

## DAB-Restorative Simplicity

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### Abstract

An all-composite Direct Adherence Bridge (Direct Adhesion Prosthesis) is a fixed dental replacement for one or multiple missing teeth that need replacing, relies on its adherence and strength, with superior composites, and its adherence with attachment components—bonding agents. It is the newest of the five currently available methods for replacing missing teeth. The four most commonly in use are the: 1) “flipper,” a removable prosthesis; 2) the orthodox fixed bridge with metal requiring tooth preparation; 3) the resin retained bridge with specific metal and design requirements; and, 4) the dental implant-all requiring multiple appointments and tissue alteration-the DAB does not. All previous methods are of an “indirect nature” having laboratory phases; the DAB is a “direct intervention.” A direct adherence prefabricated dental bridge has no metal framework and requires none. It is simply a prefabricated false tooth made of composite that may be altered to fit the space between two (or alongside one) natural teeth that is bonded in place once adjusted. The Direct Adherence Bridge (glue-in bridge) is only adhered, in most cases, to external structures of natural teeth or silicate porcelain veneer crowns over altered teeth; and, will not damage the surrounding teeth due to preparation (cutting hard structures) or placement and is well accepted and liked and preferred by patients. The average life span of a-glue in bridge is that of any other fixed bridge. The adherence material that holds the winged pontic to the natural structures is the same composite, which composes the pontic. The composite to tooth bond strength is approximately 4,800 lbs/in<sup>2</sup>, which far exceeds all resin, or conventional adhesion cements which range from 1,500 psi to 2,240 psi. The compressive strength of the composite is about 62,000 psi and its tensile strength about 22,000 psi.

**Keywords:** Direct adherence bridge; Conventional bridges; Implant; Enamel

### Introduction

The DAB is also devoid of gross fiber inclusion since macro-fibers such as Ribbond, Kevlar, or Nylon mesh do not do what they purported are said to do-make the composite matrix stronger [1-3]. DAB is simply a prefabricated false tooth made of dental composite paste of extraordinary quality that may be altered to fit the space between two (or alongside one) natural teeth that is bonded in place once adjusted. The Direct Adherence Bridge (glue-in bridge, DAB) is only adhered, in most cases, to external structures of natural teeth or silicate porcelain veneer crowns over altered teeth; and, will not damage the surrounding teeth due to preparation (cutting hard structures) or placement and is well accepted and preferred by patients. The average life span of a-glue in bridge is that of any other fixed bridge. Insurance actuarial average is five years.

In conventional bridges the failure is likely to be complete fracture of the abutment tooth with difficult-to-manage results, possibly requiring extraction of its abutment, while the glue-in methodology can be easily repaired and reattached in situ. A concept similar to the “glue-in fixed bridge” (DAB) is the resin-retained bridge, but the latter has many drawbacks. Unlike the DAB, glue-in dental bridge, the resin-retained bridge, such as the Maryland bridge or the Rochette bridge, the resin-retained bridge requires a very specific set of design principles, cutting of enamel and or dentine and multiple appointments since the metal framework is constructed in a laboratory utilizing an indirect methodology. Porcelain fused to metal Maryland

and Rochette bridges contain beryllium metal that is a known carcinogen. This is why the vast majority of dentists use for their Maryland bridges now made of porcelain such as e-max or zirconia. These are becoming more common but require more thickness to be strong enough. Zirconia Maryland bridges can be very good but one must worry about how well you are bonding to the tooth structure with zirconia.

Direct Adhesion Bridges require one appointment only for preparation of the teeth (without cutting), or porcelain crowns over them, and of the materials for complete installation and finishing [4,5]. The direct insertion of the direct adhesion fixed bridge (the glue-in “winged pontic”) is accomplished after adjustment of the false tooth to fit the space and then attachment components added to develop the wings which are finalized and augmented, bonding them to the natural teeth or old porcelain veneer crowns as one builds the direct bridge—thus the term direct glue-in “winged pontic” fixed bridge as distinguished from the indirect methodology of all other methods employed in tooth replacement. We present a comparison chart of the various methods presented in the table below feeling that once reviewed it will assist the practitioner with valuable and pertinent information and distinctions.

### Installation Process

The direct adherence bridge methodology of bridging takes place in the following sequences:

- Teeth are scrupulously cleaned and then etched with about a 38% phosphoric-nitric acid (Ultra Dent) solution for about 1 minute.

