Inhibition of Soluble Epoxide Hydrolase as a Novel Approach to High Dose Diazepam Induced Hypotension

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Abstract

Context: Hypotension is one of the dose limiting side effects of benzodiazepines (BZDs), in particular of diazepam (DZP) which is still widely used in the clinic. Currently, only one FDA approved antidote exists for BZD overdose and novel approaches are needed to improve management of DZP overdose, dependency and withdrawal.

Objective: Here, we hypothesized that increasing bioactive lipid mediators termed epoxy fatty acids (EpFAs) will prevent hypotension, as was shown previously in a murine model of LPS-induced hypotension. Therefore, we first characterized the time and dose dependent profile of DZP induced hypotension in mice, and then investigated the reversal of the hypotensive effect by inhibiting the soluble epoxide hydrolase (sEH), an enzyme that regulates the levels of EpFAs.

Materials and Methods: Following baseline systolic BP recording using tail cuffs, mice were administered a sEH inhibitor (TPPU) before DZP and BP was monitored. Blood and brain levels of DZP and TPPU were quantified to examine distribution and metabolism. Plasma EpFAs levels were quantified to determine TPPU target engagement.

Results: In this murine model, DZP induced dose dependent hypotension which was more severe than midazolam. The temporal profile was consistent with the reported pharmacokinetics/pharmacodynamics of DZP. Treatment with TPPU reversed the hypotension resulting from high doses of DZP and decreased the sEH metabolites of EpFAs in the plasma demonstrating target engagement.

Discussion and Conclusion: Overall, these findings demonstrate the similarity of a murine model of DZP induced hypotension to clinical observations in humans. Furthermore, we demonstrate that stabilization of EpFAs by inhibiting sEH is a novel approach to overcome DZP-induced hypotension and this beneficial effect can be enhanced by an omega three diet probably acting through epoxide metabolites of the fatty acids.

Introduction

Benzodiazepines (BZDs) are the most frequently prescribed psychoactive agents that are used to treat a number of conditions including anxiety, insomnia, seizures and alcohol dependence [1,2]. They are among the drugs of first choice for several epileptic conditions because of their rapid onset of action, high efficacy and favorable risk to benefit ratio. BZDs are allosteric modulators of the GABA<sub>A</sub> chloride channel complex (gamma aminobutyric acid), which increase the affinity of this receptor channel to the neurotransmitter GABA [1]. The BZD binding site of the GABA channel is a well exploited target with a number of registered BZD drugs, which have different potencies and toxicities.

Although BZDs have been extremely useful in the treatment of major diseases, the dose limiting adverse effects such as dependence, tolerance, hypotension, and loss of consciousness leave room for improvement on the current standard of care of BZDs [3,4]. Occasionally, BZDs are used in relatively high doses such as antidotes for pesticide or nerve gas poisoning or following overdose. Thus, an antidote for BZDs becomes necessary to prevent lethality [5,6]. In contrast to the availability of multiple BZD drugs the only FDA approved antidote for an overdose of BZDs is flumazenil. Flumazenil competitively inhibits ligand binding at the BZD binding site inside the GABA<sub>A</sub> channel [7]. Expectedly, use of flumazenil may predispose patients to increased sensitivity to seizures or necessitate resedation [8,9].

A rapid and significant decrease in BP is one of the most pronounced side effects of BZDs such as diazepam (DZP). The mechanism of the hypotensive effect of BZDs is largely unknown. While some studies suggest that BZDs have a vasodilatory effect, which may involve binding to GABA receptors, others suggest that BZDs affect peripheral vascular resistance through a decrease in muscle sympathetic nerve activity [10]. This hypotensive effect requires close monitoring and intervention since it could lead to fainting, decreased blood oxygen levels and reduced availability of oxygen to the brain. Because flumazenil use has limitations, an alternative approach...
to safely treat this overdose related toxicity could be positive modulation of BP.

