

Vol.10 No.6

Analyzing the Role of High Pro-Inflammatory Diets and Childhood Obesity in the Risk of Adult Carcinogenesis in South Carolinian Children

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Abstract

Childhood obesity has been a growing epidemic in the United

States with about one in five of U.S. children considered overweight or obese. The increased number of overweight and obese children can be linked to several factors including nutrition and social economic status. Obesity in children can lead to numerous health complications such as diabetes, high blood pressure, chronic inflammation and carcinogenesis. Therefore, the goal of this study is to eliminate or reduce preventable risk factors such as unhealthy nutrition and childhood obesity, which in turn may reduce clinical manifestations of adult cancer outcomes. Areas of South Carolina have a long history of being under-developed which contribute to numerous problems such as obesity, poverty and sub-par health care. We have enrolled SC children from varying degrees of rurality to determine if obesity and/or high-fat pro-inflammatory diets contribute to increased levels of pro-inflammatory markers and obesity related genes to include: Adiponectin, leptin, SAA1 /2, Interleukin 1 and 6. Subjects were be randomized into obese and non-obese groups based on BMI guidelines. The transcriptional levels of proinflammatory genes were measured by quantitative Real-time polymerase chain reaction. The results suggest increased expression of these pro-inflammatory markers are directly correlated to diet irrespective of weight class (normal, overweight, obese). Reducing childhood obesity and proinflammatory diets, while providing access to healthy foods are beneficial in the reduction of cancer risk and will serve as preventive measures for early-stage onset of adult cancers. USDA/NIFA Grant Number SCX-311-20-16.



Biography:

Dr. Ashley E. Knowell is investigating the role of childhood obesity as a risk factor for adult cancers. The ultimate goal of the project is to provide families with the necessary tools and information to establish healthy nutritional habits, reduce childhood obesity and ultimately reduce adult cancer risk among South Carolinian children. Her research interests also include **ISSN: 2165-7904 I Obes We**

tumor suppressors, cell death and the development, progression, and treatment of cancer in African-Americans and South

Carolinians. She is currently an Assistant Professor of Bioengineering Sciences at South Carolina State University.

ISSN: 2165-7904

Speaker Publications:

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13th International Conference on Childhood Obesity and Nutrition; London, UK- March 16-17, 2020.

Abstract Citation:

Ashley Knowell, Analyzing the Role of High Pro-Inflammatory Diets and Childhood Obesity in the Risk of Adult Carcinogenesis in South Carolinian Children, Childhood Obesity 2020, 13th International Conference on Childhood Obesity and Nutrition; London, UK- March 16-17, 2020

(https://childhood-

obesity.insightconferences.com/abstract/2020/analyzing-therole-of-high-pro-inflammatory-diets-and-childhood-obesity-inthe-risk-of-adult-carcinogenesis-in-south-carolinian-children)