



Warm Welcome to Authors for Submitting Articles on Special Issue: Substance Addiction versus Behavioral Addiction

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Substance addiction (or illegal drug use) is a neuropsychiatric disorder characterized by a common desire to continue taking the drug regardless of the side effects. Chronic drug use, a concept derived from the reliability of drugs, is seen as a passion, wild drug use, although with side effects drug dependence is reconsidered as illegal drug use, and can be analyzed without withdrawal therapy the most popular form of psychotherapy used to treat social addiction Behavioral dependence is a form of addiction that involves the urge to participate in non-drug-related behavior. Practices such as poker, betting are linked to the newly discovered concept of cerebrum thinking ability. The prize framework can be removed by early behavioral recipients, and trigger dopamine neurons to initiate stimulant behaviors. However, addiction and overdose vary from one place to another.

Now a day's different types of substances like alcohol, marijuana, cocaine, heroin, and even prescription drugs are being exploited and are used to abuse by young generations. The reason behind this may be loneliness, depression, anxiety, or due to family issues, and even peer and parental pressures.

Substance addiction can lead to various serious health complications or can create various problems in relationships with their beloved ones. People with this substance use disorder might face many complications in their day-to-day life due to uncontrollable or unmonitored addiction. Substance addiction clarified as physical dependence on a chemical substance which leads to unpleasant withdrawal symptoms. Addicts eventually try to control or realize their substance use and simultaneously they had to face various psychological disorders like depression, anxiety, hallucination (due to hallucinogens which already

take control over the person), fear, etc. But in the due course of withdrawal, they may have face common symptoms like nausea, vomiting, tears, agitation, body pains, loss of appetite, restlessness, sweating, delusion, fatigue, and feeling detached from self.

Major factors behind substance addiction are:

- Hereditary components: If a child is raised in an environment where the parents or any members of the family are alcoholics. Childhood is the stage where children get acquainted with the things where they are being seen from their surroundings rather than them being taught of such. So one must be very careful that children are always to be kept away from things like domestic violence, misuse of substances, alcoholics at home, etc.
- Environmental factors: Most of the teenagers, adolescents and even those belonging to low economic status are being abused physically, sexually, and even mentally with their fellow companions and peers who are already addicted to some drugs or anaesthetic agents.

When we differentiated behavioural addiction and substance addiction, it is found that behavioural addiction is hypothesized as have similarities with substance addiction. The most important features of behavioural addiction are when a person fails to take control over their impulses or drive the temptations to conduct an act. It is found very dangerous for the self or the person staying around that addict. We usually find many cases where people self-harm themselves in many ways like cut their hands or other parts of their body, bang their heads to the walls, insert used injection needles, shout, etc.