

Impact of educational program about acute cancer pain management on nurses at intensive care unit

Fares M¹, Bander A Musleh², Samy A Erfan³, Mona A Mohammed⁴ and Mervat A Abd-ElAziz⁴

¹Alkwauit Hospital Sana'a- Yemen

²National Oncology Center Sana'a- Yemen

³South Egypt Cancer Institute, Assiut University, Egypt

⁴Faculty of Nursing, Assiut University, Egypt



Abstract

Background: Acute cancer pain has emerged as a leading stressor for patients with cancer in the intensive care unit (ICU). Unrelieved acute pain gives rise to negative physiologic and psychological events that can be detrimental to critically ill patients' health outcomes

Aim of the study: evaluate the impact of educational program about acute cancer pain management on knowledge, attitudes and practice of nurses at intensive care unit.

Subject and methods: Quasi-experimental design was utilized in this study. A convenience sample of 55 ICU nurses 30 were nursing diploma, 17 were technical degree and 8 bachelor degree. The data were collected using tool I Pre/post-test nurses' knowledge and attitudes assessment questionnaire sheet for assessment of nurses' knowledge and attitudes, tool II pre/post observation checklist to assess nurse practices.

Results: The result reveals that the majority of nurses had unsatisfactory total knowledge and attitudes regarding acute cancer pain management pre education program. The mean scores were improved significantly ($P=0.001$) post education program, also, the majority of nurse's practice were inadequate pre education program; they improved significantly ($P=0.001$) post education program.

Conclusion: The study concluded that the education program leads to significant improvement in nurse's knowledge attitudes and practices about acute cancer pain management.

Key Words: Educational Program, Acute Cancer Pain, Management, Nurses, Intensive Care Unit.

Biography:

Fares Mahdi has completed his Master degree in Community Health Nursing at the age of 31 years from Assiut University – Egypt and I am studying Phd in community health nursing in Assiut University –Faculty of nursing. I am senior case worker and facilitator in Medical access program in Sant Andrew's refugee services – Egypt. Also First Aid Trainer.

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