Early Predictors of Transient Tachypnea of Newborn
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Abstract

Background: Early diagnosis of transient tachypnea of newborn (TTN) is important for early treatment and good prognosis, but it is misdiagnosed with some diseases that occur in neonates like neonatal sepsis. 

Aim: The study aims at investigating lactate, lactate dehydrogenase (LDH) and cystatin-C (Cys-C) as markers for early diagnosis of TTN.

Patients and methods: Blood samples taken within 1 hour after birth from 40 neonates who later developed TTN and from 40 neonates who did not develop TTN as a control group. Eighty neonates who were admitted to the NICU at Tanta University Hospital with gestational age above 37 weeks during the period 12 months (from December 2011 to May 2012, were included in this study. Neonates with RD during the first 24 hours of life constituted the patient group (n=40; 28 male; 12 female) and neonates without respiratory problems constituted the control group (n=40; 20 male; 20 female), written informed consent was obtained from all parents.

Results: Babies with TTN showed significantly higher levels of lactate, lactate dehydrogenase activity (LDH) and cystatin-C (Cys-C) level (P<0.05) in their serum than babies without TTN who act as a control group. When using the value of 2.2 μmol/L for serum lactate as a cutoff value the sensitivity was 92%, the specificity was 85%, the +PV% was 87% and the -PV% was 81% and the accuracy was 88. When using the value of 920 IU/L for serum LDH as a cutoff value the sensitivity was 94%, the specificity was 87%, the +PV% was 89% and the -PV% was 82% and the accuracy was 90. When using the value of 1.73 μg/mL for Cyst-C as a cutoff value the sensitivity was 90%, the specificity was 90%, the +PV% was 94% and the -PV% was 87% and the accuracy was 92%.

Conclusion: Serum lactate level, LDH activity and Cys-C level increased in babies with TTN if compared with babies without TTN. Hence lactate, LDH and Cys-C can be used for early diagnosis of TTN and early treatment with better prognosis.

Keywords: Transient tachypnea of newborn; Lactate; Lactate dehydrogenase; Cystatin-C

Introduction

Transient tachypnea of the newborn (TTN) is a neonatal lung disease which has a picture of lung edema due to delayed resorption of lung fluids [1]. TTN is an important cause of respiratory distress in the neonates [2]. Most of the cases are benign, self-limited, but there are rare incidence of developing sever respiratory distress which denotes that the neonate had malignant TTN [3].

The mechanism of clearing alveolar fluid in the fetus is mainly occur through and after labor. During late pregnancy, as a result of increased secretion of epinehrines and other hormones, the neonatal mature lung switches from secreting fluid into the air spaces to starting reabsorbing it [4,5].

The resorption of neonatal lung liquid also occurs after birth because of changes of the oncotic pressure between alveoli, interstitial tissue and small blood vessels.

Delayed resorption of lung fluid in the fetus is considered the main cause of TTN where the fluid fills the air spaces and moves into the interstitial tissue, perivascular tissues and interlobar fissures until it is drained by the lymphatics or capillaries. The excess lung fluid in TTN results in decreased lung functions. Tachypnea will occur to compensate for decrease gas exchange associated with increased lung fluid [6-8].

Some markers which result from hypoxia-ischaemia induced cell damage in affected organs can be used for early prediction of TTN. Lactate dehydrogenase (LDH), lactate and also cystatin-C (Cys-C) are good predictors of hypoxia-ischaemia of the affected organs [9]. LDH is an enzyme found in the cells of several body tissues, including the heart, liver, kidneys, lung, brain, red blood cells and muscle. It is responsible for changing muscle lactic acid into pyruvic acid, which is an important step in producing energy in the cells [10]. Lactic acidosis occurs when the production of lactate exceeds lactate clearance. The increase in production of lactate is usually caused by tissue hypoxia, either from decreased oxygen supply or a defect in oxygen metabolism because of depression of the mitochondrial pyruvate dehydrogenase complex, which ultimately lead to increased anaerobic metabolism [11].

Cystatin C is a non-glycosylated low molecular weight protein manufactured by nucleated cells at a constant rate, easily filtered by the glomeruli, and destructed in the tubuli [12]. Cystatin C serum concentration is independent of gender or muscle mass and not affected by jaundice or most of neonatal diseases [13,14]. Also, very low individual variation of cystatin C in controls [15].

