

Refugees Camp Health

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Abstract:

Health is one of the basic needs of everyone's life. Humans consider health is one of the major significant things. The world is created for every living creature. It is important for every individual to lead a normal healthy life. Every human, animals deserve earth to live a healthy and happy life. But this is not happening everywhere in the earth. As every human being deserves to have a healthy life. Some of the human beings are not even living an independent life. Even though it is rights for every human to have an independent life. But, considering refugee camp health is a difficult task. This article explains how difficult life is in refugee camps.

Introduction:

A refugee is generally the people who have been forced to leave the country in order to escape from the war and natural disaster. So, the people in the camp is difficult to lead a normal life because of their poverty. The doctors and nurses suffer in the camp to lead a healthy life to all the camp members with the available medical sources and funds for the treatment. Healthy life in the refugee camp is still possible with the help of many doctors and nurses.

Explanation:

The life of a refugee is not that easy to live. As the people in the camps face a lot of poverty. With this poverty and scarcity for food, it is difficult to lead a healthy life in the camps. As the camps are always filled with a greater number of people, the doctors try hard to provide a healthy life to each and every person in the camp. with the proper medications and support from the volunteers, it is possible to lead a healthy life in the refugee camp.

The people in the refugee camp suffer a lot for even basic needs. The human in the camp is not living a happy, healthy, and independent life. They are totally dependent on the volunteers, doctors, and nurses for their well-being. As the volunteers in the camp help the people for their basic needs such as food, shelter, medications, and the treatment for the diseases.

The nurses and doctors work in the camps should be trained physically and emotionally to go through with the patients. Doctors and nurses should handle different types of cases in the refugee camp. For example, the camp can be filled with children, disabled persons, old people, diseased people, and also pregnant women. So, the nurses and doctors should treat the patients according to their needs and requirements. The doctors should be trained in such a way to tread all kinds of diseases. The doctor should undergo all kinds of situations in the camp.

The other problem faced by the refugee people is the diseases. The diseases can spread easily in the camp as there are more populations in less space. so, the doctors should be trained in such a way in able to

control the spread of the diseases. As the whole world suffers from the coronavirus it is even more difficult to control the spread in the camps.

The children's in the camp should get a proper education. Many children in the camp face severe psychiatric problems due to the wars and bomb blast. These children should to taken in care. They should also get the proper medication to cure their problems. Children in the camp should be allowed to play to overcome their depression.

A healthy life is totally possible in the refugee camp. These healthy lives are possible only with the help of many doctors, nurses, and volunteers. As a doctor, I served for more than five years in the refugee camp. The camps usually face a lot of problems as scarcity for food, water, and pharmaceutical products. In this situation leading a healthy life is quite difficult for the camp peoples. The government should appoint lots of doctors and nurses to help refugee people.

The camp deals with a lot of medical problems and I am going to explain how practically we can handle the situations. The doctors should be trained perfectly to undergo various kinds of situations in the refugee camp. As the camp members are transferred from one country to another the doctors should understand their mental health and treat them with care and affection. The other major medical problems in the camp are less availability of medicines, pharmaceutical products, and devices for the medication. As health is important in everyone's life, the doctor fights for good health in every person's life.

The volunteers can teach the camp people about the proper hygienic and provide basic knowledge about health. With vitamin supplements, we can provide nutrition to malnourished children. To overcome the mental illness and psychiatric problems the children in the camp are let to learn more about physical health and give a basic education.

The diseased people in the camps should be treated properly. with proper care and medications, they can overcome their disease and live a healthy life in the camps. The old age people should be taken care of by nurses. All the camp people should be educated about to have a healthy life. The people in the camp should be taught of physical exercise and this can also impact on their health. The people in the camp should adopt a new lifestyle to lead a healthy life.

Conclusion:

The article is all about it is even possible to lead a healthy life in the refugee camp. it can be possible with lots of doctors, nurses in the camp to serve the people. Refugee people should learn about having a healthy life. Even it is difficult to lead a healthy life in the camps. As the camps are always filled with a greater number of people, the doctors try hard to provide a healthy life to each and every person in the camp.