

## Welcome Clinicians and Researchers to this Edition of the Journal of Psychology & Psychotherapy

Kathy Sexton-Radek\*

Elmhurst College, Psychology Department, USA

### Editorial

This issue contains a diversity of article themes addressing issues of the psychological and psychotherapeutic process. The articles range from a focus on theory, treatment, demographics of patients and therapist enrichment. You will note from the reading of this issue of the Journal that an alternate presentation of each published article appears in terms of investigations of patient perspectives on the therapeutic process such as pain level, use of alcohol symptoms that address the technical aspects of the therapeutic process such as new applications of CBT, in process formulation assessment and group therapy for therapist enrichment [1-14].

I trust you will discover the clinical insights based on your readings of the articles as well as an enhanced of your knowledge of research findings about the therapeutic process and patient variables. I invite your focused reading on the wonderful Clinical Scholarship presented in this issue of the Journal of Psychology & Psychotherapy.

### References

1. McGee MD (2016) Contemporary formulation-based assessment and treatment: A framework for clinical discourse. *J Psychol Psychother* 6: 259.
2. Rofail D, Myers L, Froggatt D (2016) Treatment satisfaction and dissatisfaction in chronic low back pain: A systematic review. *J Psychol Psychother* 6: 260.
3. Patwardhan A (2016) Is the integration of yoga with psychotherapy compatible? What are the risks? *J Psychol Psychother* 6: 261.
4. Bibi S, Ali U (2016) Management of bipolar I disorder through CBT (Cognitive Behaviour Therapy): A case report. *J Psychol Psychother* 6: 262.
5. Theodosiou-Tryfonidou A (2016) "The dirty rain, the fire and the ghosts of the forest as the surfacing, alienated self": A case-study of an alienated child. *J Psychol Psychother* 6: 263.
6. Keller ME (2016) "If it's Wednesday it must be group night": A case for peer consultation – Counter transference groups throughout the professional life span of the psychologist. *J Psychol Psychother* 6: 264.
7. Cascio MI, Alaimo SM (2016) The relationship between attachment styles, emotional dysregulation and metacognitive functions in patients with personality disorders. *J Psychol Psychother* 6: 265.
8. Beckwé M, Deroost N (2016) Induced worrying impairs updating efficiency. *J Psychol Psychother* 6: 266.
9. Moinuddin A, Goel A, Saini S, Bajpai A, Misra R (2016) Alcohol consumption and gender: A critical review. *J Psychol Psychother* 6: 267.
10. Beckwé M, Deroost N (2016) Worrying facilitates correct and false memories about negative information. *J Psychol Psychother* 6: 268.
11. Brandalise MH, Barbosa G, Centeno RS, Yacubian EMT, de Araujo Filho GM (2016) Depressive and anxiety symptoms exert negative impact on resilience to stressful events in patients with refractory temporal lobe epilepsy with late seizure recurrence after surgery. *J Psychol Psychother* 6: 269.
12. Johnson R (2016) Culturally responsive family therapy with post-risk assessment juvenile fire setting and bomb making: A forensic psychology paradigm. *J Psychol Psychother* 6: 270.
13. van Dijke A, Lenstra S, Wineke J, Ford JD (2016) Cognitive-emotional functioning in somatic symptom and related disorders: Self-reports versus observer-rated findings. *J Psychol Psychother* 6: 271.
14. Kenny DT (2016) Short-term psychodynamic psychotherapy (STPP) for a severely performance anxious musician: A case report. *J Psychol Psychother* 6: 272.

\*Corresponding author: Kathy Sexton-Radek, Elmhurst College, Psychology Department, USA, Tel: 630-789-9785; Fax: 630-789-9798; E-mail: [kathysr@elmhurst.edu](mailto:kathysr@elmhurst.edu)

Received August 08, 2016; Accepted August 08, 2016; Published August 09, 2016

Citation: Sexton-Radek K (2016) Welcome Clinicians and Researchers to this Edition of the Journal of Psychology & Psychotherapy. *J Psychol Psychother* 6: e110. doi:10.4172/2161-0487.1000e110

Copyright: © 2016 Sexton-Radek K. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.