



## Natural Products; Health Welfares for Mankind

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### Abstract:

As per World Health Organization (WHO), more than seventy percent of the world population trust on Traditional Healers (Natural Products; mainly herbal source) for the health care system. In fact, plants are the oldest friends of humans. They did not only provide food and shelter, but also served humanity to cure different diseases. The Natural Products also sometime called herbal or natural medicine, exists in one way or the other in different cultures and civilizations, such as Arab, Babylonian, Chinese, Egyptians, Greco, Japanese (Kampo), Tibbi & Unani (subcontinent) and Western.

At present, all Pharmacological classes of drugs including Natural Products prototype (Aspirin, Atropine, Artimesinin, Colchicine, Digoxin, Ephedrine, Morphine, Physostigmine, Pilocarpine, Quinine, Quinidine, Reserpine, Taxol, Tubocurarine, Vinblastine and Vincristine), are a few examples of what Medicinal Plants have offered in the past (Aftab, 1995).

### Biography:

Khalid AFTAB, PhD male, Pharmacologist, graduated from department of Pharmacology, Faculty of Pharmacy, University of Karachi, Pakistan in 1995. He worked for Pharmaceuticals industry as Quality Control & Quality Assurance professional and was actively involved in Research & Development of Pharmaceutical preparations.



He has worked in few Medical & Dental Colleges & Universities as Assistant, Associate and became full Professor Pharmacology in 2006 and worked as visiting Professor in different Universities & research institutions. From 2009-2011, he has worked in Kingdom Saudi Arabia as a full Professor Pharmacology and currently working as Professor & HoD Pharmacology in SMC, University of Health Sciences.

### Recent Publications:

1. Khalid Aftab, et al *Prac Clin Invest*, 2020.
2. Khalid Aftab, et al *Prac Clin Invest*, 2020.
3. Khalid Aftab, et al *Pharmaceut Drug Regula Affair J*, 2019
4. Khalid Aftab, et al *J Pharma Pharma Sci*, 2017.

Webinar on Pharmaceutical Chemistry | May 22, 2020 | Paris, France

**Citation:** Khalid Aftab; Natural Products; Health Welfares for Mankind; Pharmaceutical Chemistry 2020; May 22, 2020; Paris, France