

## Community View In terms of Psychiatry Treatment

Shatha Abd Aljalel\*

Department of Studies and Research, Yarmouk University, Amman, Jordan

\*Corresponding author: Shatha Abd Aljalel, Department of Studies and Research, Yarmouk University, Amman, Jordan, Tel: + 962 2 7211111; E-mail: [shatha.abdaljalel@yahoo.com](mailto:shatha.abdaljalel@yahoo.com)

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### Abstract

In 2011 the National center for human rights classified the psychiatric treatment as a major part of the health care services.

Recently, considered that that ego is subject to sickness same as the body does. In fact, the ego witnesses crises due to life's circumstances and requirements. This is normal issue but the Eastern community in Arab Countries considers that the psychiatric patient is almost insane and thus the patient thinks twice before approaching the psychological clinics.

**Keywords** Psychiatry; Psychological anxiety; Biochemical disorder

### Opinion

The community looks negatively to the psychiatric patient carrying weak personality and insane noting that psychology science does not include any of such social disgrace towards the psychiatric patient who is human like all other people but suffering from uncontrolled nervous or psychotic disorder. The initial infection cause is ascribed to biochemical disorder in the brain increase of the activity or disorder in excretion of neurotransmitters. Besides the community does not accommodate with the psychiatric patient and blame him for his psychiatric suffer and this patient shall be isolated without granting him the right to live within the community. The foregoing represents faulty communicate with such patient.

Out of the major causes that prevent the psychiatric patient to visit the psychiatric clinics is the negative view of the community towards the psychiatric specialists featured by human fear from visiting the psychiatric clinics seeking medical advice. Furthermore, the people do not understand such concept and its negative effect on the patient personality that work to prevent such patient from practicing his normal life as other community members. It is also worth mentioning herein the patient fear from being known that he visits psychiatric specialists to receive psychiatric advice.

Based on psychiatric science view there is direct strong correlation between human body and ego as the body organs interact with the ego through our feelings and cerebration. Once a person is subject to stressing psychological stands he feels bodily symptoms without being ascribed to organic cause, as the body if free from any diseases but the internal psychiatric struggles issue warning signals to the body represented by headaches. Dizziness, nausea, chest pain, rapid heartbeat, psychological depression, hysteria, phobia, psychological anxiety, panic attacks, The symptoms of such issues are ascribed to organic diseases while the medical test confirms that such symptoms relate to psychological diseases.

Lack of outreach in the community is important indicator in terms of the faulty idea by most of the people. The community members do

not have enough information on the psychiatric disorders and reasons thereof. Therefore, they neither approach psychiatric specialist nor aware of the profession code of conduct which imposes maintaining information's confidentiality and not disclosing thereof for any third party.

Currently, the psychiatric clinics and private institutions started to circulating outreach in the psychiatric scope and health via lectures and conferences held in private institutions to talk about psychiatric treatment in addition to social media.

Motivation and making opportunity available for psychiatric specialist to offer psychiatric help is one of the most important steps in psychiatric treatment trip. The psychiatric specialist via his psychiatric skill personality and ability is able to gain the patient confidence in the first sessions to starting the psychiatric treatment.

Moreover, nowadays prominent developing is witnessed in the community view towards psychiatric treatment visiting the psychiatric clinics is increasing especially and specialists cooperation to offer valuable information that work to increase the community outreach in that field.

On the other hand, most of the psychiatric patients who use to approach the psychiatric treatment being assured that they cannot overcome the psychiatric suffer by themselves especially in case of any suicide attempts or behaviors that harm the ego, all of which indicate the availability of severe psychological disorder neuropsychiatric disorder. The psychiatric patient and his family may seek he addict from unqualified persons when they notice radical changes in the patient personality and its behavior. They keep setting out many probable interpretations that make them feel puzzle and lastly they check up with the psychiatric specialist to receive its final psychiatric advice.

In conclusion fear from losing the ego makes the person seeks psychiatric specialist help particularly once he suffers severe psychiatric shock and thence he thinks that he has to approach psychiatric specialist for help. The person must understand that the ego is honesty and grace from Allah the merciful. And thus he has to maintain its ego at same degree he does as to his body and further the

community must be supportive to such patients to enable them  
override their crises.