

Letter to Editor

Open Access

My View on My Research

Kesić Ljiljana*

Medical faculty, Dental Clinic Department of Oral medicine and Periodontology, Niš, Serbia,

I enrolled Faculty of Medicine – Department of Dentistry out of love. In fact, as a little girl I adored my dentist, so my teddy bear was often sat on a chair as patient. I mixed flour and water in the saucers, and put it in teddy bear's mouth as a base. I imitated dentist movements for reparation or washing teeth. Later, when I grew up, my parents influenced me (my mother was professor microbiologist, my father was professor of pathology) and I loved both the scientific and educational work.

I got a job in 1990 as an assistant trainee at the Department of Oral Medicine and Periodontology, and made it to full professor in 2012. All this time I worked on the problems of patients with diabetes mellitus – my postgraduate work and later my doctoral thesis [1,2]. The focus of research is oral manifestations in diabetics, specific microbial flora in periodontal pockets with significant findings of *Porphyromonas gingivalis*, *Bacteroides forsythus*, *Vellonella parvula*, *Aggregatibacter actinomycetemcomitans*, etc. I am thankful to my mentor Prof dr Milenko Bačić (Dental Faculty in Zagreb), Prof dr Bernhard Guggenheim and Prof dr Nick Gmür (Dental faculty Zurich) for their immense help.

My doctoral thesis was concerned with pathohistological, microbiological and cytological investigations in periodontal pockets of diabetic patients. One of the most important finding was identification of fibroblast in gingival diabetic tissue.

With master and PhD students I continued research related to diabetes mellitus [3-9], the connection between periodontal disease and cardiologic disease [10], as well as microorganisms in gingival and periodontal diseases [11-17], usage of low level lasers and hyaluronic acid [18-24]. These were mainly interdisciplinary research dealing with potential therapeutic modalities in different patient groups.

A large part of work is related to clinical cases in oral medicine. I would like to single out Oral Lichen Planus [25,26], oral hygiene and future investigations connected with oral hygiene in drug addicts, prisoners, pregnant women, Romani children, etc. The cooperation with undergraduate students led me to organize the education of educators which was done through lectures in the relevant field of oral medicine or periodontology and intended for a specific group of patients.

I am particularly proud of the Serbian Oral Lasers Application Society (SOLAS). Namely I was initiator and proponent of the use of lasers in dentistry. I was member of Scientific Comitee of Laser therapy Congress 21-23.9.2006 on Rhodos, 2007 in Bridge, 2010 in Vienna and 2011 in Istanbul.

The result were some large studies-MSc and PhD theses related to the use of lasers (where I was a mentor) [27-30], as well as usage of lasers in treatment of hypersensitive dentine [31,32], mouth burning syndrome [33], after root resection[34], diabetic periodontal disease [6,8,9], common therapy with lasers and bone substitutes [35-37]. Some interesting clinical cases were presented in articles [38-43].

Work with young people is creative and very exciting. I like to participate in student congresses. The article entitled 'Comparative analysis of different therapeutic procedures in the treatment of

gingivitis' by author Vukašin Voštinić, and me as mentor, was ranked third at the International Student Congress in Moscow 2010.

I participated in practice and theoretic lessons, as well as examinations for Italian students in International Study Center in Lugano, Switzerland, which was a wonderful experience.

Future interdisciplinary investigations concern the periodontal disease and its therapy – using lasers, phytotherapy at different patient groups. Particular attention is given to preventive program, oral hygiene and patient motivation with the aim of promoting the oral health.

