

## Health Care, Nutrition & Pediatrics Meet 2019: Grow up with a healthy smile: Insight of pediatric dentistry - A recent concept - Kuldip Shah - Cherish Child Dental Care

**Kuldip Shah**

Cherish Child Dental Care, India

Journey of thousand miles starts with a single step likewise journey of life starts with infancy. Pediatric dentists varies from general family dentists in that they've had more training specifically in treating children. Would you take your child to a normal doctor instead of a pediatrician? Chances are probably not. When it comes to your child's oral health, the same concept applies. Your child should show to a pediatric dentist regularly in order to get the proper and health care that their growing smile needs. Taking children to a pediatric dentist is a vital and we'd love to explain the importance of choosing a dentist that specializes in pediatric dentistry! Pediatric dentists typically have an extra two years of training in pediatrics after completing four years of dental school. To start, it is very important to identify what it means to specialize in pediatric dentistry. Mainly like a pediatrician focuses specifically on your rising child's overall health and development, a pediatric dentist focuses on your child's developing smile, providing care for infants and children through adolescence, including those with unique health needs.

This means they are essentially an expert on treating and providing pediatric dentistry. They are very experienced and familiar with common tooth concerns, diseases, and development that are both typical and uncommon in children, and can help you as a parent watch out for potential problems. Think of it this way: a pediatric dentist sees countless child patients on a weekly basis. We know that dentist can be intimidating to children. Pediatric dentist is well known used to these fears and knows how to help your child feel at ease. Several pediatric dentist offices are kid-friendly, with toys in the waiting room and a colourful office and exam rooms that appeal more to children. On besides, most pediatric dentists use smaller sized equipment with children that feel less intimidating. While it's perfectly fine to use adult sized equipment, smaller tools are much more welcoming. A pediatric dentistry office also will hand out stickers, toys, or balloons at the end of the appointment to make your child more comforted and excited to come back!

Therefore, they are likely seeing comparable experiences and cases children since children typically encounter similar issues through growth. A dentist that sees less child patients on occasion won't have this kind of insight. Children's teeth are much different than adult teeth. So starting from infancy to childhood to adolescence, there is an important role of a person who takes care of good oral hygiene throughout this journey, is a pediatric dentist. By being an age-specific specialty, pediatric dentistry encompasses disciplines such as behavior guidance,

care of the medically and developmentally compromised and differently abled patient, supervision of orofacial growth and development, caries prevention, sedation, pharmacological management and hospital dentistry, as well as other traditional fields of dentistry. We are your family dental care providers in the Chicago area and offer general and cosmetic dentistry in addition to our pediatric dentistry services. Schedule a visit for your child today to help start their smile on the right track! Good pedodontic practice never starts at clinic but it starts at home with proper brushing, patient education, diet counselling and motivation. In the beginning pediatric dentistry was mainly concerned with extraction and restorations. There is a tendency nowadays to encourage the use of natural substances in dentistry. Aloe vera is one of these substances, which has recently gained great importance in clinical research. To evaluate the effectiveness of Aloe vera mouthwash in improving plaque, gingival and gingival bleeding indices in children. The trend changed from extraction to preservations. Presently the concept of pediatric dental practice is prevention and concentrating on minimal invasion. Any curative treatment provided should be minimally invasive, preferably nonsurgical and conserve tooth structure as much as possible. In addition, an inadequate and unsatisfactory dental treatment during childhood can permanently damage the entire masticatory apparatus of the child leaving him with many dental problems commonly encountered in today's adult population. Long lasting beneficial effects also can result when the seeds for future dental health are planted early in life. Oral health needs of children who are the bright future of our globe have to be upraised. Children are same all over the world. Languages, customs and religions may differ, but the motto grows up with a healthy smile remains all over and forever.