Agents that can be co-administered with BZDs without affecting their potency and pharmacokinetics while reducing fatal hypotension could be tremendously useful in the treatment of cases of overdose and make the BZDs safer for susceptible patient populations such as elderly people and patients with cardiovascular disease already taking antihypertensives. Soluble epoxide hydrolase inhibitors (sEHs) are known to modulate BP. The sEH is a α/β hydrolase fold enzyme that metabolizes a biologically important group of endogenous lipid mediators, namely epoxy fatty acids (EpFAs). These EpFAs have numerous physiological roles such as regulation of vascular resistance and blood flow [11-14], and depending on the context either raise or lower blood pressure (BP) [14-16].

In addition to BP regulating effects, the modest anticonvulsant effects of sEH inhibitors seem to depend on or be related to GABAergic signaling [17]. Systemic inhibition of sEH or intracerebroventricular (i.c.v.) administration of EpFAs, specifically those derived from arachidonic acid selectively delay the onset of GABA antagonist induced but no other types of seizures [17]. Therefore, taking advantage of these properties of the EpFAs and sEHs we asked if DZP induced hypotension could be prevented by inhibiting sEH. We also demonstrate that this murine model is suitable to examine new agents that block hypotension induced by BZDs.

Materials and Methods

Animals and treatments

All animal protocols were approved by the University of California Davis Animal Use and Care Committee, and experiments were carried out in compliance with the National Institutes of Health Guide for the use and care of laboratory animals. Upon arrival to the vivarium, 7 week old mice (Swiss Webster mice, Charles River Laboratories, Wilmington, MA) were acclimated to their new housing environment for one week and kept under a 12 hour light/dark cycle with free access to food and water.

DZP (5 mg/mL, Hospira, Inc., Lake Forest, IL) was dissolved in 40% propylene glycol, 10% ethanol and saline. TPPU (1-trifluoromethoxyphenyl-3-(1-propionylpiperidin-4-yl) urea) was synthesized [18], purified and characterized in-house (a kind gift of Dr Sing Lee from UC Davis) and was dissolved in PEG400 to obtain a clear solution. Mice were injected (i.p.) either with DZP alone at 1, 3 or 10 mg/kg or in combination with TPPU at 3 mg/kg i.p. one hour before administration of DZP at the doses indicated. Midazolam (Hospira, Inc., Lake Forest, IL) was administered at 1.8 and 10 mg/kg doses by intramuscular route using saline as vehicle. Animals that served as controls were given the corresponding vehicle solutions, namely epoxy fatty acids (EpFAs). These EpFAs have numerous physiological roles such as regulation of vascular resistance and blood flow [11-14], and depending on the context either raise or lower blood pressure (BP) [14-16].

BP measurements

Systolic BP (SBP) was measured using a tail cuff volume pressure recording system (8-channel CODA, Kent Scientific, CT) with minor modifications. In our study we selected the tail cuff method instead of direct measurements for BP for several key reasons. Direct measurement methods require either surgery or sedation of the animals which could interfere with the effect of DZP and lead to misinterpretation of the data. Surgical implantation of telemetry probes often cause inflammation which may interfere with the study. Since we are interested in quantification of anti-inflammatory EpFAs, an increase in inflammatory markers such as prostaglandins would potentially affect our results after DZP administration. Moreover, we performed acute treatments and measurements which do not require long term monitoring of BP. Collection of heart rate data was initially not considered as one of the parameters mainly because DZP is known not to influence it [10].

Briefly, restrained animals were maintained on warm heating pads. During the measurements a cloth was placed on the restrainers to maintain heat and to provide a calm environment for the mice. A baseline measurement of 20 cycles was recorded for each animal before any treatment is given. After obtaining a baseline, animals were injected with either PEG400 or TPPU and SBP was measured for another 20 cycles to obtain the change in BP post-PEG400 or TPPU.

One hour after administration of PEG400 or TPPU, DZP was administered and changes in BP were monitored for one hour or 120 cycles. In other experiments SBP was monitored for extended durations by placing the mice into the tail cuff and recording a 20 min period at the beginning of every hour or for the durations indicated in the figure legends.

