Discoid Lupus Erythematous Leading to Widespread Scarring Alopecia

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Image Article

A 30-year-old woman presented with a 10 years history of skin lesions on the scalp. Physical examination revealed an extensive area of cicatricial alopecia with erythematous scaly plaques, atrophy and hiperpigmentation. Histopathology confirmed the diagnosis of discoid lupus. The clinical diagnosis of patient with late stages of scarring alopecia may be challenging. The extended areas of residual atrophy can be very similar among different diseases. In this case, the clinical diagnosis is clear considering the presence of some active round plaques, areas with hiperpigmentation and the presence of lesion on the conchal bowl, elements that are characteristic of lupus discoid [1,2] (Figures 1 and 2).

Figure 1: Discoid lupus erythematosus leading to widespread scarring alopecia.

Figure 2: Discoid lupus erythematosus leading to widespread scarring alopecia [Side view].

References