



## Importance of Understand Foods and Water Energy in Prevention of Hospital Infection and Treatment of all kinds of Diseases

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### Abstract

**Introduction:** In Western medicine, nutrition studies the composition of food in relation to protein, carbohydrates, lipids, vitamins, etc. Whereas in traditional Chinese medicine (TCM), food is viewed from an energetic point of view, being separated into Cold, Neutral, Warm and Hot food

**Purpose:** The author of this study proposes, through several congresses presented on hospital infection control and infectious diseases, that currently treated diseases are seen at leaf level when comparing the point of view of Western medicine with TCM in a representation of the figure of the tree

**Methods:** one case report 50-years- old woman with chronic renal insufficiency and performing thrice sessions per week of hemodialysis. She was complaining a severe fatigue symptom during and after hemodialysis session that was making her fear to going to the next session. She began auricular acupuncture sessions and the doctor recommended her to perform radiesthesia procedure to analyze the level of energy.

**Results:** Through the treatment of energy imbalances found at the root of the tree, represented by the theories of Yin and Yang and the Five Elements, one of the primary factors for energy rebalancing is the use of the right food for health. Following the thoughts of Hippocrates who says that we owe our food as our medicine and our medicine as our food. Water, the main component of the human body, also plays a major role in maintaining health.

**Conclusion:** The conclusion of this study is one of the primary factors for energy rebalancing is the use of the right food for health.

### Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates. Researcher in the University of São Paulo, in the Ophthalmology department from 2012 to 2013.

### Publication of speakers:

1. Huang Wei Ling, The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer. *Advances in Cancer Research & Clinical Imaging*. 2020; 3(1):1-10.
2. Huang Wei Ling, Chakras Energy Alterations in Patients with Hemorrhoids and how to Treat it without Surgery. *Surgical Medicine Open Access Journal*. 2020; 3(5).
3. Huang Wei Ling, How to treat Urinary Incontinence in Women without Surgery? *J Androl Gynaecol*. 2020; 8(2):6.
4. Huang Wei Ling, Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine. *Acta Scientific Medical Sciences*. 2020; 4 (7):57-69.

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