

## Technology Advances in Diagnostics of Vocal Folds Function

Pedersen M\*, Akram BH and Agersted AA

The Medical Center Ear, Nose, Throat and Voice Unit, Østergade 18,3 DK 1100 Copenhagen, Denmark

### Abstract

There are new aspects in voice research where the patient in the future will benefit from advanced diagnostics. Since a clinical routine with high speed films showed that irregularity of the vocal folds hardly ever was the case, speech therapy for dysfunctions for the vocal fold in many cases was doubted. This was also the case for documentation of irregularity of overtones up to 20.000 Hz with a stable and well documented overtone analyzer. What is next is to bring larynx functions understanding into a position to be part of among others genetic syndrome analysis.

**Keywords:** Technology advances; Voice; Diagnostics; Treatment

### Introduction

The new tools related to high speed films software for clinical use have now been on the market for several years [1]. Combined with electroglottography [2] and kymography, a more nuanced evaluation of the voice is possible. The software includes quantitative measures of the closure of the vocal folds as well as stiffness, a calculation of maximal amplitude versus maximal speed of the vocal folds. Jitter and other measures can also be measured on line on high speed films [3-5]. A new software by the firm Sygyt seems to be clinically feasible to measure overtones exactly and quickly in patients.

Genetic aspects have become in focus as a routine to define the patients' voice related lactose genes [6] and mannose lectin genes [7]. It is not only the vocal folds mucosa which is of interest, but also the whole larynx mucosa. The documentation can till now only be shown in the clinic with the overtone analyzer of the voice (Sygyt Software) before and after treatment. In singers the new aspects are of extreme importance.

When it comes to treatment - a part from excluding provocations, it seems that the antihistamine fexofenadine is very effective [8] to hinder infections. We know that it hinders swelling and it is an effective prophylaxis in patients with genetic mannose binding lectin, but we need documentation. An aspect for documentation is also to make patients focus on a healthy lifestyle. Other genetics factors should be focused on in the clinical work [9]. It is a problem that in the 1000 multiple genes prospects in Oxford, the voice is not included at all [10], the voice aspects being underrated as a part of verbal communication.

We are focusing on optical coherence tomography [11] as a possible quantitative measure of oedema of the arytenoid region as seen on high speed films in patients with genetic intolerance, allergies and reflux. As in eye diagnostics it is shown to be possible to make economically feasible probes for the larynx at nanometers measurable larynx level [11,12].

### Methods of Technical Advances

Analyses are made of a European prize winning female of popular music with high speed films

Software calculations with high speed films (Wolf Ltd.) included

1. Segmentation
2. Kymography
3. Spectral analysis
4. Speed analysis with the formula

$$Stiffness = \frac{\max_{t_{Ci}}(s(t))}{A_i}$$

Where  $T_i$  is the duration of  $i^{th}$  cycle in milliseconds (ms),  $A_i$  is the dynamic range (max-min) for  $i^{th}$  cycle and  $s(t)$  is the magnitude of the 1<sup>st</sup> derivative of considered signal for  $i^{th}$  cycle ( $t \in T_i$ ).

Overtones analyses (Sygyt Software, Overtone Analyzer) included

1. Comparison of a normal female voice to a patient voice (non singer)
2. Comparison of a normal female voice to a patient voice (singer).

### Results of Technical Advances

With an extremely stable phonovibrogram of a contest winning female singer is presented. Segmentation, kymography, spectral analysis up to 2000 Hz and stiffness analysis (Figures 1-7).

### Discussion

It has been discussed if a clinical paradigm shift of understanding larynx functions is underway. There are many new aspects usable online on high speed films, the same is the case with the overtone analyzer where the patients' understanding of what is going on is optimized by comparing on line with a normal male or female voice from the lowest tone to the highest tone, one tone at a time without taking breath in between. The main issue is to document treatment effect of several pharmacological aspects.

