Clinical Image

This is a cervical X-ray of a patient suffering from long term dizziness and associated neck pain and stiffness. The X-ray showed that the C1 cervical vertebrae were in a rotated position (Figure 1).

Figure 1: Cervicogenic dizziness.

In some cases of dizziness, one of the causes can be attributed to pathology or dysfunction of upper cervical spine [1-3]. Poor head and neck posture and mal-aligned upper cervical spine may cause a decreased vertebrobasilar blood flow and contribute to dizziness [4,5]. This form of dizziness can be diagnosed as cervicogenic dizziness. There is a strong correlation in the improvement in the neck symptoms and dizziness [6].

References