



MARIJUANA ADDICTION IN YOUTH AND RECOVERY

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The use of marijuana and other substances has been on the rise among young people across the world. The situation is considered near normal with the popularization of marijuana on social media and showbiz. However, there are grave dangers on marijuana abuse especially among young people. Use of addictive substances during adolescence interferes with brain development, reduces academic performance and increases the risk of accidents, homicides, suicides and serious health conditions, including addiction. Teens and young adults are more inclined than adults to take risks, including smoking, drinking or using other drugs.



John Asogonnde is a young passionate and visionary leader seeking to transform the youth, inspire generations and motivate people to live a more purposeful life. His interest in promoting a better lifestyle devoid of addiction among young people led to his publication of “Breaking up with Mary Jane”, a self-help motivational book that speaks about his own personal 6-year experience with smoking marijuana and provides a guideline to help other people dealing with addictions.

Cannabis and its medicinal use.
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7. [4th international conference on cannabis and medicinal Research, September 21-22,2020, Sydney, Australia](#)

8. [John A, Marijuana addiction in youth and recovery,4th international conference on cannabis and medicinal research, September 21-22,2020, Sydney, Australia](#)