



Editor Note on Advance Care Planning

Kranthi A*

Osmania Medical College, India

Description

Advance care planning is a process that enables individuals to make plans about their future health care and also involves making decisions about future care with your health and social care professionals.

It involves Standard of Care, legal documents, medical orders.

Standard of care: this care involves providers, who will do anything that can save one's life and it is provided automatically when people cannot make or communicate about what they want in their life.

Legal documents: By using these, one can allow someone to make health care decisions for you.

Medical orders: these are created and signed by health care providers and give specific medical treatment orders to other providers based on your wishes.

The communication can be done in two methods which include:

The appointment of a substitute decision maker (surrogate decision maker): A substitute decision maker has the capacity to make decisions or to communicate with the individual and make decisions on behalf of him.

The completion of an advance care directive or similar document: It is an individual health care document which involves individual's life goals and personal values.

***Corresponding author:** Kranthi A, Osmania Medical College, India E-mail: kranthi.a@gmail.com

Received: February 07, 2021; **Accepted:** February 19, 2021; **Published:** February 28, 2021

Citation: Kranthi A (2021) A Note on Advance care planning. J Palliat Care Med 11: 395.

Copyright: © 2021 Kranthi A. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.