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## Extended Abstract

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### Sadism in Sadistic and Narcissistic Personality Disorders

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Narcissists rarely enjoy causing suffering as do sex sadists for no reason. Narcissists act sadistically when behaving in this way produces or yields Narcissistic Supply and to punish narcissistic supply sources perceived by the narcissist as deliberately frustrating and withholding. Sadists are practitioners of indirect violence and contextual harassment. They terrorize and threaten even their nearest and dearest bidding. They build an aura and atmosphere of fear and consternation, unmitigated yet diffuse.

This they achieve by promulgating complex “house rules” which limit their dependents’ autonomy (spouses, children, employees, patients, clients, etc.). They have the last word, and they are the ultimate legislation. They must be obeyed, no matter how arbitrary and senseless are their rulings and decisions.

Many sadists are fascinated by the brutality and gore. They are vicarious serial killers: For example, by “studying” and admiring historical figures such as Hitler, they channel their homicidal impulses in socially appropriate ways. They love guns and other firearms, they are fascinated by all types of violence, torture and martial arts.

#### Paper:

Sadistic Personality Disorder made its final appearance in the DSM III-TR and was removed from the DSM IV and its text revision, the DSM IV-TR. Some scholars, especially Theodore Millon, find its omission to be an error and advocate for its reinstatement in future DSM editions.

#### The Monk- Sadist

There are two types of sadists with large strokes: The Werewolf and the Monk. As described in this article, we are all familiar with the first type, the habitual protagonist of horror films.

The Monk-sadist is much less recognized and accepted. He tortures people by presenting them with a personal definition of justice, rectitude, honesty, asceticism and righteousness that is unprecedented and unprecedented. His saintly conduct is intended solely to inflict pain by allowing him from a position of high moral ground to criticize, berate and chastise.

#### The Sexual Sadist

There is an omnipresent misunderstanding between the dom in BDSM (with hyperdominant sexuality) and the sexual sadist, both among mental health professionals and in medical bibles such as ICD-10.

The dom (top), by subjecting her to pain, humiliation, and degradation, seeks to satisfy his submissive (bottom) partner. His arousal depends crucially on the power he exercises over her and on her overt excitement when his dominance is wielded. The sadist only gets turned on by his counterparty’s obvious suffering and repulsion during the intercourse.

BDSM (Bondage, Discipline, Dominance, Submission, Sadism, and Masochism) is both a choice for sexuality and a way of life. Most monogamous couples are in BDSM, so to discuss risks so desires takes a lot of faith in the partner and strong communication skills.

One common error is that the submissive partner (or bottom) is a masochist. This is absolute insanity created by completely incorrect representations of the scene by the likes of “Fifty Shades of Grey.” In fact, many submissives often predominate with other people or under specific circumstances

#### The Narcissist as Sadist:

In the words proper to the narcissist:

“If I am cruel and insulting (which is often), somebody responds with an air of cynical sympathy: ‘What did you expect? He is a narcissist!’ This ludicrous type of statement just serves to illustrate the degree to which the field was polluted by a wave of trashy disinformation promulgated by self-styled ‘narcissistic violence experts’ flying through the seat of their poorly frayed pants.

#### Question:

You discuss three different forms of narcissist victims. What issues would result in a narcissist victimizing another serious sadistic versus simply discarding them if they were no longer useful?

#### Answer:

The narcissist actually discards others as he is convinced that Narcissistic Energy can no longer be provided to him. This belief, treated subjectively and morally, is not always to be grounded. Suddenly – due to boredom, disagreement, disillusionment, a struggle, an act, inaction, or a mood – the narcissist swings wildly from idealisation to devaluation.

In one of two instances a narcissist will continue to show the sadistic aspect of his personality:

1. That the very actions of sadism produce Narcissistic supply for the narcissist to consume (“I cause suffering, therefore I am superior and omnipotent”), or
2. That the victims of his sadism are still his only or main Narcissistic Supply Sources but are perceived by him as deliberately frustrating and withholding. Sadistic acts are his way of punishing them for not being docile, obedient, admiring and worshiping, as he expects them to be in view of their uniqueness, cosmic meaning and special entitlement.

“A little discipline never hurt nobody.” - repeats Jared, clearly amused. Beating a three year old and letting her freeze to near death on your doorstep in subzero temperatures, is this his idea of discipline? “It’s one way or getting the message across” - Jared laughs heartily and then composes himself: “Listen, Doc, I am as merciful and compassionate as they come,

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believe you me. But what I can't stand is cry-babies, weaklings, and whining bitches. Besides, it's fun to see how a little ice does wonders to their sirens."

Why did he force the mother to dump her by now limp and profusely bleeding infant daughter outside the door? If she were a proper caretaker none of this would have happened. He wanted to show off her miserable family who's the only household boss. "They got on my nerves, her mother and sister, they needed some re-education, like the Chinese camps in them. "- he chuckles. They all claim to be frightened and intimidated by his capricious, violent behaviour. "I certainly hope so!" -he smirks.

The kid says that you pinched her repeatedly and that's why she cried. "I was just kidding with her." Pinching hurts. "Sure does!" - he roars and slaps my shoulder across the desk - "I like you, Doc!" The slap hurt, too. Could he please refrain from doing it in the future? "Whatever turns you own, ma'shrink" - he accepts my interdict jovially.

The mother says you beat the same child around a year ago and caused her significant injuries because when you pinched her and pushed her around she would not scream. You kept screaming "cry, bitch, cry." Then you mauled her because she wasn't going to cry and now you spanked her because she was crying. "She needs to make up her mind and stick to it. I respect that, but every time I do, she can't change her behaviour when I pinch her. That's why I disciplined her. I want her to have a spine." It seems to me that he is the one who keeps changing the rules. his face darken and he leans forward, whispering hoarsely:

"I like you, Doc, and all - but don't cross the line here or you may get a taste of the same medicine yourself." Is this a threat? He merely glowers at me malevolently. Doesn't he like me any more? "(Expletive deleted) off."