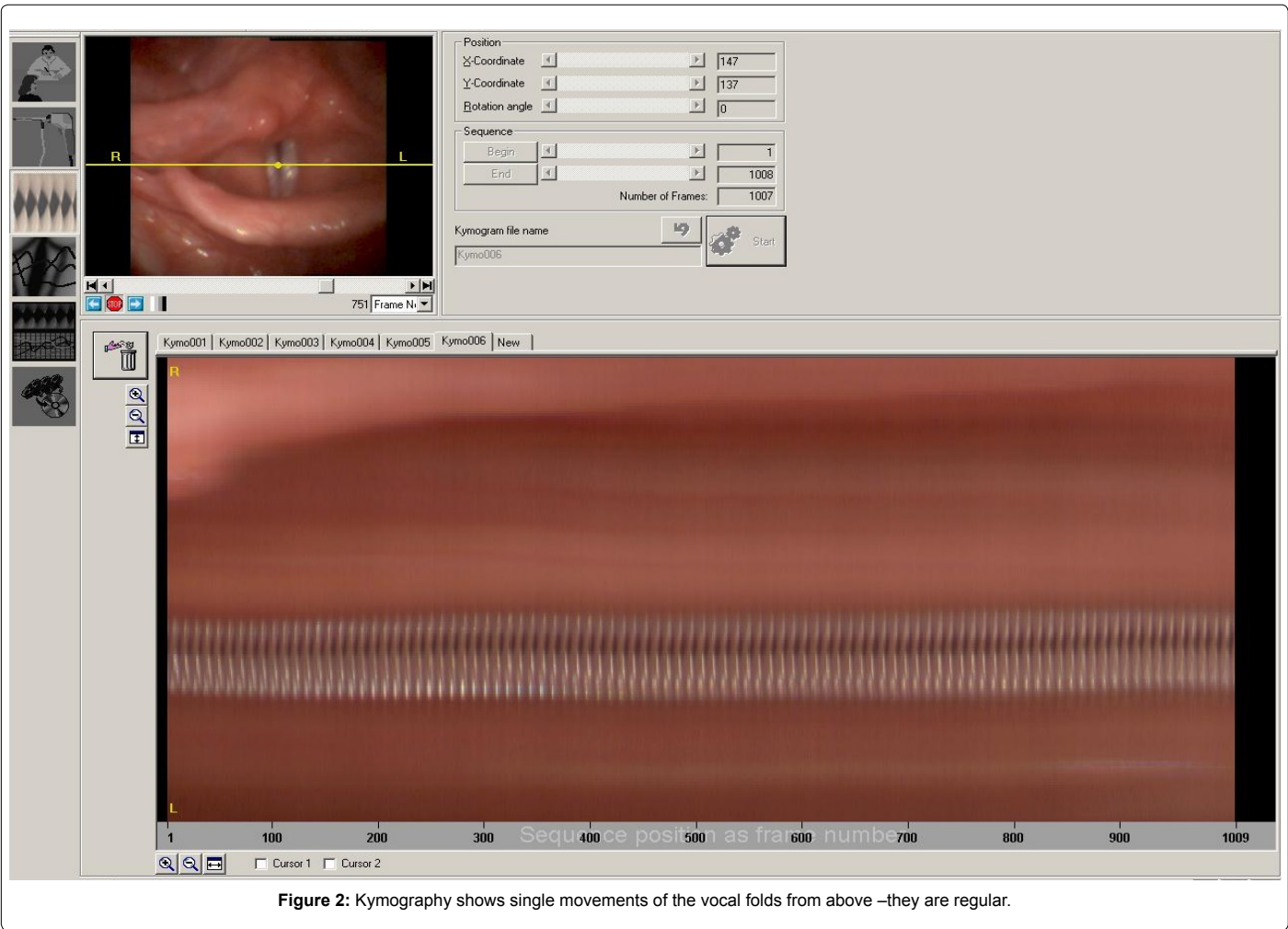
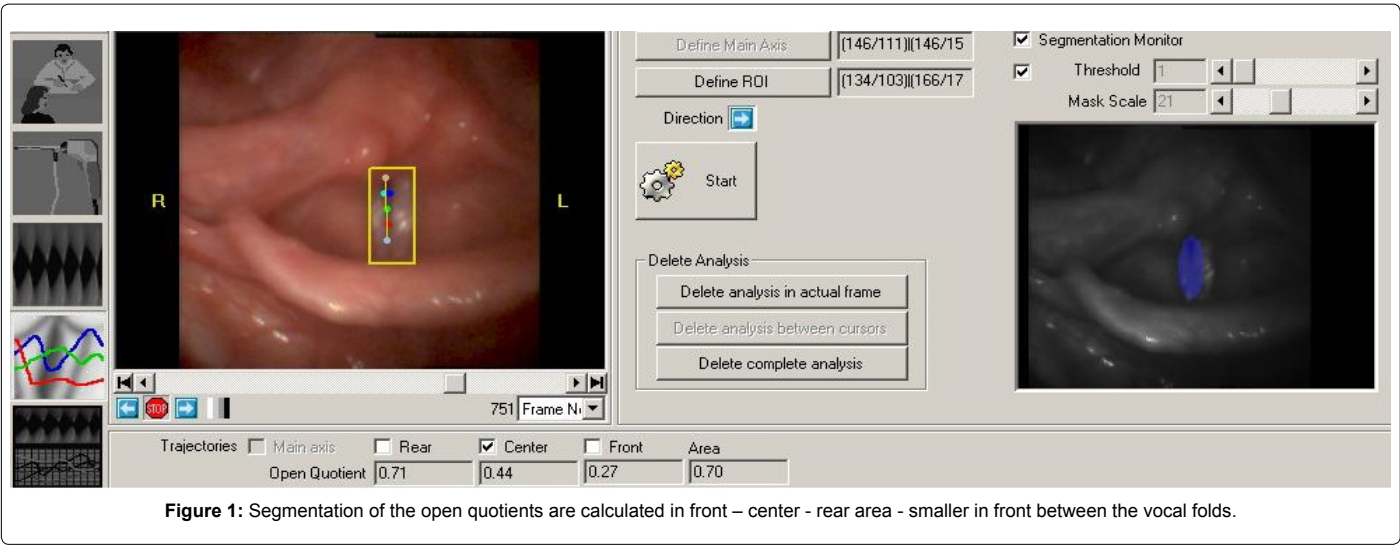
The genomic measures bringing voice into the basic genetic communications research for clinical use in the future, is related to our clinical experience with lactose intolerance and mannose binding lectin where patients untreated, are hoarse. They were to be effectively treated