The study aims at investigating lactate, LDH and Cys-C as markers for early diagnosis of TTN.

Aim of the Study

The present study aims at investigating lactate, LDH and Cys-C as markers for early diagnosis of TTN.

Patients and Methods

Eighty neonates who were admitted to the NICU at Tanta University Hospital with gestational age above 37 weeks during the period 12 months (from December 2011 to May 2012, were...
included in this study. Neonates with RD during the first 24 hours of life constituted the patient group (n=40; 28 male; 12 female) and neonates without respiratory problems constituted the control group (n=40; 20 male; 20 female), written informed consent was obtained from all parents. The classic TTN was defined in the study according to the following inclusion criteria adopted from the literature [16-21]. The following infants were excluded from the study: infants with an antenatal history suggestive of chorioamnionitis or maternal infection, significant congenital malformation, infants with a history of meconium at delivery who required intubation and endotracheal suctioning, a low enough Apgar score to require advanced resuscitation, chest X-ray finding denoting of pneumonia, which is not the same with the radiological features of TTN, infants who required mechanical ventilation, and those who showed signs of early neonatal septicamia. All infants in the study received an initial blood gas, complete blood count, C-reactive protein (CRP), blood culture and chest X-ray at four hours of age if respiratory signs persisted (Table 1).

Results

Table 2 shows the characteristics of the study group.

Table 3 shows that serum lactate are higher in TTN babies in comparison with controls.

Table 4 shows that serum LDH are higher in TTN babies in comparison with controls.

Table 5 shows that serum Cys-C are higher in TTN babies in comparison with controls.

Table 6 shows significant positive correlation between serum levels of lactate, LDH and Cys-C in TTN patients.

Table 7 shows data of ROC (receiver operating characteristic) curve for serum lactate between the two studied groups. When using the value of 2.2 pg/ml as a cutoff value the sensitivity was 92%, the specificity was 85%, the +PV% was 87% and the -PV% was 81% and the accuracy was 88%.

Table 8 shows data of ROC curve for serum LDH between the two studied groups. When using the value of 920 IU/L as a cutoff value the sensitivity was 94%, the specificity was 87%, the +PV% was 89% and the -PV% was 82% and the accuracy was 90.

Table 9 show data of ROC curve for serum Cyst-C between the two studied groups. When using the value of 1.73 mg/L as a cutoff value the sensitivity was 96%, the specificity was 90%, the +PV% was 94% and the -PV% was 87% and the accuracy was 92.

Discussion

Transient tachypnea of the newborn is an important cause of respiratory distress in neonates. Delayed resorption of lung fluid after delivery is considered the main etiology in TTN [1].

Statistical analysis

It was performed by using SPSS for Windows, version 17. Data were expressed as range and mean ± standard deviation (SD) or numbers and percentages. Differences between groups in continuous variables were tested for significance with paired t-test while univariate analysis was done with the Chi-square test. For all statistical tests done, P value <0.05 was considered significant. Linear correlation coefficient was used to assess different correlations. Receiver operating characteristics (ROC) analysis was used to identify the optimal threshold values of the studied parameters.
In our study, we observed a significant increase in the levels of lactate and LDH levels in neonates with TTN which is predisposed by perinatal hypoxia in comparison with the neonates in the control group and this in agreement with studies done on Lactate dehydrogenase in predicting hypoxic ischemic encephalopathy in newborn infants [27,9].

There are several risk factors that aggravate TTN symptoms such as male sex, Cesarean section delivery, low Apgar score, perinatal hypoxia. Lactate and Lactate dehydrogenase have also been implicated in a few studies [28].

The Cys C level is especially useful in neonates, and unlike serum Cr, it is unaffected by gestational age or maternal GFR [29].

In our study we observed a significant increase in the Cyst-C levels in neonates with TTN in comparison with the neonates in the control group and this in agreement with studies done serum Cys C which showed significant correlations with TTN symptom duration, which suggests an association between renal function and TTN symptom duration. We conclude that lactate, LDH and Cyst-C might be useful for early detection of TTN patient with early treatment and better prognosis.

Conclusion

In conclusion serum lactate level, LDH activity and Cys-C level increased in babies with TTN if compared with babies without TTN. Hence lactate,LDH and Cys-C can be used for early diagnosis of TTN and early treatment with better prognosis and also to differentiate between TTN pitfalls and other neonatal diseases with different lines of treatment.