DZP quantification in tissue and plasma

DZP was quantified in plasma and brain samples by LC/MS analysis, which was performed with a Waters Acuity UPLC (Waters, NY, USA) and TSQ Quantum Access Max mass spectrometer (MS) (Thermo Fisher ScientificTM, Waltham, MA, USA). Sample preparation and LC/MS conditions are detailed in the supplementary data.

Quantification of EpFAs and TPPU

Bioactive lipid mediators also known as oxylipins or TPPU (see LC/MS chromatogram on Figure S 2) from treated animals were extracted from plasma using solid phase extraction and quantified using the QTRAP4000 LC/MS/MS system as described previously [19] with a minor modification, which included a shorter acquisition time to focus on only the most relevant EpFAs and their diol metabolites (26 analytes).

Statistical analysis

All data are reported as mean ± standard error of the mean. To determine differences in BP among the groups repeated measures one-way ANOVA was performed, followed by pairwise comparisons using a post hoc test (i.e. Bonferroni), all of which were performed on Graph Pad Prism software. P values less than 0.05 were considered statistically significant.

Results

Characterization of the murine model of DZP induced hypotension

To determine if BZDs have a hypotensive effect on mice, we tested multiple doses of DZP and midazolam using NIH Swiss mice (Figures 1-3). DZP treatment led to hypotension in mice in a dose dependent manner (Figure 1A-C). Repeated measures one-way ANOVA revealed an overall significant blood pressure lowering effect (F=30, P<0.01)
with significant differences among those treated with different doses of DZP (P<0.01) except for DZP 10 mg/kg versus DZP 3 mg/kg (P>0.05).

Following an acclimation period, 15 min of BP recordings prior to any treatment were assigned as the baseline for each animal. The average baseline SBP was 113 ± 2 (mean ± SEM, n=48 mice) throughout the study. In parallel to observations in patients, all doses of DZP treatment led to a decrease in BP, with the lowest dose displaying a shorter duration of effect. At the higher doses of 3 and 10 mg/kg animals experienced a more prominent and sudden drop in BP within 5 min after administration of DZP (Figure 1B and 1C) and the hypotensive effect lasted significantly longer. For several individual DZP treated mice the SBP was at or under the limit of detection (60 mmHg) of the tail cuff volume-pressure recording system and these were recorded as 60 mmHg and are included in the data set. At the 3 mg/kg DZP dose several periods of more intense hypotension were consistently observed, while at the 10 mg/kg dose the BP was reduced maximally and remained low throughout the rest of the 90 min recording period. Overall, hypotension induced by 3 and 10 mg/kg of DZP lowered SBP by approximately half of the baseline with a longer recovery period, while 1 mg/kg of DZP led to 10-20% decrease from baseline with a 10 min recovery time.

Figure 1: DZP induced hypotension is dose dependent and reversible by TPPU. Dose dependent effects of DZP on blood pressure are displayed for A. 1 mg/kg, B. 3 mg/kg and C. 10 mg/kg doses. Upon obtaining baseline BP (data before the break on the x-axis), mice were administered TPPU (i.p., 3 mg/kg) or vehicle (PEG400) 1 h before injection of DZP at varying dosages. Post-PEG400 or TPPU blood pressure was recorded for 20-23 cycles (between 45-60 min). Then, DZP was administered and BP was recorded following 5 min after DZP injections. Timeline of the experiment is illustrated on panel A. Data are mean ± SEM, n=6/group. D. Lipid epoxides such as EETs are endogenous chemical mediators known to return high blood pressure to normotensive levels. EETs are rapidly converted to DHETs by soluble epoxide hydrolase (sEH). This degradation is blocked by TPPU.

To further understand the duration of DZP induced hypotension mice treated with the 3 and 10 mg/kg DZP and were intermittently monitored over a period of 24 h (Figure 2 and 3). At 5 and 6 h post DZP, BP was still below baseline in mice treated with 3 and 10 mg/kg DZP and there was full recovery at 24 h post treatment. In addition to the first 100 min after DZP (Figure 1), we performed another repeated measures one-way ANOVA that included data collected on all time points from baseline to 24 hours. This analysis revealed a significant...
difference among the treatment groups ($F=140.7, P<0.01$). Pairwise comparisons showed a significant difference between DZP 10 mg/kg versus DZP 3 mg/kg and between animals treated with DZP versus DZP+TPPU within each DZP dose group ($P<0.01$).