References

1. Penev Lj (Kesić Lj) (1986) Investigation of specific microbial flora in periodontal pockets of diabetic patients I-II. Dental faculty Zagreb, Croatia, MSc theses.
2. Kesić Lj (1997) Parallel analysis of changes in periodontal pockets of diabetics I-II. Medical faculty Niš, PhD theses.
3. Kesić L, Petrović D, Obradović R, Gašić J, Kosta T (2009) Diabetes mellitus i parodontopatija. Medicinski pregled 62: 534-538.
4. Kesić LjG, Radović S, Dedić A, Avdić M, Obradović R R (2011) The influence of HbA1c level on gingival inflammation and periodontal therapy among diabetic patients. Health med 5: 200-204.
5. Obradović R, Kesić Lj, Pejčić A, Petrović M, Živković N, Živković D (2011) Diabetes mellitus and oral candidosis. Acta Stomatologica Naissi 27: 1025-1034.
6. Obradović R, Kesić L, Jovanović G, Petrović D, Goran R, et al. (2011) [Low power laser efficacy in the therapy of inflamed gingive in diabetics with parodontopathy]. Vojnosanit Pregl 68: 684-689.
7. Obradović R, Kesić LJ, Gasić J, Petrović M, Živković N (2012) Role of smoking in periodontal disease among diabetic patients. West Indian Med J 61: 98-101.
8. Obradović R, Kesić L, Mihailović D, Antić S, Jovanović G, et al. (2013) A histological evaluation of a low-level laser therapy as an adjunct to periodontal therapy in patients with diabetes mellitus. Lasers Med Sci 28: 19-24.
9. Obradović R, Kesić L, Mihailović D, Jovanović G, Antić S, et al. (2012) Low-level lasers as an adjunct in periodontal therapy in patients with diabetes mellitus. Diabetes Technol Ther 14: 799-803.
10. Pejčić A, Kesić LJ, Milašin J (2011) C-reactive protein as a systemic marker of inflammation in periodontitis. Eur J Clin Microbiol Infect Dis 30: 407-414.
11. Kesić Lj, Milašin J, Igić M, Obradović R (2008) Microbial etiology of periodontal disease: Mini review. Facta Universitatis 15: 1-6
12. Igić M, Kesić Lj, Milašin J, Apostolović M, Kostadinović Lj, et al. (2009) The Presence of *Porphyromonas gingivalis* and *Aggregatibacter Actinomycetemcomitans* Among Children with Gingivitis Before and After Low Level Laser Therapy. J Oral Laser Appl 9: 141.

*Corresponding author: Kesić Ljiljana, Medical faculty, Dental Clinic Department of Oral medicine and Periodontology, Niš, Serbia, Tel: +38164 267 00 99; E-mail: kesić.ljiljana@gmail.com

Received November 22, 2013; Accepted November 26, 2013; Published November 28, 2013

Citation: Ljiljana K (2013) My View on My Research. J Interdiscipl Med Dent Sci 1: 102. doi: 10.4172/2376-032X.1000102

Copyright: © 2013 Ljiljana K. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited

13. Igić M, Kesić Lj, Milašin J, Apostolović M, Kostadinović Lj (2009) The Presence of *Porphyromonas gingivalis* and *Aggregatibacter actinomycetemcomitans* Among the Children with Gingivitis. *Int J Pediatric dentistry* 1:19.
14. Igić M, Kesić Lj, Milasin J, Apostolović M, Kostadinović Lj, et al. (2010) The presence of periodontal pathogens among the children with gingivitis before and after therapy. *Hjuston u Nišu*. Abstract book.1st Intercontinental Symposium on Contemporary Dentistry Niš, Srbija.
15. Pejcic A, Kesic L, Milasin J (2011) Association between Periodontopathogens and CRP Levels in Patients with Periodontitis in Serbia. *J Dent Res Dent Clin Dent Prospects* 5: 10-16.
16. Pejčić A, Kesić LJ, Milašin J, Pešić Z, Mirković D (2011) The effects of periodontal therapy on C-reactive protein and periodontal pathogens in periodontitis patients. *Acta Stomatologica Croatica* 45: 14-23
17. Igic M, Kesic L, Lekovic V, Apostolovic M, Mihailovic D, et al. (2012) Chronic gingivitis: the prevalence of periodontopathogens and therapy efficiency. *Eur J Clin Microbiol Infect Dis* 31: 1911-1915.
18. Kesić Lj, Jovanović G (2003) The effect of soft laser application in the therapy of periodontal abscess. *Int Congr Ser* 1248: 437-439.
19. Igić M, Kesić L, Apostolović M, Kostadinović L (2008) [Low-level laser efficiency in the therapy of chronic gingivitis in children]. *Vojnosanit Pregl* 65: 755-757.
20. Kesić Lj, Obradović R (2009) The Influence of Low Level Laser Therapy on Gingival Inflammation. *J Oral Laser Appl* 9: 140.
21. Pejcic A, Kojovic D, Kesic L, Obradovic R (2010) The effects of low level laser irradiation on gingival inflammation. *Photomed Laser Surg* 28: 69-74.
22. Igić M, Mihailović D, Kesić Lj, Apostolović M, Kostadinović Lj, et al. (2010) Cytomorphometric and clinical assessment before and after the treatment of chronic catarrhal gingivitis in children. *Acta Stomatol Naissi* 26: 945-952
23. Igic M, Mihailovic D, Kesic L, Milasin J, Apostolovic M, et al. (2012) Cytomorphometric and clinical investigation of the gingiva before and after low-level laser therapy of gingivitis in children. *Lasers Med Sci* 27: 843-848.
24. Denić MS, Sunarić SM, Kesić LG, Minić IZ, Obradović RR, et al. (2013) RP-HPLC assay of doxycycline in human saliva and gingival crevicular fluid in patients with chronic periodontal disease. *J Pharm Biomed Anal* 78-79: 170-5.
25. Kesić L, Obradović R, Mihailović D, Radicević G, Stanković S, et al. (2009) Incidence and treatment outcome of oral lichen planus in southeast Serbia in a 10-year period (1997-2007). *Vojnosanit Pregl* 66: 435-439.
26. Obradović R, Kesić L, Mihailović D, Radicević G (2009) Malignant transformation of oral lichen planus. A case report. *West Indian Med J* 58: 490-492.
27. Živković R (Obradović). Efficiency of biomaterials and low level laser therapy in reparation of bone defects on experimental models – comparative investigation, MSc theses.
28. Obradović R. Significance of low level laser therapy in management of diabetic periodontal disease, PhD theses.
29. Igić M. Management of chronic gingivitis catarhalis by hyaluronic acid, basic and laser therapy at children - evaluation of results, PhD theses.
30. Bojović M. Investigation of low level laser therapy efficiency in treatment of aphthous ulceration and Herpes labialis, MSc theses.
31. Obradović R, Kesić Lj, Pejčić A (2007) Low level laser therapy of dentine hypersensitivity: A review. *Facta Universitatis* 14: 15-18.
32. Pesevska S, Nakova M, Ivanovski K, Angelov N, Kesic L, et al. (2010) Dentinal hypersensitivity following scaling and root planing: comparison of low-level laser and topical fluoride treatment. *Lasers Med Sci* 25: 647-650.
33. Kesić Lj, Jovanović G, Burić N (2003) Low-power Lasers in the Treatment of Glossopyrosis. *J Oral Laser Appl* 3:105-107
34. Jovanović G, Burić N, Kesić Lj (2003) Effects of Soft Laser in Pain Therapy after Root Resection. *J Oral Laser Applications* 3: 83-86.
35. Živković R, Kesić Lj, Mihailović D, Ignjatović N, Uskoković D (2006) Investigation of HeNe laser therapy influence on BCP/PLGA osseointegration–experimental study. *Facta Universitatis* 13: 109-113
36. Obradović R, Kesić Lj, Mihailović D, Ignjatović N, Uskoković D (2007) Comparative efficacy analysis of biomaterials and soft lasers in repair of bone defects. *J Oral Laser Appl* 7: 161-166.
37. Obradović RR, Kesić LG, Pesevska S (2009) Influence of low-level laser therapy on biomaterial osseointegration: a mini-review. *Lasers Med Sci* 24: 447-451.
38. Burić N, Jovanović G, Krasić D, Kesić L (2003) Investigation of the bone tissue response to glass-ionomer microimplants in the canine maxillary alveolar ridge. *J Oral Sci* 45: 207-212.
39. Kesić L, Mihailović D, Pesić Z, Obradović R (2008) False gingival enlargement as a diagnostic problem: a case report. *Int J Dent Hyg* 6: 68-71.
40. Pejčić A, Kesić Lj, Obradović R, Petrović M S, Mirković D (2009) Oral condition in patients with HIV infection-Oral cavity and HIV. *Acta stomatol Naissi* 25: 915-924.
41. Pejčić A, Kesić Lj, Obradović R, Mirković D (2010) Antibiotics in the management of periodontal disease. *Acta facultatis medicinae Naissensis* 27: 85-92
42. Pejčić A, Kesić LjG, Pešić Z, Mirković D, Stojanović MR (2011) White Blood Cell Count in Different Stages of Chronic Periodontitis. *Acta Clin Croat* 50: 159-167.
43. Gasic J, Kesic L, Popovic J, Mitić A, Nikolic M, et al. (2012) Ultrastructural changes in the cemento-enamel junction after vital tooth bleaching with fluoride and fluoride-free agents - a pilot study. *Med Sci Monit* 18: PR5-12.