

Crosstalk between Cytokine RANKL and AhR Signalling in Osteoclasts Controls Bone Homeostasis

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Short Communication

The aryl hydrocarbon receptor (AhR), which acts as a transcription factor when bound by a ligand, regulates a variety of physiological processes, most notably cellular activities related to immune responsivity. Observations of disrupted bone tissue healing and slowed endochondral ossification in $AhR^{-/-}$ mice indicate strongly that AhR also modulates skeletal remodeling, though the signaling mechanism through which AhR affects osteoclastogenesis remains to be resolved. Recent studies have shown that receptor activator of nuclear factor kappa-B ligand (RANKL) causes rapid upregulation of AhR expression in bone marrow-derived osteoclasts. Ligand activated AhR by the smoke toxin BaP increased osteoclast differentiation in a receptor AhR-dependent manner. Mitochondrial biogenesis in osteoclasts is subject to regulation by AhR. AhR involvement in osteoclastogenesis makes AhR a potential therapeutic target for the treatment of inflammatory and metabolic bone diseases. The present review highlights the recently uncovered critical role that RANKL-AhR-c-Fos signaling plays in osteoclastogenesis.

A bone metabolic switch

The aryl hydrocarbon receptor (AhR) is a basic helix-loop-helix/ Pas-Arnt-Sim family transcription factor that becomes activated when bound by a ligand [1,2]. AhR ligands include various environmental toxins as well as endogenous molecules [1,3]. Inactive cytosolic AhR is found in a protein complex, and ligand-activated AhR translocates to the nucleus where it forms a dimer with its nuclear translocator protein Arnt [2,4]. The AhR-Arnt dimer then regulates target genes by binding xenobiotic response element sequences in their promoter regions; AhR target genes include drug-metabolizing cytochrome P450 (Cyp) enzymes and the steroid biosynthesis enzyme NAD(P)H:quinone oxidoreductase [2].

Carcinogens in smoke have been shown to degrade bone tissue *via* influences on osteoclastogenesis [5-8]. A key culprit, the toxin benzo[a]pyrene (BaP), stimulates osteoclastogenesis by binding AhR and thereby triggering activation of several Cyp1 isoforms [9-12]. However, the downstream signaling pathways mediating these effects, particularly in the context of bone repair, are unclear. Moreover, the levers controlling AhR expression in osteoclasts have not been demonstrated.

Skeletal homeostasis

Bone tissue is formed by osteoblasts, which are derived from mesenchymal stem cells, and bone resorption is conducted by

osteoclasts, which are multinucleated giant cells formed by the fusion of macrophages [13]. The skeleton is a dynamic tissue whose constant remodeling depends upon the balance of osteoclast-mediated bone resorption and osteoblast-mediated bone formation. Various diseases have been related to an osteoblast-osteoclast imbalance, including osteoporosis, rheumatoid arthritis, gum disease, and metastatic bone cancer [14,15].

Osteoclasts become terminally differentiated and activated in response to binding of receptor activator of nuclear factor kappa B ligand (RANKL), a tumor necrosis factor (TNF) family cytokine, to its receptor RANK [16-18]. RANKL binding of RANK induces c-Fos expression, and c-Fos then enables the downstream induction of NFATc1 (nuclear factor of activated T-cells, cytoplasmic 1), which modulates the terminal differentiation of osteoclasts [15,19]. The importance of c-Fos in osteoclastogenesis is evidenced by the fact that mice deficient in c-Fos exhibit osteopetrosis [19,20].

RANKL and epigenetic signaling pathways involved in osteoclast differentiation

RANKL binding of RANK in osteoclast precursor cells triggers the activation of several mitogen-activated protein kinase (MAPK) pathways, including signaling by TNF receptor-associated factor, family mediated c-jun N-terminal kinase (JNK), p38, and nuclear factor-kappa B (NF- κ B) [21]. Osteoclast precursors express the macrophage colony-stimulating factor (M-CSF) receptor c-Fms, and stimulation by M-CSF activates MAPK pathways such as Akt and extracellular signal-regulated kinase (ERK) signaling [22]. In a recent study examining whether AhR activation may involve RANKL or M-CSF in $AhR^{-/-}$ cells, we found that the absence of AhR disrupted activation of downstream cell signaling pathways in response to RANKL, but not M-CSF, indicating that AhR promotion of osteoclast differentiation may be mediated by way of sensitization of osteoclast precursors to RANKL [23].

