



## Do You Need to be a Scientist in These Days to Believe in God?

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A certain sage told me a story concerning a family of birds and his cat. He could observe their nest when he relaxed on his terrace; however, he was not the only one who watched this tiny family with curiosity. His cat also observed the birds and even showed some signs of satisfaction when their young appeared. And, in this way, during the following weeks the man and the cat watched furtively as to what was going on in the bird family. The wise man told me about their parents' devotion – their instinct to care for and feed their offspring, and about the love which radiated from this little home. The young birdies either played with one another or fought the rest of the time, but always when food was at hand each of them stretched their head to appear like the hungriest one to their parents; as if to illustrate that they may die if they do not get something into their beaks. In those days the cat quite frequently spied on the young and despite being scared away many times by the parents she continually, with her feline stubbornness, peeped into the nest. And as she looked at it from her perspective, those adult birds bred for her a tasty morsel. At a later time my friend began to be able to tell the young birds apart, and, observing their development and their nature, he realised that the day of an exam will inevitably come for them, for which his cat waited as well. This first flight from the cosy nest – on the one hand a day of liberation, on the other something which might prove to be out of their depth. So, he had an opportunity to watch on this exam, but not only he but the cat too. He wished very much for them that they would pass this exam; however, the first birdie failed to reach the roof and fell on the ground directly into the paws of the cat. My friend started immediately to help the bird, but how could two legs compare to four? And although the others passed the exam, the first nestling made it evident to him how important the stage of youth turns out to be for us people. Being a child most of us are supplied with everything we need. He recognized how big an impact the youthful years – this short period of preparation for adulthood – has on the future course of life. What we go through during these several years is often irreversible in future life.

Here, at this point of in my deliberations, I face the necessity of asking the reader a question concerning his or her spirituality. Do you believe that you are the body? Or, do you believe that your body is given to you in order to be physically on this planet? If it is given to us, by whom is it given? Is it by this higher Authority, by a supernatural Being, by Nature, or by God? It does not matter what we call Him, it was He who created a bird and a cat – and we, as human beings, possessing all this technology, are not capable of making a similar creature. Indeed, even the construction of a stalk of wheat is technologically too advanced for us. Yes, many of you can name lots of “miracles of technology”, I agree, but let me ask you a question: why are there so many scientist who believe in God? Werner Heisenberg, a Nobel Prize winner, comes to my mind. He said: “The first gulp from the glass of natural sciences will turn you into an atheist, but at the bottom of the glass God is waiting for you.” But why is the surrounding world progressing to the point where, to believe in God, you need to be a scientist which is on a Nobel-Prize level. Is this pursuit not connected, by the way, directly with a concept of materialism and a worldwide tendency to seek luxury, exalting your own ego with the obtrusive slogan: “you only live once, so live your life to the fullest.”?

Skimming through daily news, I can see clearly that people seem

to be living burdened by fear – fear of death. I was lucky enough to have managed to find some sources of good, positive information, but many others do not even have enough strength to look for it any more. Would it not be easier to believe that our earthly life here is nothing but the beginning, a youthful phase in our spiritual development? God takes care of us and prepares us for this earthly life, which is filled with something more than just greedy cats waiting for an easy morsel. He knows how important for our lives these several dozen years are, and equips each of us with a physical body which is supposed to serve us on this planet. Let us imagine for a while that we are a princess and a prince who own servants. How many thoughts would run through our minds? How many of those would be good ones and how many would be related to our own supremacy and that we can do whatever we like with the servants? Yet can we really do everything we want? If we dismiss all the servants, who will remain? Should we not rather take care of these people, the ones who do the donkey work for us? For this reason then, I now ask the question: why have we forgotten to take care of our bodies? After all, here, in this physical plane it is the body which does the donkey work for us. I agree that physical activity is necessary, appropriate diet, etc., but we also absorb all surrounding us information via all our senses. Continuously our brain processes millions of bytes of information, and it is getting more and more. We begin to arm ourselves with the latest smartphones, fast computers and “intelligent” kitchen appliances only to relieve our brains. Did any of us feel actually relieved in our brains after being supplied with faster access to the Internet? At present new research findings appear which prove that people are getting more and more addicted to the information stored in the virtual cloud. Are the psychologists not aware of the fact that millions of people cannot imagine their lives without the Internet, as they believe it to be indestructible? Why do we keep forgetting about the heart, which “propels” the entire organism, and without which the brain would not be able to function? It is the heart by which we perceive all these feelings that surround us, and ultimately this is the only organ in the body that is able to reverse everything. However the 30 centimetres which separates the brain from the heart is the most remote distance, virtually impossible to cover. They think so because they believe in what they see and hear. They forgot about feelings and faith, which they associate with religion too much. A simple man – Bruno Gröning, a figure that was in the centre of interest (in Europe at the least) in the middle of the last century, said that God is not a Muslim nor a Buddhist, He is not a Catholic nor a Protestant either. God did not invent religion – people did that. Do you really need to associate yourself with some religion to

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have faith? Do you really need to be a scientist and a Nobel Prize winner to perceive God at the bottom of the glass?

No. This worldwide materialistic stampede can be reversed. It may last one or more generations, but this downfall can be stopped. A few might smirk and say that I try to bite off more than I can chew. Perhaps, this is their right to smirk when and where they want. I have neither the desire nor the right to take it away from them. However, I have learned to check within myself, in my body, through my heart where to take my next step. This activity is child's play and, it was equally simple to teach my kids to act in this manner. I have understood that the time of their youth in their physical bodies, the period which I am responsible for, is absolutely decisive for their future lives. And this is the very time when I am preparing them to leave the nest to fly onto the roof of a house nearby. I have faith that when they have spread their wings, my children will have all the inner strength to be able to cover this distance on their own; not too close to the sun and not too close to the ocean. They are not Nobel Prize winners, on contrary, they have only started taking the teachings from those who should set an example for them; nevertheless, they believe in God and in the fact that the time here on this earth is only a period granted to them by God. And they can, by their own will,

separate themselves from all that is surrounding them and surrender to the influence of this divine force which has created everything and puts everything into motion. They can also see in Mother Nature the hand of the the one who created her, takes care of her and feeds her. If you realise that the human body is the crown of creation, the Creator must take care of it in the same way as he does it with birds and cats, let alone plants and other creations of His. This is love which is the driving force of the changes, and, nowadays, it is only this which can protect the human race from extinction.

Some readers might say that everything I have written here is superficial and lacks scientific evidence. It is actually you that I direct my question to: "Do you really need scientific evidence as far as upbringing of children is concerned?" Or, should this primordial parental instinct also be replaced by machines? Well, we are not far from that. I do believe, however, that this turn around towards true family values and parental love, as well as time devoted to nurturing our children and getting them ready for the first flight, will reverse what is surrounding us now. I also believe that it will help many to open up their hearts to the love of God, our Creator and make people realize what they are here for. This is what I wish for the readers, and myself, too. Thank you.

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