- The “winged pontic” had been previously adjusted so that it easily slides into the space in a reproducibly way.
- The winged pontic is treated the same as the teeth with acid.
- Both the teeth and winged pontic are cleaned with water, dried and then silanated (Carlson Bridge WP Bond Enhancer) and a clear polymer (Carlson Bridge WP Clear Resin Adhesive) applied to a glossy sheen.
- Soft dental composite (Carlson Bridge WP Composite) is applied to the proximals of the winged pontic and to one or two proximals of the attachment teeth.
- The prefabricated winged pontic direct adhesion bridge is installed in proper alignment and after confirming occlusion and line of draw, cured with the polymerizing blue light—visible light curing (TPC LED55, 440 nM-490 nM [TPC Advanced Technology]).
- Additional composite is added as needed (Carlson Bridge WP Composite).
- The sculpting phase begins with installation before and after curing; specifically, after curing the bridge is shaved, shaped, shaved and contoured to a tooth like looking replacement (25 µm and 50 µm flamed shaped finishing diamonds, Lasco Diamonds).
- The polishing and finishing phase ensures the proper aesthetics and bite relationship and surface gloss (Berlew polishing wheels, Dedico “white flexies” rubber wheels) (Table 1).

	Removable flipper (Maryland bridge)	Traditional bridge	Dental Implant	Direct Adhesive-DAB (Carlson Bridge®)
Cost	~\$1,740.00	~\$4,500.00	~\$6,400.00	~\$1,600.00
No. of visits	2-5	3-5	12-20	1
Definitive result	No	Yes	Yes	Yes
Approx. lifespan	6 months-1 year	3-5 years	?	3-5 years
Tissue altered	Little	Yes	Yes	None
Completion time	1-2 Weeks	About 1 month	6 months-1 year	One Day
Time in chair	1 hour	2-3 hours	2-5 hours	1.5 hours
Expected pain	No	Moderate to High	Moderate to High	No
Needed meds	No	Yes	Yes	No
Easily modified	No	No	No	Yes
Shade modified	No	No	No	Yes-Anytime
Laboratory costs	Yes	Yes-High	Yes-Very High	None
Stress doctor	Very little	Very High	Very High	Little/Moderate
Galvanic current	(Clasps)-2-3uA	(Metal)-3-12uA	(Tit.)-30-200uA1	None
Stress patient	Very Little	Moderate/High	Very High	Little/None
Death threat	None	Moderate	Moderate to High	None

Table 1: Single tooth replacement comparison.

### Case Study

An 82 years old man split tooth #12 and came to us to correct his missing tooth issue. He had heard of our tooth replacement process and wanted it done rather than extensive tooth reduction for a traditional bridge or implant placement for a crown. His physical condition prohibited long sessions in the chair since he had spinal scoliosis. In view of his requirements we accomplished the following steps as demonstrated in the photos as follow in one hour. In (Figure 1) a missing left first premolar, tooth #12 is seen. The prefabricated “Winged Pontic” is seen in (Figure 2) having been adjusted for the edentulous space. It shows occlusal relationships of the prefab “Winged Pontic,” trimmed and adjusted into the space between the support teeth without attachment composite affixed (Figure 3).

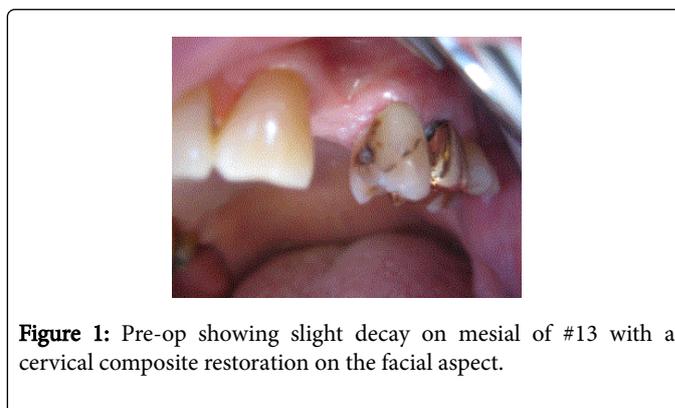
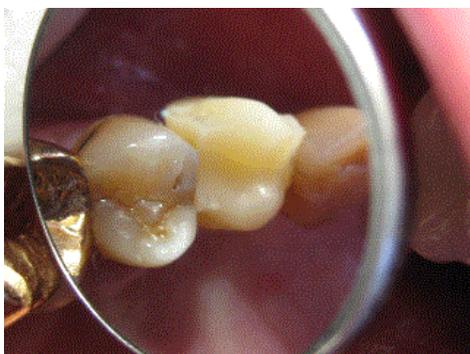


Figure 1: Pre-op showing slight decay on mesial of #13 with a cervical composite restoration on the facial aspect.



**Figure 2:** The “Winged Pontic” is shown after fitting into the edentulous area.



**Figure 3:** Occlusal view of loose fitting “Winged Pontic”.

The line of placement is confirmed as the “Winged Pontic” is adjusted to flow in and out of the space easily.