Emerging evidence suggests that epigenetic machinery plays an essential role in the normal development and tissue homeostasis in mammals. For instance, recent observation revealed that inhibition of the catalytic activity of histone H3 lysine 9 (H3K9) methyltransferases G9a and its partner modifier GLP is able to suppresses the RANKLassociated osteoclast differentiation [24]. In addition, as aberrant osteoclast formation during critical illness was also linked to global histone hypo-methylation [25], these findings suggested that establishment and maintenance of heterochromatin status at particular loci in the osteoclasts is critical for their development. Strikingly, as G9a/GLP complex maintains DNA methylation [26] and their associated H3K9me2 is also involved in the protection of DNA methylation during DNA replication [27], proper patterns of DNA methylation, another heterochromatin marker, might also be required for the normal development of osteoclasts. Therefore, investigation the status of H3K9me as well as DNA methylation in the mature osteoclasts and their precursors might shed light on the indispensable epigenetic mechanisms that involved in the regulation of their development.

AhR knockout and overexpression mouse phenotypes

Systemic or osteoclast-targeted AhR gene knockout results in increased bone mass together with reduced bone resorption [28-30], whereas osteoblast-targeted AhR knockout does not alter bone phenotype [29]. Moreover, AhR-overexpressing mice exhibit excessive bone resorption [31]. Treatment of wild-type (WT) mice, but not osteoclast-selective $AhR^{-/-}$ mice, with the AhR ligand 3-methlcholanthrene (3MC) increases bone resorption, thereby reducing bone mass [29,30]. Such findings suggest that pathological bone resorption may involve AhR and further implicate AhR as a potential therapeutic target in the treatment of bone-degrading diseases such as osteoporosis and rheumatoid arthritis.

Involvement of osteoclast RANKL and AhR in immune regulation

AhR signaling has been implicated strongly in immune modulation. Notably, AhR has been shown to affect dendritic cell function and the balance between regulatory T cells and Th17 cells [3,32,33]. AhR has been shown to control mast cell differentiation and homeostasis [34] and to be a positive regulator of osteoclastogenesis in vitro [28,29]. Additionally, AhR expression has been shown to be upregulated in dendritic cells and macrophages following treatment with immune response trigger molecules, such as lipopolysaccharide and CpG DNA [33,35]. Recently, we showed that AhR expression was upregulated in bone marrow macrophages (BMMs), similar to c-Fos, 24 h after RANKL treatment. Together with the aforementioned finding that AhR^{-/-} osteoclastic cells have disrupted RANKL-stimulated osteoclastogenic signaling, but normal responsivity to M-CSF [23], these findings suggest that impaired osteoclastogenesis of AhR^{-/-} BMMs may be consequent to RANKL signaling pathway disruption (Figure 1A).



Figure 1: A simplified model for how AhR mediates RANK/c-Fos signaling axis of osteoclast differentiation and bone resorption. (A) The expression of AhR in bone marrow-derived osteoclasts was upregulated by RANKL at an earlier stage than the expression of signature osteoclast genes. (B) Osteoclast differentiation *via* AhR signaling pathway were also regulated in a RANKL/c-Fos-dependent manner. In addition, ligand activation of AhR by the smoke toxin, benzo[a]pyrene (BaP), exacerbated osteoclast differentiation in a receptor-dependent manner. AhR-dependent regulation of mitochondrial biogenesis in osteoclasts was also observed. (C) $AhR^{-/-}$ mice exhibited impaired bone healing with delayed endochondral ossification. Taken together, the present results suggest that the RANKL-AhR-c-Fos signaling axis plays a critical role in osteoclastogenesis, thereby identifying the potential of targeting AhR to treat pathological, inflammatory, or metabolic disorders.

AhR mediates c-Fos activation in osteoclastogenesis and BaP-induced bone loss

There have been conflicting several reports on the induction of c-Fos by AhR ligands in mammals. One is that AhR ligands repress the E2-induced expression of c-Fos [36], the other is that AhR ligands themselves induce the expression of c-Fos [37]. It has also been reported that a time-course chromatin immunoprecipitation assay indicated that ER- α , AhR and p300 were recruited to c-Fos promoter, presumably upon the binding of 3MC to AhR in MCF-7 cells [38].