![Figure 2: DZP induced hypotension lasts for at least 6 h. Time dependent effects of DZP at 3 mg/kg dose with or without TPPU on blood pressure (n=6 per group). Upon obtaining baseline BP, mice were administered TPPU (i.p., 3 mg/kg) 1 h before injection of DZP. Blood pressure was recorded at baseline, 45 min after TPPU or PEG400 administration, at 5 min after DZP (3 mg/kg) and then at 1, 2, 3, 4, 5 and 24 h. Data are mean ± SEM, n=6/group.](image-url)
To validate the utility of the model we tested another BZD, midazolam (Figure 4). Two doses of midazolam were selected. The first dose was 1.8 mg/kg midazolam (Figure 4A) in mice which is roughly equivalent to the human dose at 1 mg/kg [20]. The second dose was 10-fold higher than the human equivalent dose (Figure 4B). Midazolam led to significant changes in BP at both doses (P<0.01, Figure 4). The recovery from midazolam occurred between 1-2 h after midazolam was administered, suggesting a faster recovery than following DZP, which is consistent with the shorter half-life of midazolam as compared to DZP.

**Figure 3:** Time dependent effects of DZP at 10 mg/kg dose with or without TPPU on blood pressure (n=6 per group). Upon obtaining baseline BP, mice were administered TPPU (i.p., 3 mg/kg) 1 h before injection of DZP at varying dosages. Blood pressure was recorded at baseline, at 45 min after TPPU or PEG400 administration, at 5 min after DZP (10 mg/kg) and then at 1, 2, 3, 4, 5, 6 and 24 h. Data are mean ± SEM, n=6 / group.

**Inhibition of sEH reverses the hypotensive effect of DZP**

To test if inhibition of sEH will normalize BP, we first investigated the effect of the vehicles used to formulate DZP and TPPU. These vehicle treatments by themselves did not lead to significant changes in BP. TPPU alone or when administered together with the DZP vehicle under physiologic conditions (i.e., without DZP) did not elicit any

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significant changes (P=0.56). These data reiterate the proposed homeostatic role of EpFAs and sEH inhibitors in the absence of an underlying pathological condition [14,15].

A high dose of TPPU (3 mg/kg) was administered 45 min prior to all three doses of DZP treated animals and BP was recorded for an hour. At the lowest dose (1 mg/kg), DZP showed a slight hypotensive effect (P=0.3, as compared to baseline BP) and accordingly TPPU was the least effective in these mice. TPPU did not prevent the sudden drop in BP 5 min after administration of DZP at higher doses (3 and 10 mg/kg DZP). However, animals treated with TPPU recovered significantly faster from hypotension compared to those treated with DZP alone (Figure 1, P<0.001). This reversal of SBP with TPPU treatment was maximal at about 30 min after administration of DZP. In addition, when we evaluated the area under the curve (AUC) of the BP-time course, we found that the AUC for the BP in the DZP plus TPPU treatment group was significantly higher than the AUC in the group treated with DZP alone (P<0.05). These data suggest that TPPU is indeed effective in normalizing BP at higher doses of DZP.

![Graph](image)

**Figure 4:** Change in blood pressure in animals treated with midazolam. Upon obtaining baseline BP, mice were administered TPPU (i.p., 3 mg/kg) 1 h before injection of midazolam at 1.8 and 10 mg/kg. Blood pressure was recorded at baseline, at 45 min after TPPU administration, at 5 min after midazolam and then at 1, 2, 3, 4 h. ‘↑’ symbol indicates start of TPPU or vehicle (PEG400) treatment, ‘↑’ symbol indicates start of DZP or vehicle (40% propylene glycol, 10% alcohol) treatment. Data are mean ± SEM, n=6/group.