**\*Corresponding author:** Pedersen M, The Medical Center Ear, Nose, Throat and Voice Unit, Østergade 18,3 DK 1100 Copenhagen, Denmark, Tel: 0045 33137700; Fax: 0045 33137705; E-mail: [m.f.pedersen@dadlnet.dk](mailto:m.f.pedersen@dadlnet.dk)

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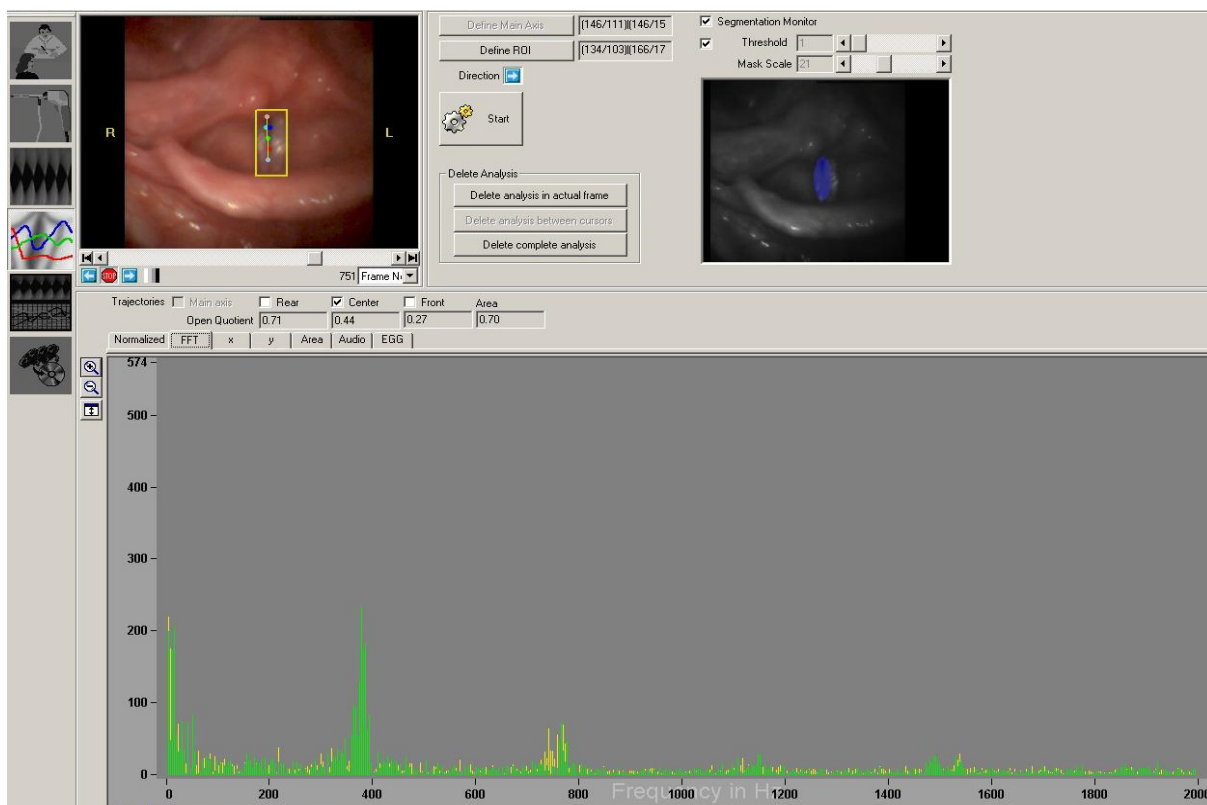


Figure 3: Spectral analysis up to 2000 Hz is extremely well defined as based on high speed films of 4000 pictures per second.