In osteoclast differentiation, RANKL activates c-Fos [39], which triggers the expression of NFATc1 [40]. Examining whether AhR plays a role in RANKL/c-Fos/NFATc1 osteoclastogenesis, we found that, compared to control BMMs, BMMs induced to express c-Fos by retroviral gene transfer exhibited a dramatic increase in the number of multinucleated osteoclasts [23]. In the same study, we also showed that RANKL stimulation of BMMs failed to induce osteoclast differentiation in the absence of the AhR–c-Fos complex. These findings provide strong evidence in support of the hypothesis that AhR plays an important role in c-Fos mediated regulation of osteoclast differentiation.

AhR ligands, including the smoke toxin BaP, stimulate osteoclastogenesis through activation of Cyp1 enzymes [9-12,28]. BaP exposure increases c-Fos levels in RANKL-stimulated WT BMMs, but fails to induce c-Fos expression in $AhR^{-/-}$ BMMs [23]. These findings provide hints regarding the relationship between smoking and bone metabolism, provide insight into c-Fos–AhR-axis-mediated osteoclastogenesis, and support the pursuit of AhR-targeted therapies for osteoporosis (Figure 1B).

Control of mitochondrial biogenesis via AhR signaling

Reactive oxygen species released from mitochondria stimulate osteoclast differentiation by inducing Ca²⁺ level oscillations and NFATc1 activation [41]. Mitochondrial biogenesis during osteoclast development requires peroxisome proliferator-activated receptorgamma coactivator 1 β (PGC-1 β), a key mitochondrial oxidative energy metabolism factor [42-47]. Recent experimental results have shown that RANKL induction of PGC-1 β mRNA and protein expression is suppressed in *AhR*^{-/-} cells [23]. Additionally, the *AhR*^{-/-} mouse phenotype includes defective calcium signaling and mitochondrial function leading to mast cell deficiency as well as enhanced intracellular reactive oxygen species and apoptosis [34]. Lack of AhR also diminishes basal mitochondrial biogenesis in osteoclasts [23]. Together, these findings indicate that AhR may play an important role in mitochondrial biogenesis (Figure 1B).

AhR in bone healing

Fracture healing is a complex process that requires the coordinated interplay of many cell types, growth factors, extracellular matrix components, and mechanobiological input. In non-stabilized fractures, healing occurs *via* generation of a periosteal callus that bridges the fracture site. AhR involvement in bone repair has been examined in a semi-stabilized fracture-healing model, wherein an early inflammatory phase is followed sequentially by a soft callus reparative phase, a hard callus phase, and a bone-remodeling phase that can last several weeks [48]. In a study employing this semi-stabilized, fracture-healing model, *AhR*^{-/-} mice were found to have impaired endochondral bone healing relative to WT mice [23], suggesting that AhR may play an important role in bone fracture healing. In particular, the callus tissue in *AhR*^{-/-}

mice contained a greater amount of cartilage for a longer period time, and the mice suffered from defective long-term bone remodeling. Compared with WT calluses, reduced bone remodeling was accompanied by a reduction in the number of tartrate-resistant acid phosphatase-positive cells in $AhR^{-/-}$ calluses [23]. Notably, the inflammatory response to fracture is delayed in mice lacking cyclooxygenase-2 or TNF- α receptors [49,50]. These findings are consistent with the notion that AhR may be involved in various inflammation-driven disorders, ranging from septic shock to psoriasis and rheumatoid arthritis [51-53].

In addition to their well-known resorption activity in bone remodeling, osteoclasts may also regulate the formation of new bone [54,55]. Despite their abnormal bone repair following injury and increased local metabolic demands, $AhR^{-/-}$ mice do show normal bone formation under basal conditions (Figure 1C). A convergence of recent findings indicates that early osteoclast differentiation involves cooperative actions of AhR and c-Fos, and that AhR may control bone remodeling through the regulation of osteoclast differentiation. Future studies should explore the therapeutic potential of AhR-targeted therapy for support of fracture repair.

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