References


Table 3: Comparison of serum lactate level (mmol/L) of patient and control group (each of 40 neonates).

<table>
<thead>
<tr>
<th>Groups</th>
<th>Lactate</th>
<th>T-test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Range</td>
<td>Mean ± SD</td>
</tr>
<tr>
<td>Controls</td>
<td>1.8 -</td>
<td>2.2 ± 0.35</td>
</tr>
<tr>
<td>Patients</td>
<td>2.2 -</td>
<td>2.6 ± 0.18</td>
</tr>
</tbody>
</table>

*P value < 0.05 is significant

Table 4: Comparison of serum LDH level (IU/L) of patient and control group (each of 40 neonates).

<table>
<thead>
<tr>
<th>Groups</th>
<th>LDH</th>
<th>T-test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Range</td>
<td>Mean ± SD</td>
</tr>
<tr>
<td>Controls</td>
<td>750 -</td>
<td>920 ± 140</td>
</tr>
<tr>
<td>Patients</td>
<td>920 -</td>
<td>1190 ± 150</td>
</tr>
</tbody>
</table>

*P value < 0.05 is significant

Table 5: Comparison of serum Cystatin-c level (mg/ L) of patient and control group (each of 40 neonates).

<table>
<thead>
<tr>
<th>Groups</th>
<th>Cystatin-C</th>
<th>T-test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Range</td>
<td>Mean ± SD</td>
</tr>
<tr>
<td>Controls</td>
<td>1.3 -</td>
<td>1.7 ± 0.2</td>
</tr>
<tr>
<td>Patients</td>
<td>1.72 -</td>
<td>2.05 ± 0.15</td>
</tr>
</tbody>
</table>

*P value < 0.05 is significant

Table 6: Correlation between Lactate(mmol/L), LDH level (IU/L) and Cystatin-c level (mg/ L).

<table>
<thead>
<tr>
<th>Cystatin-C</th>
<th>Lactate</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>r</td>
</tr>
<tr>
<td>Lactate</td>
<td>0.542</td>
</tr>
<tr>
<td>LDH</td>
<td>0.651</td>
</tr>
</tbody>
</table>

Table 7: ROC curve between patient and control group as regard lactate.

<table>
<thead>
<tr>
<th>Cutoff</th>
<th>Sensitivity</th>
<th>Specificity</th>
<th>Positive predictive value</th>
<th>Negative predictive value</th>
<th>Accuracy</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt; 2.2</td>
<td>92%</td>
<td>85%</td>
<td>87%</td>
<td>81%</td>
<td>88%</td>
</tr>
</tbody>
</table>

Table 8: ROC curve between patient and control group as regard LDH.

<table>
<thead>
<tr>
<th>Cutoff</th>
<th>Sens</th>
<th>Spec.</th>
<th>PPV</th>
<th>NPV</th>
<th>Accuracy</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt; 920</td>
<td>94%</td>
<td>87%</td>
<td>89%</td>
<td>82%</td>
<td>90%</td>
</tr>
</tbody>
</table>

Table 9: ROC curve between patient and control group as regard Cyst-C.

The TTN has been reported to occur more frequently in full-term or near-term infants, cesarean delivery, maternal sedation, perinatal asphyxia and male infant [24].

In our study, we observed a high incidence of TTN neonates who were delivered by CS which is one of the most important risk factors of TTN and this results were in agreement with many other studies which also stated that most of the cases of TTN are born by CS [24-28].

In our study we observed a positive correlation between the levels of lactate and LDH levels and the occurrence of TTN and this results were in agreement with the studies which demonstrated a positive correlation with perinatal asphyxia with increased levels of lactate and LDH and the occurrence of TTN [25].

In our study we observed a significant increase in the lactate and LDH levels in neonates with TTN in comparison with the neonates in the control group and this in agreement with studies done on another marker which is N-terminal pro-B-type natriuretic peptide in predicting the severity of TTN [26].

In our study, we observed a significant increase in the levels of lactate and LDH levels in neonates with TTN which is predisposed by perinatal hypoxia in comparison with the neonates in the control group and this in agreement with studies done on Lactate dehydrogenase in predicting hypoxic ischemic encephalopathy in newborn infants [27,9].