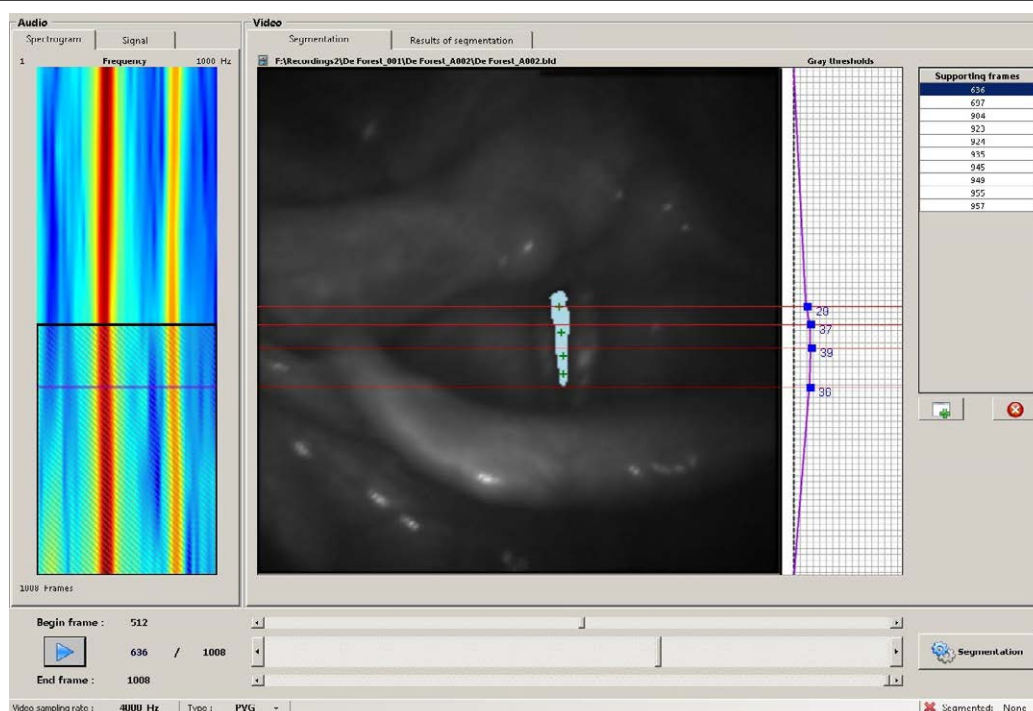
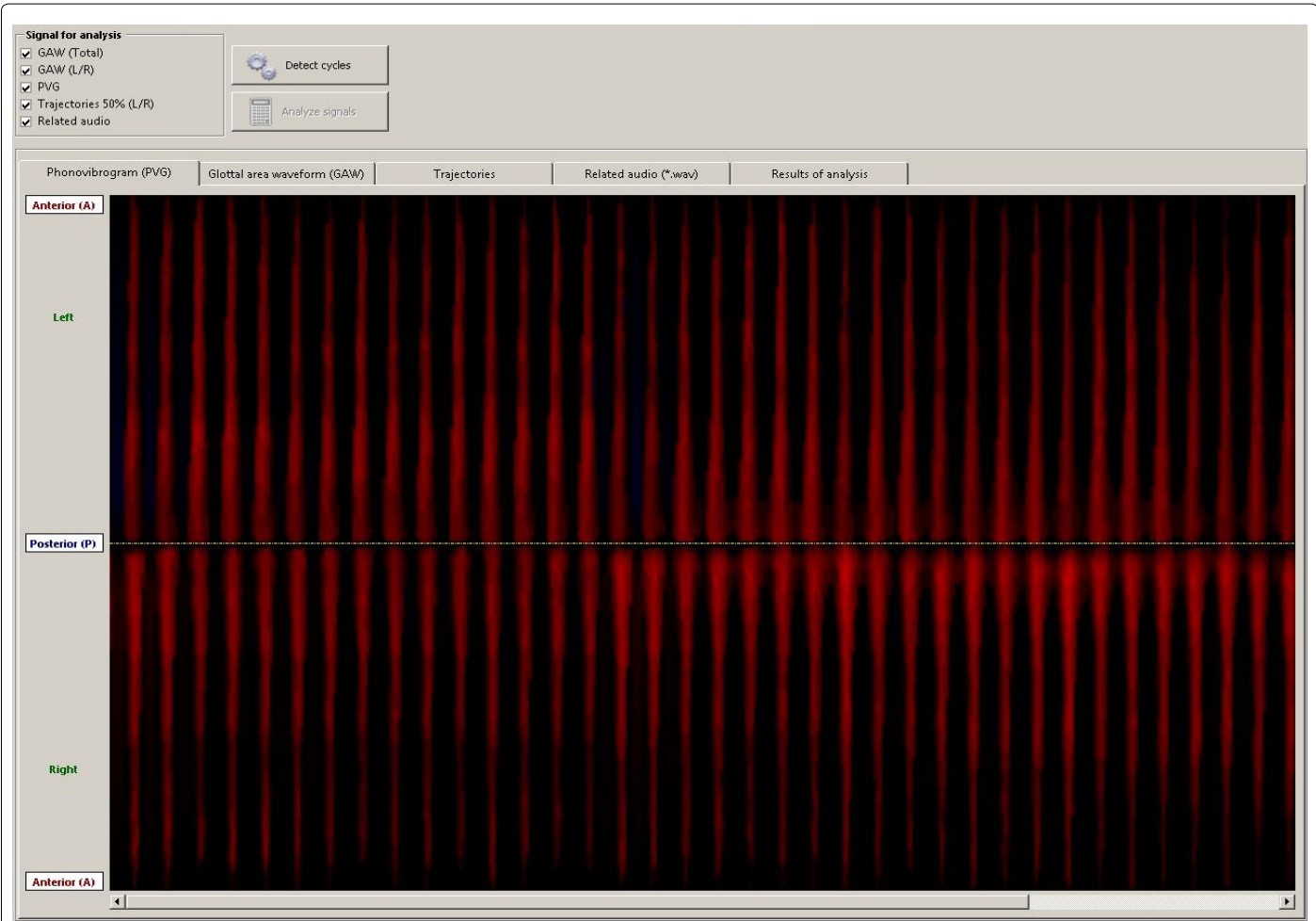


