

## Conference Proceeding: 17<sup>th</sup> International Congress and Scientific Seminar of Bangladesh Society of Medicine (BSM CON2016)

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### Introduction

A three days long conference of Bangladesh Society of Medicine (BSM) (17<sup>th</sup> International Congress and Scientific Seminar 2016) has been successfully completed on 16-18<sup>th</sup> December, 2016 at Radisson Blue water garden hotel, Dhaka. The conference (BSM CON) was a huge success with enthusiasm, interest, share and enjoyment.

Enormous participants (1050) from home and abroad were the main attraction of the congress. The physicians interested in Internal Medicine were delighted to observe the scientific sessions and thereby gaining knowledge, attitude and skill. The inaugural program was held on 16<sup>th</sup> November at 6.00 pm. The chief guest of Inaugural program was Director General of DGHS Prof Abul Kalam Azad. Special Guest was Joint Secretary General of Bangladesh Medical Association Prof M A Aziz. Prof MA Jalil Chowdhury welcome all the participants. Prof Titu Miah, Secretary General of BSM delivers the report of activities of BSM and proposed future activities. Special guests and Chief guests deliver their speech with policy and plan for taking proposals from BSM. All highly dignitaries accepted the importance of Institute of Internal Medicine of Bangladesh and they stated to start the process immediately to the Government official's concerned. Prof F M Siddiqui thanks all the participants of the congress. The inaugural program was ended with speech of President of BSM Prof Khan Abul kalam Azad which highlighted the importance of Medicine specialist in Bangladesh perspective. The inaugural program was followed by a cultural night performed by the physicians and buffet dinner. Huge cherished and enjoyable was the events.

17<sup>th</sup> and 18<sup>th</sup> December was highlighted with continued scientific sessions which created amazing interest in all physicians. There were over 100 speakers who gave scientific talk on various topics in these two days. There were 12 symposium, One Clinical pearl, One Grand round, Four Plenary with key note, One state of art lecture, One Nurul Islam Memorial, One Debate, Two Free papers session, Two Multiple small feeding of mind, one poster sessions and two educational session. The congress was enriched by 13 eminent speakers from abroad which includes General Secretary, WCIM. The scientific program started on 17<sup>th</sup> December with grand round having two interesting cases. Panel of expert and participants at Utsab room participated actively in the session. It was followed by State of art lecture which was highlighted with VDO speech of ACP president and the state of lecture was delivered by General Secretary of WCIM Prof Hans Peter Kohlar (Switzerland). The topic was population ageing and multimorbidity. Then Prof Nurul Islam Memorial lecture was given by Prof HAM Nazmul Ahasan on Deep Fungal Infection. This lecture is awarded as gold medal award. This memorial was followed by two plenary where key note speech was given by Prof Asutosh Biswas (India) on

Chikungunia and Dr Sally Aman Nasution (indonesia) on acute coronary syndrome. After tea break the scientific session was continued in Grand Ball room in parallel fashion. Symposium on Infection and critical care medicine was followed by Symposium on Cardiovascular Disease and Respiratory Disease. Prof Sarma VSN Rachakonda (India) gave talk on Leptospirosis while Prof Khawaja Nazimuddin and Prof Zahiruddin gave talk on Meliodosis and Rickettsial infection in the infection symposium. The Critical illness symposium was composed of talks by Prof Mahtabuddin Hassan on Approach to ARDS patient, Prof Hafiz Sarder on General approach to CCM and Dr Gulam Magni Mowla on Biomarkers of Sepsis. Prof Abdul Rashid Abdul Rahman gave a talk on new dimension for managing uncontrolled Hypertension in cardiology symposium which was also followed by Prof Md Azizul Kahhar on Cardiac murmur and Prof Adri Kok (South Africa) on heart failure. The Respiratory symposium was enriched with talk on DPLD by Prof Abul kalam Azad, Sleep Apnoea by Prof Mosarraf Hossain and COPD Asthma Overlap by Prof Asok Sah (India). After lunch the symposium continued with parallel Neurology and Therapeutics. The neurology symposium was highlighted with talk on autism by Mohammed Uddin (Canada) followed by Prof Firoze Quaraisi on ADEM and Dr Khalilur Rhamn on Neuroimaging in Medical practice. These sessions were followed by free paper sessions parallalelly with 18 free papers. The sessions were followed by cultural program and Gala dinner.

