Review Article Open Access

# Understanding the Performance of Children with Social Communication Disorder on the Happ é Strange Stories: Exploring Physical and Mental State Responses and Their Relationship to Language Proficiency

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#### **Abstract**

Social Communication Disorder (SCD) presents challenges in understanding and interpreting social cues, impacting individuals' verbal and nonverbal communication abilities. The Happé Strange Stories task assesses social understanding through ambiguous narrative vignettes. This article explores the performance of children with SCD on this task, focusing on physical and mental state responses and their correlation with language proficiency. While some studies suggest deficits in mental state understanding, others find nuanced performance patterns. Higher language proficiency appears to correlate with better social cognition. Understanding these relationships informs tailored interventions to enhance social communication skills in children with SCD.

**Keywords:** Social Communication Disorder (SCD); Happé Strange Stories; Physical state responses; Mental state responses; Language proficiency

#### Introduction

Social Communication Disorder (SCD) is characterized by persistent difficulties with verbal and nonverbal communication in social settings. Individuals with SCD often struggle with understanding social cues, maintaining conversations, and interpreting non-literal language [1]. One of the key challenges faced by clinicians and researchers in this field is understanding how children with SCD process and respond to various social scenarios. The Happé Strange Stories task, developed by Professor Uta Frith and Dr. Francesca Happé, is a widely-used assessment tool designed to evaluate social understanding and interpretation in children [1,2]. This task presents participants with a series of brief stories involving social interactions, wherein the protagonist's intentions, beliefs, and emotions are ambiguous or contradictory [3]. Participants are then asked to infer the mental and emotional states of the characters in these stories. Social Communication Disorder (SCD) presents a significant challenge for individuals in navigating social interactions due to difficulties in comprehending and conveying social cues effectively [4,5]. Central to understanding the cognitive underpinnings of SCD is the exploration of how affected individuals interpret and respond to complex social scenarios. The Happé Strange Stories task has emerged as a valuable tool for assessing social cognition by presenting participants with narrative vignettes featuring ambiguous social situations [6]. This article aims to delve into the performance of children with SCD on the Happé Strange Stories task, specifically examining their responses concerning physical and mental states, and their relationship to language proficiency. Understanding the nuances of physical and mental state responses in children with SCD holds paramount importance in elucidating the underlying cognitive processes involved in their social difficulties. While previous research has indicated deficits in mental state understanding among individuals with SCD, the extent to which these deficits manifest in response to physical state cues remains an area of inquiry [7,8]. Furthermore, exploring the connection between language proficiency and social cognition in this population is crucial, given the integral role of language in facilitating social communication [9]. By investigating these interrelated aspects, this study seeks to contribute to the existing literature on SCD and inform targeted interventions aimed at enhancing social communication skills in affected children. Through a comprehensive examination of physical and mental state responses on the Happé Strange Stories task and their association with language proficiency, this research aims to provide valuable insights into the intricate mechanisms underlying social cognition in children with SCD. Such insights are essential for the development of tailored interventions that address the specific needs of this population and promote their successful navigation of social interactions [10].

### Understanding the happé strange stories task

The Happé Strange Stories task consists of a set of short narrative vignettes, each accompanied by a simple illustration. These stories are designed to elicit responses related to the characters' mental and emotional states. The narratives often involve social dilemmas, misunderstandings, or situations where characters hold false beliefs or experience mixed emotions. Participants are typically asked questions that require them to make inferences about the characters' thoughts, intentions, beliefs, or emotions based on the information provided in the story. For example, they may be asked what a character is thinking, feeling, or planning to do next. The task assesses several aspects of social cognition, including theory of mind (understanding others' mental states), empathy (recognizing and understanding others' emotions), and perspective-taking (putting oneself in another's shoes). These abilities are crucial for successful social interactions and are often impaired in individuals with SCD.

## Performance of children with SCD

Research examining the performance of children with SCD on the Happé Strange Stories task has revealed interesting findings. While

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Received: 01-May-2024, Manuscript No: jspt-24-138285; Editor assigned: 04-May-2024, PreQC No. jspt-24-138285 (PQ); Reviewed: 18-May-2024, QC No-jspt-24-138285; Revised: 25-May-2024, Manuscript No. jspt-24-138285(R); Published: 31-May-2024, DOI: 10.4172/2472-5005.1000247

**Citation:** Danielle M (2024) Understanding the Performance of Children with Social Communication Disorder on the Happé Strange Stories: Exploring Physical and Mental State Responses and Their Relationship to Language Proficiency. J Speech Pathol Ther 9: 247.

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some studies have reported deficits in understanding mental states and emotions in children with SCD compared to typically developing peers, others have found more nuanced patterns of performance. One key aspect of interest is how children with SCD respond to the physical and mental state cues embedded within the stories. Do they struggle equally with both types of cues, or do they show differential patterns of performance? Some research suggests that children with SCD may have particular difficulty with interpreting mental state cues, such as beliefs and intentions, compared to physical state cues, such as facial expressions or body language. This may reflect underlying deficits in theory of mind abilities, which are often implicated in SCD.

## Relationship to language proficiency

Another important question is how language proficiency influences the performance of children with SCD on the Happé Strange Stories task. Language plays a crucial role in social communication, facilitating the expression and comprehension of thoughts, feelings, and intentions. Children with SCD often exhibit language difficulties, including problems with vocabulary, grammar, and pragmatics (the social use of language). These language deficits may impact their ability to understand and respond to the social scenarios presented in the Happé Strange Stories. Research has shown that children with SCD who have higher language proficiency tend to perform better on tasks assessing social cognition, including the interpretation of mental states and emotions. Strong language skills may enable these children to better comprehend the nuances of social interactions and infer the thoughts and feelings of others. However, the relationship between language proficiency and social cognition in children with SCD is complex and multifaceted. While some studies have found a positive association between language and social cognitive abilities, others have reported inconsistent or even contradictory findings.

# Conclusion

In summary, the performance of children with Social Communication Disorder on the Happé Strange Stories task provides valuable insights into their social cognitive abilities, including their understanding of physical and mental state cues. Understanding how these children process and respond to social scenarios can inform clinical assessment and intervention strategies aimed at improving social communication skills. Furthermore, exploring the relationship between language proficiency and social cognition in children with SCD highlights the interconnected nature of language and social development. Future research in this area is needed to elucidate the mechanisms underlying these relationships and to develop effective interventions tailored to the specific needs of children with SCD.

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