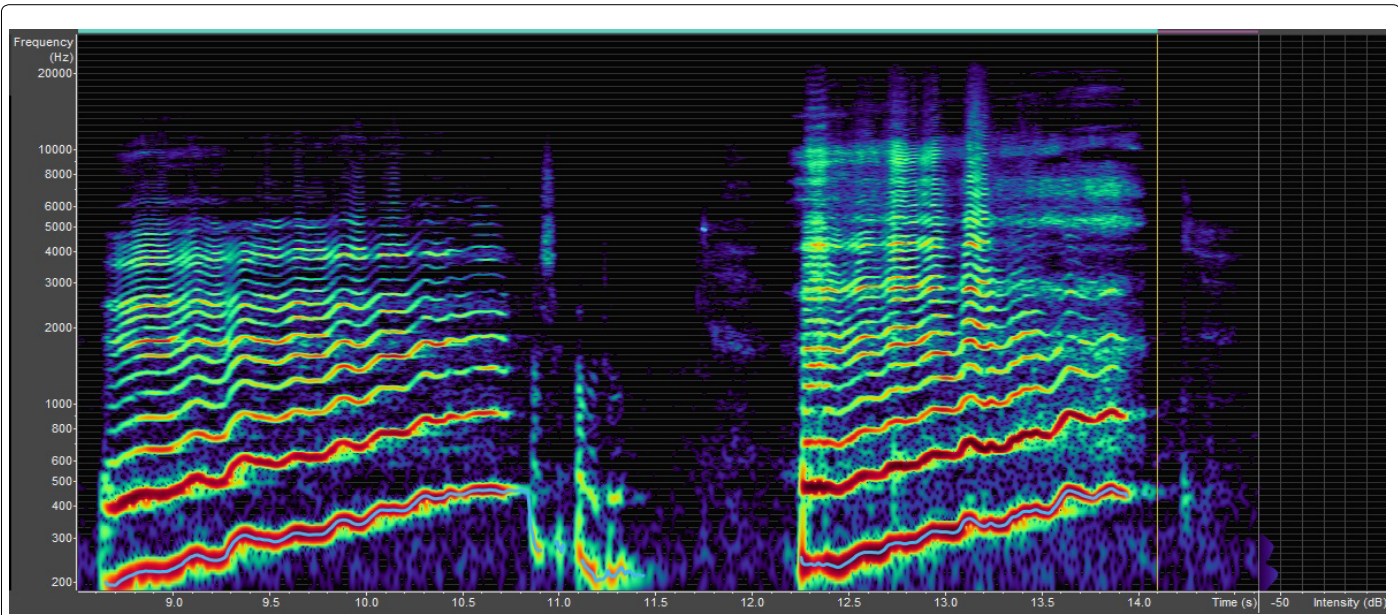
Figure 4: The setup for calculation of measurements of mean stiffness of the Glottal Area Waveform (GAW).