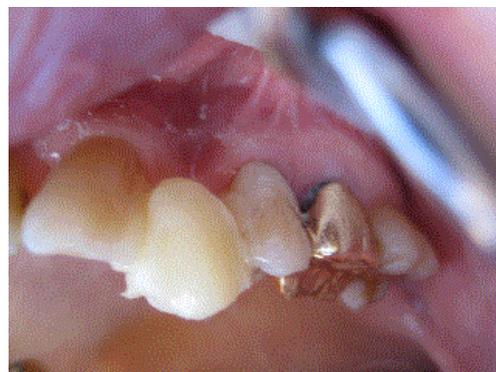
Figure 4 shows the “Winged Pontic” first premolar #12 with attachment composite applied to the proximal surfaces ready for insertion between #11 and #13, but only after preparation of the support teeth #11 and #13 for decay and surface cleanliness.



**Figure 4:** “Winged Pontic” prepared for installation with soft composite on Proximals.

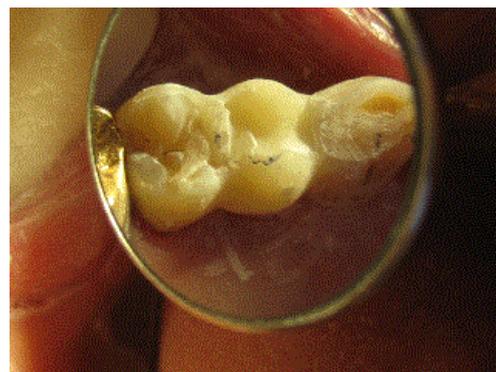
After treating the enamel of support teeth #11 and #13 with etchant, water cleaning and drying, old existing composites are silanated with Carlson Bridge® “Winged Pontic” Bond Enhancer and then a coat of

clear resin and attachment composite are applied to proximal surfaces (Figure 5).



**Figure 5:** Once proximals of #11 and #13 are readied, the “WP” is installed.

The prefab “Winged Pontic” has first been etched for 30 seconds, cleaned with water, next treated with the CB® “WP” Bond Enhancer, clear resin is applied, followed by attachment composite application to proximal surfaces (Figure 4). The “Winged Pontic” is now ready for insertion between the support teeth (Figure 5). The prefabricated, pretreated “Winged Pontic” is carried to the space and inserted in the predetermined line of draw (Figure 5 and 6). The attachment composite is smoothed over all aspects of the pontic and support teeth and then light cured. The “Winged Pontic” is layered over with finishing composite, if needed. This is a time when creative artistic skills may be applied. Once cured, the occlusion is checked and adjusted in all excursions. Various flame shaped finishing diamonds are used for characterization (Figure 6).



**Figure 6:** Once full insertion complete curing takes place and adjusting begins.

Final polish may be done with fine finishing diamonds 25 micron and 50 micron, and rubber wheels. Final results are demonstrated in (Figure 7 and 8).



Figure 7: Final adjusting and polishing of the Carlson Bridge® “WP”.



Figure 8: Occlusal view of the finished composite bridge.

### Summation

This process, the Carlson Bridge® “Winged Pontic” tooth replacement system may open doors to new possibilities in the way dentists practice [6]. Biosynthetic tissue engineering seems to be the leading edge in dentistry today, but only as an adjunct to other technical procedures carried out in the dental office, such as implants,

flippers, or traditional porcelain veneer bridges. Resin composite materials are the closest to dentine and enamel in their strengths witnessed by their flexural modulus, compressive strengths and wear capacities. With this new methodology, it may also be a pleasant experience for the patient who can shorten his or her time in the dental chair and come away with an immediate dental cosmetic enhancement. Additionally, it will not create a financial burden or, require extensive healing time or unnecessary oral discomfort. It is also beneficial to the dental practitioner since the procedure is shorter in duration, therefore physically less demanding, less complicated in that intricate tooth preparations are unnecessary, and ultimately more rewarding creatively, artistically and remuneratively [7]. As with the new restorative composite systems of direct composite restorations the “Winged Pontic” prefab system offers a choice for the doctor and the patient regarding complex treatment plans and procedures. In this day and age of limited dental health budgets, it is an idea whose time has come. In senior populations health issues as well as costs are a major consideration in replacement of missing teeth. We have perfected the methodology for a one appointment, minimal time in the chair, direct composite bridge we identify as the Carlson Bridge® “Winged Pontic” tooth replacement system for one or more missing teeth. We present this short article with the intention of encouraging others to use this non-invasive, artistically satisfying and relatively inexpensive system not only for seniors, special needs people, but in young and middle age people as well.

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