HMGB1 as an Innate Alarmin Promotes Autoimmune Progress: An Essential Role in the Pathogenesis of Type 1 Diabetes

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Keywords: HMGB1; Type 1 diabetes; Autoimmune response; β cell

High-Mobility Group Box 1 Protein (HMGB1) is a chromatin associated nuclear protein which was previously thought to function only as a nuclear factor that enhances transcription [1,2]. Recent findings indicate that HMGB1 also acts as an endogenous "danger signal" (alarmin) to alert the innate immune system for the initiation of host defense or tissue repair [3]. HMGB1 was demonstrated to be either passively released or actively secreted and functioned as an inflammatory cytokine. When released from damaged cells or activated immune cells, it activates a variety of immune cells including dendritic cells (DCs), macrophages, neutrophils, and T cells. It has been suggested that HMGB1 is involved in the pathogenesis of multiple autoimmune diseases including Systemic Lupus Erythematosus (SLE), Rheumatoid Arthritis (RA), and Experimental Allergic Encephalomyelitis (EAE) [4,5]. We recently demonstrated that HMGB1 is also implicated in the development of type 1 diabetes via activating innate immune response [5,6].

HMGB1 belongs to a family of non-histone chromatin associated nuclear proteins, High Mobility Group (HMG) nuclear protein family. It was discovered as a specific regulator of gene expression in 1973 [7]. HMGB1 is an evolutionarily conserved chromosomal protein, sharing 100% amino acid (AA) identity between mice and rats, and 99% AA identity between rodents and humans. As a nuclear factor, HMGB1 exerts diverse cellular functions such as regulating nucleosomal structure and controlling DNA transcription [1,2,8-11]. HMGB1 has two 80-amino acid DNA binding domains (A-box and B-box) and a C-terminal acidic tail (Figure 1). The two boxes are responsible for the DNA binding and stabilization of nucleosomal structure, while the C-terminal acidic tail is important for the transcription stimulatory activity of HMGB1 [5,12-15]. Wang and coworkers re-discovered HMGB1 as a late mediator of lethal septic shock [3]. HMGB1 was found to be increased in the circulation of septic mice and patients. The administration of HMGB1 was lethal in mice. Challenge of endotoxin, Tumor Necrosis Factor (TNF), and Interleukin-1 (IL-1) induced the release of HMGB1 from macrophages. Blockade of HMGB1 by neutralizing antibodies protected mice from endotoxin-induced septic shock [3]. Further studies demonstrated that HMGB1 released from damaged tissue or cell serves as a "danger signal" to alert the innate immune system for exogenous pathogen invasion, endogenous tissue injury, or the presence of inflammatory mediators. Immune system then initiates host defense or tissue repair processes.

Right after re-discover as an innate alarmin, HMGB1 was suggested to be involved in a variety of autoimmune diseases such as Systemic Lupus Erythematosus (SLE) [16], Rheumatoid Arthritis (RA) [17,18], and Experimental Allergic Encephalomyelitis (EAE) [19]. Using a spontaneous type 1 diabetes animal model (Non-Obese Diabetic mouse, NOD mouse), we demonstrated an essential role of HMGB1 in the development of type 1 diabetes [5,6]. Defects in apoptotic β cell clearance have been considered as an important cause of type 1 diabetes [20-24], although the underlying mechanisms remain elusive. To illustrate the importance of HMGB1 in this process, we confirmed that HMGB1 could be passive released by apoptotic β cells, not only by necrotic cells [6]. Defective clearance of apoptotic β cells may thereby results in the accumulation of extracellular HMGB1. The release of HMGB1 subsequently induces DC maturation which can further initiate an immune response against β cell antigen in susceptible individuals. In addition to the passive release from damaged β cells, HMGB1 is also released from autoimmune cells by active secretion. Using a neutralizing antibody, we demonstrated that blockade of HMGB1 decreased the incidence of spontaneous T1D, delayed its onset, and reduced the severity of insulitis. To further illustrate the underlying mechanism, we detected DC and T cell subpopulations and found HMGB1 neutralization reduced CD11c+CD11b+ DCs in Pancreatic LyphoNode (PLN), a subpopulation involved in islet antigen presentation. HMGB1 blockade also increased CD4+ Foxp3+ regulatory T cells in PLN and CD11c+CD11b+ DCs, a tolerogenic subset of DCs, in spleen. Interestingly, CD8+ IFNγ+ cytotoxic T cells were increased in the PLN and spleen of mice treated with HMGB1 neutralizing antibody, suggesting a retarded migration of activated auto-reactive T cells into the pancreatic islets [6]. Consistent with our findings, blockade of RAGE, a receptor for HMGB1, can also delay the recurrent diabetes in syngeneic islet transplantation and prevent transfer diabetes [25].

Inflammatory response begins with recognition of life-threatening events called "danger signals". According to their origin, those "danger signals" can be categorized into two classes: Pathogen-Associated Molecular Pattern (PAMP) and Damage-Associated Molecular Pattern (DAMP). PAMPs are exogenous molecules derived from life-source are credited.

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Received: November 23, 2012; Accepted November 24, 2012; Published November 27, 2012

Citation: Zhong J (2013) HMGB1 as an Innate Alarmin Promotes Autoimmune Progress: An Essential Role in the Pathogenesis of Type 1 Diabetes. J Biomol Res Ther 2: e108. doi:10.4172/2167-7956.1000e108

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threatening pathogens such as lipopolysaccharide (LPS) and viral RNA, while DAMPs (also called as alarmins) are endogenous molecules released from damaged cells or tissues such as Heat Shock Proteins (HSPs). HMGB1 is now considered as a novel DAMP, alerting immune system for a tissue damage caused by either sterile inflammation or exogenous pathogen invasion. HMGB1 could be recognized by many receptors including Receptor for Advanced Glycation End products (RAGE) and some members of the Toll-like family of receptors [5,26].

Based on its importance in orchestrating immune responses, HMGB1 has been proposed to be involved in a variety of diseases. In case of autoimmune diabetes, a defective clearance of apoptotic β cells results in the release of HMGB1, which subsequently activates immune cells such as DCs and macrophages. Activated DCs and macrophages in turn actively secrete HMGB1 to amplify the immune response. The amplified immune reaction against apoptotic β cell then results in an autoimmune response against β-cell-derived self antigens in genetically susceptible individuals.

Acknowledgements

This work is supported by the National Natural Science Foundation of China (No. 81101553/ H1604). The author declares no competing financial interest.

References