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Integration between Psychology and Spirituality: A New Paradigm for the Essence and the Nature of the Psyche

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Freud's personality theory (1923) postulated that the mind was structured into three parts, namely, the id, ego, and superego,

Furthermore, Freud's earlier, topographical model of the mind divided the mind into the three elements: The conscious, preconscious, and unconscious. The conscious comprises events of which we are aware, the preconscious includes events that are in the process of becoming conscious, and the unconscious are events of which we are unaware.

However, to date, no theoretical model has explained the nature or the origin of the three parts of the psyche, the nature of the conscious and unconscious, and the relationship between spiritual dimensions of humankind and the psyche.

Generally, it has been well accepted by traditional neuroscience that the psyche is generated in the brain. Functional neuroimaging is employed to study the neuroanatomical correlates of various cognitive processes that constitute the mind. Evidence from brain imaging indicates that all the mind's processes have physical correlates in brain function. However, such correlational studies have not determined whether neural activity plays a causal role in the occurrence of these cognitive processes.

The holonomic brain and the quantum theory suggest that the mind is created by quantum effects between brain cells or inside. It further describes human cognition by modelling the brain as a holographic storage network and memories are stored within certain general regions, but stored non-locally within these regions, and a piece of long-term memory is similarly distributed in the magnetic field over a dendritic circuit so that each part of the dendritic network is exposed to all the information stored across the entire magnetic field. The Quantum Interference Supreme Leading Device (SQUID) is a very sensitive magnetometer that measures high subtle magnet fields on the basis of superconductive loops containing Josephson's junctions and information.

Here we present a meaning and root of the psyche as a new paradigm. Centred on a structural model, the interconnection of physical, psychological, social and spiritual dimensions is taken into consideration. Throughout psychology, biology and ancient philosophy, it incorporates and unifies various approaches. This also applies psychology to spirituality.

Every human being presents a biological complex, which is subjected to the energetic forces that guide genetic, metabolic, physiological, and psychological functions. These forces are called the soul.

The soul is the unifying and integrating essence that creates an indivisible whole between body, psyche, and spirit, which are intertwined. Concepts of spirit and soul are described by employing concepts of quantum physics and are analysed as wave function, information potential, and quantum state in accordance with quantum mechanics.

As described by quantum physics in relation to particle-wave duality, the soul can become identified with the physical body and take on its nature. According to the first axiom of quantum mechanics, every system can be described by a wave function or quantum potential that is a function of all the particle coordinates and possibly time.

Quantum potential is the information potential, which given that it influences the form of processes and is itself shaped by the environment as a form of "quantum intelligence" that guides the physical world intelligently as the soul does to the body.

When animate, the body becomes a soul, which is a quantum state, with very precise information that guides the structure of the body and its functions. The soul is energy and information with different frequencies that afford the distinctive parts of the soul diverse attributes and distinct characteristics.

The brain is seen as a wave analyser processing soul cloud information. The interaction between soul-brain information produces the conscious mind. Information that does not interact with brain and is not immediately retrievable is called the unconscious and accessible information that does not interact with the brain is the preconscious. The soul is divided into three parts: Animal soul, human soul, and guiding spirit.

The animal soul is the energy of magnetic field that has emerged from all electromagnetic fields of all cells and organs and it is inherited from our parents that guides anatomical and physiological functions. This field comprises the energy that affords life, order, and vitality to the body. Thus, it is the cause of life, self-nourishment, growth, decay, movement, rest, perception, sensations, emotions, and instinctive intellect. It is also the primary motivation in life. It is mortal as it vanishes with death to transform to other less sophisticated forms of life such as insects, plants, and minerals.

The human soul is an immaterial and independent quantum state and is the source of consciousness, identity, transcendental wisdom, and the spark of light. When it animates, the physical body becomes the spring of love and compassion, which searches for meaning, purpose, and truth in life. It is immortal, joins to the body at birth, and is guided by the resonance principle. Therefore, it grows and evolves during an

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individual's lifetime in the sense that it moves from identifying with physical bodies to identifying with God.

The guiding spirit is also an independent quantum state. It is the source of intuitive intelligence, morals, and religion, which searches for beliefs and values. It joins to the person at the moment of name attribution, which is guided by the resonance principle.

The psyche is the functional component which is created by the interaction of soul and brain energy.

Animal soul-brain interaction gives rise to the Id. The human soul and the guiding spirit are two quantic statements of information; the ego and the super ego produce when they interact with the brain. This new approach affords a new interpretation of life and death. It considers life to be a training for intellectual growth and spiritual evolution and views physical disease as an indicator of unresolved conflicts and traumas. Mental problems are an indication that one's personal journey is spiritually distanced. Therapeutic intervention's purpose is restoring the wellbeing that allows individuals to continue their journey of life with love, happiness, and freedom.