Editorial Open Access

# Brief Note on Brain Injuries

#### Siman Bamforth\*

Department of Neurology, University of Lincoln, Manchester, UK

\*Corresponding author: Dr. Siman Bamforth, Department of Neurology, University of Lincoln, Manchester, UK, E-mail: siman.bamforth@cast.uk

Received: October 15, 2021; Accepted: October 29, 2021; Published: November 05, 2021

Citation: Bamforth S (2021) Brief Note on Brain Injuries. J Clin Exp Neuroimmunol 6: e112

Copyright: © 2021 Bamforth S. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

## Description

Brain damage is often caused by blunt trauma. Trauma can damage brain tissue, neurons, and nerves. This damage affects the ability of the brain to communicate with other parts of the body. Examples of brain injuries include hematomas, blood clots, bruise or bruise on brain tissue, cerebral edema or swelling inside the skull, contusion, and stroke.

Examples of symptoms of brain damage include vomiting, nausea, speech problems, bleeding from the ears, numbness, paralysis, memory loss, and loss of concentration. Later, you may experience high blood pressure, low heart rate, dilated pupils, and irregular breathing. Treatment includes medication, rehabilitation, and brain surgery, depending on the type of injury. Half of people with severe brain damage require surgery to remove or repair damaged tissue or to relieve pressure. People with mild brain damage may not need treatment other than painkillers. Many people with brain damage need rehabilitation. This includes physiotherapy, speech therapy and psychiatry.

#### **Brain tumor**

Sometimes tumors form in the brain and can be very dangerous. These are known as primary brain tumors. In other cases, the cancer spreads to your brain or in your body. These are known as secondary or metastatic brain tumors. Brain tumors are either malignant (cancerous) or benign (non-cancerous). Doctors classify brain tumors as grade 1, 2, 3, or 4. Higher numbers indicate that the tumor is more invasive. Slight is known about the cause of brain tumors.

They can occur in people of all ages. The symptoms of a brain tumor depend on the size and location of the tumor. The most common symptoms of brain tumors are headaches, seizures, numbness and tingling in the arms and legs, nausea, vomiting, personality changes, motor and balance disorders, hearing, speech, and visual impairment. The type of treatment you receive depends on many factors, including tumor size, age, and general health. The main treatments for brain tumors are Surgery, chemical treatment, radiation therapy

### Neurodegenerative disease

Neurodegenerative diseases affect the brain and nerves over time. They can change your personality and cause confusion. It can also destroy tissues and nerves in the brain. Some brain disorders, such as Alzheimer's disease, can develop with age. They can slowly affect your memory and thinking processes. Other illnesses, such as Tay-Sachs disease, are hereditary and begin at a young age. Other common neurodegenerative diseases are chorea huntington, als (amyotrophic lateral sclerosis) or lugeric's disease, parkinson's disease, all forms of dementia, the most common symptoms of neurodegenerative disease are amnesia, oblivion, indifference, fear, excitement, loss of restraint, uneven mood. Neurodegenerative diseases cause permanent damage, so symptoms tend to worsen as the disease progresses. New symptoms may also occur over time. Neurodegenerative diseases are incurable, but treatment is still useful. Treatment of these illnesses aims to reduce symptoms and maintain quality of life. Treatment often involves the use of drugs to control the symptoms.

## Mental illness

Mental disorders, or mental illnesses, are a large and diverse group of disorders that affect your behavior. Some of the most commonly diagnosed mental disorders are depression, fear, bipolar disorder, posttraumatic stress disorder (PTSD), schizophrenia.

Symptoms of mental illness depend on the condition. Different people can experience the same mental illness very differently. Talk to your doctor if you notice any changes in behavior, thought patterns, or mood. The two main forms of treatment for mental illness are drug therapy and psychotherapy. Different methods are suitable for different conditions. Many find the combination of the two to be the most effective. If you suspect you have a mental health disorder, it is important to consult your doctor to develop a treatment plan that suits you. There are many resources available. Do not try self-medication.