enhances their compliance to treatment. In

addition, adequate knowledge and understanding of radiation treatment is critical for effective patient participation in decision-making.

The recent developments in the field of Nursing and Nursing Practice will be discussed more in our upcoming conference **“31st World Nurse Practitioner and Healthcare Congress 2020”**.on April 29-30, Dubai 2020.



Reference:

Translation of evidence into nursing leadership & management by **Abdulqadir J Nashwan** from Hamad Medical Corporation, Qatar

Introduction of The self-care of women undergoing radiotherapy by **Gul Cankaya** from Marmara University Pendik Training Hospital, Turkey

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