The second day (18.12.2016) was started with two clinical pearl with panel of experts and participants interaction. The pearl was followed by an exciting debate on 'Medical Education in Bangladesh in right track'. It was accompanied by expertise opinion by Prof MA Faiz, Prof Sanawar Hossain, Prof Md Shahidullah and Prof HAM Nazmul Ahasan. Prof Khan Abul Kalam Azad was the chairperson of the session and facilitated by Dr Ahmedul Kabir. The debate creates huge interest to all participants. It was followed by plenary where key note speech was given by Prof Bashar M Atiquzzaman (USA) on paradigm shift of Digestive Disease spectrum In Bangladesh. Then the parallel session started at Grand Ball room with symposium on liver disease and Endocrinology. The liver symposium was enriched with talk by Prof Fatma Amer on Directly acting antiviral drugs on Hepatitis C. It was followed by talk on liver Transplantation by Prof Balachandran Menon (India) and Dr Mamun Al Mahtab on chronic hepatitis B infection. Symposium on endocrinology was highlighted by talk on Erectile dysfunction by Prof Khan Abul Kalam Azad followed by GDM by Prof Ismail Patwary and Insulin Therapy by Prof Md Amir Hossain. The parallel sessions continued with symposium on Rheumatology and Haematology. Rhematology session was enriched with Talk on Introduction to Lupus Nephritis by Prof Rajibul Alam which was followed by sequential talk on Baseline evaluation and treatment of Lupus nephritis and assessment of response and option for refractory

and relapsing lupus nephritis by Prof Syed Atiqul Haq. In haematology symposium, Multiple myeloma by Prof Harun Ur Rashid, Evolving therapy for CML by Prof FM Siddiqui, and Thalassemia by Prof Faizul Islam Chowdhury was sequentially presented. These was followed by lunch and at post lunch symposium on kidney disease and nutrition followed. The symposium on kidney was highlighted with talk on renal replacement by Prof Mamun Mostafi followed by Glomerulonephritis by Dr FM Mofakharul Islam and Recurrent UTI by Prof Enamul karim. The symposium on nutrition observed talk on Diet in different co-morbidities by Prof Asok Kumar Datta followed by Food Adulteration by Prof Hanif Mohammad and TPN by Prof Golam Kibria Khan. The last scientific session was multiple small feeding of mind by 16 speakers in different topics. There was also education session for postgraduate students which was delivered by Prof Quazi Tarikul Islam and Prof MA Jalil Chowdhury. The scientific program was lively with interaction with participants. The debate on medical education having expert opinion created a huge impact in the congress. The highlighting point of scientific session was punctuality and timing and depth of scientific knowledge which creates interest to all participants. Sixteen posters were also judged by Prof Mahbubul Islam Majumdar, Prof Tariq Ahmed, Prof Yousuf Miah for three best prizes. Prof HAM Nazmul Ahasan was the Chairman of scientific affairs while Dr Ahmedul Kabir was Member Secretary. The concluding session was held on 18<sup>th</sup> December at 5.00 pm with Dhaka Declaration (Recommendation of BSM CON) by honorable President of BSM Prof Khan Abul kalam Azad.

### **The recommendation of the 17<sup>th</sup> International Congress and Scientific Seminar, 2016 is stated below**

#### **Dhaka Declaration 2016**

Recommendations of 17<sup>th</sup> International Congress of Bangladesh Society of Medicine (BSM)

Dhaka, Bangladesh, 17-18, December 2016

1. Non communicable disease and communicable diseases are unfinished agenda in Bangladesh in this era of sustainable development goal. Management of these spectrums of diseases is not uniform in all health care facilities. Appropriate program for priority based disease need to be established.

2. Nationwide survey on communicable and specific non-communicable disease to reveal case load, mortality and morbidity should be done as priority basis to prepare policy and plan.

3. Undergraduate admission and education need to be upgraded with appropriate integrated learning customized for peoples care of Bangladesh.

4. Specialty development under comprehensive Internal Medicine care should be a priority in Pre-service education and training in Bangladesh.

5. Postgraduate Medical Courses need to be synchronized and standardized like developed world and all tier of postgraduate degrees need to be uniform through government legislation.

6. Creation of posts in Internal Medicine in academic and service should be established in all tiers of health centers in Bangladesh.

7. Emergency Medicine and Intensive Care should be under Internal Medicine specialty in post-graduation and care should be upgraded to a label of referral centre with provision of advanced research activity in all public and designed private hospital.

8. Provision of proper diagnosis, quick access to effective service, evidence based management, research and prevention and rehabilitation is required for Internal Medicine cases especially in neglected section of the country for poverty alleviation in Bangladesh.

9. An institution for Internal Medicine should be established as quickly as possible for comprehensive patient care and education.

10. Adult Autism should be placed under Internal Medicine specialty for comprehensive care.

11. Appropriate grading, promotion, pay scale, facility etc should be established as priority basis for Internal Medicine specialist.

12. Updated guidelines of non-communicable diseases and communicable diseases through consensus with specialty under broader arm of Internal Medicine should be published urgently and there should be provision for a regular review.