

A Case of Milia

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A case of Milia on the face of a female aged about 45 years. Milia is characterized by small, hard, white bumps on the face of infants, teens, and adults. These bumps are benign in nature but incredibly stubborn, lasting for weeks, months, sometimes longer. Getting rid of them can be

tough. Attempts to remove them the wrong way can damage the skin. Milia are often confused as pimples. No specific treatment is required, except waiting for the time to heal them. It is important to protect the skin from exposure to sunlight.



Figure 1: A case of Milia on the face of a female aged about 45 years.

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