$$Stiffness = \frac{\max_{t \in t_i} (s(t))}{A_i}$$

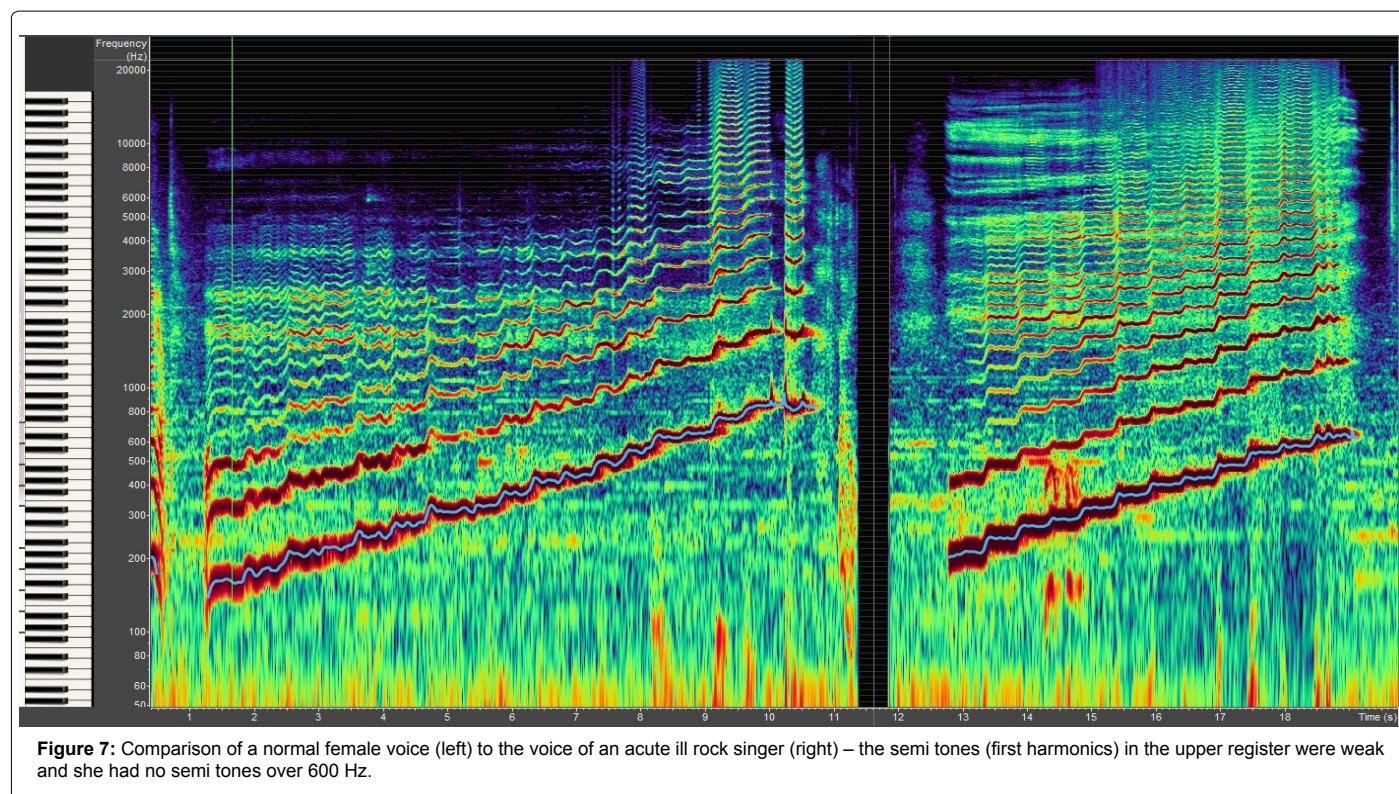




**Figure 5:** Phonovibrogram of the contest winning female showing the regularity of single movement of the right and left vocal folds. Stiffness analysis: GAW mean 0,38,StD 0,02, min 0,333, max 0,413 ( average of 30 cycles) GAW right mean 0,391, left 0,483.



**Figure 6:** Comparison of a normal female voice (left) to a hoarse female non singer's voice (right), her overtones were less well defined in the upper register (right).



for their hoarseness with lifestyle correction supplemented with the antihistamine fexofenadine as well as local cortisol inhaler in the throat [13,14]. The optical coherence tomography is one of the next steps to document epithelial dysfunctions in the same way as it is done in eye diagnostics and esophageal disorders [12,15].

## Conclusion

An approach has been made to present new methods of high speed films and overtone analyses to make refined diagnoses with aspects of treatments of laryngeal disorders including genetics.

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