



THE PSYCHOLOGICAL BENEFITS OF POETRY AND ITS INNOVATIVE USE IN GREEN ENTREPRENEURSHIP IN AFRICA

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Abstract:

Poetry has always been associated with intensity of emotions expressed in literary form with a sense of rhythm and beauty. This study identifies poetry as a valuable tool which can be used in green entrepreneurship for sustainability and environmental safety in Africa. It also identifies poetry as a valuable tool which can be used in climate change education across various communities, cities, and countries in Africa. Climate change is one of the global issues which we must of necessity tackle with urgency in order to prevent a global warming too unbearable for the survival of mankind. The objective of this paper is to highlight the health, economic and psychological benefits of poetry on individuals, communities and institutions in Africa and beyond. It further highlights how poetry can be used innovatively in climate change education in Africa to achieve the sustainable development goals. Through literature and participant observation, it has been discovered there is an urgent need to educate our communities and institutions about the impacts of climate change and ways to adapt and mitigate for global sustainability. This paper is therefore very significant as it explores new opportunities, practices and policies in the innovative use of poetry for climate change education and enhancing sustainability and environmental safety in Africa.



Biography:

Benjamin Anabaraonye is an educationist, researcher and poet based in Nigeria. He is the CEO of the Benjy Poetry And Music Global Concepts and research partner of the Galaxy Education and Research Group, University of Nigeria, Nsukka. He has received various trainings and awards in the field of climate change from the United Nations Institute of Training and Research (UNITAR) and a professional certificate in Human health and Climate Change from the Hong Kong Academy of Medicine. His research papers in the field of climate change have been published by top national and international academic journals. In January 2016, Benjamin received the Green Champion award from the United States Department of States through the Young African Leaders' Initiative (YALI) for facilitating Understanding Climate Change. He also hosts the Project Green Blog which features articles and poems on climate change adaptation and mitigation for global sustainability.

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