Treatment with Midazolam also resulted in significant changes in BP in the repeated measures ANOVA analysis (F=71.9, P<0.01). While administration of midazolam led to significant hypotension at both doses (P<0.05), TPPU was effective only when administered with the low dose of midazolam (P=0.004 for midazolam 1.8 mg/kg versus midazolam 1.8 mg/kg+TPPU) (Figure 4).
Tissue and plasma levels of DZP and TPPU

Next we quantified plasma and brain levels of both compounds (Table 1). For DZP at the highest dose, an immediate and a delayed time point of 5 and 60 min were selected. For the TPPU receiving groups, these same time points corresponded to 50 and 105 min post administration of TPPU. The brain levels of DZP were significantly higher than plasma at both time points (P<0.05) with a brain-to-plasma ratio of 3.5 ± 0.3 (mean ± SEM, n=24), which is in line with previous reports [21,22]. Consistent with previous reports [21], both tissue and plasma levels of DZP decreased at least 3 fold at 1 h after dosing. TPPU co-administration did not change plasma and brain levels of DZP.

In addition, tissue and plasma levels of TPPU were at least 10 times higher than the IC50 for murine sEH (IC50: 2 nM [18]), suggesting a near complete inhibition of sEH. We observed three times higher levels of TPPU in the brain than in the plasma at both time points, which is consistent with effective penetration through the blood-brain barrier.

TPPU treatment with or without DZP modulates the plasma biomarkers of sEH inhibition

Treatment with TPPU at a 3 mg/kg dose should inhibit nearly all enzyme activity [18]. Based on previous work using i.p. or oral administration TPPU has a plasma elimination half-life of >24 h [18,23,24]. Moreover, TPPU was also quantified from saline perfused mouse brain and demonstrated to have significant blood brain barrier penetration [17], in keeping with what we are finding in this study (Table 1). We therefore expected TPPU to change both plasma and brain levels of the EpFAs and as a surrogate examined plasma levels of the EpFAs and tested if DZP administration following TPPU lead to pharmacokinetic interference between these two compounds.

Table 1: Tissue and plasma levels of TPPU and DZP in mice.

<table>
<thead>
<tr>
<th>Time after administration</th>
<th>[TPPU] (µM)</th>
<th>[DZP] (µM)</th>
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</thead>
<tbody>
<tr>
<td>Time after TPPU administration</td>
<td></td>
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</tr>
<tr>
<td>50 min (5 min after DZP)</td>
<td>32.8 ± 3.4</td>
<td>11.8 ± 0.6</td>
</tr>
<tr>
<td>105 min (1 h after DZP)</td>
<td>27.8 ± 2</td>
<td>10 ± 0.3</td>
</tr>
<tr>
<td>Time after DZP administration</td>
<td></td>
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</tr>
<tr>
<td>5 min- DZP 10 mpk</td>
<td>15 ± 3</td>
<td>3 ± 0.8</td>
</tr>
<tr>
<td>5 min- DZP 10 mpk+TPPU</td>
<td>15 ± 3</td>
<td>7 ± 2</td>
</tr>
<tr>
<td>1 h- DZP 10 mpk</td>
<td>1 ± 0.1</td>
<td>0.4 ± 0.05</td>
</tr>
<tr>
<td>1h- DZP 10 mpk+TPPU</td>
<td>1 ± 0.1</td>
<td>0.4 ± 0.03</td>
</tr>
</tbody>
</table>

The plasma and tissue levels of EpFAs are usually in the low nM range and in vivo their half-life is in the order of several seconds because of the sEH activity, although in vitro they are fairly stable [25,26]. Therefore the ratio of epoxides to diols is used as biomarkers of target engagement in studies with sEH inhibitors [12,15,27].

In mice treated with both DZP and TPPU, both the EETs and EpOMEs increased approximately 2-3 fold with significant decreases in their corresponding degradation products the DHETs and DiHOMEs, leading to 7-10 fold higher epoxide to diol ratio at both time points (Figure 5). In addition to P450 metabolites of arachidonic acid, we observed an increase in some of the cyclooxygenase and lipoxygenase metabolites of arachidonic acid after administration of diazepam, suggesting a trend towards increased inflammation upon DZP administration.

![Figure 5: Plasma and tissue epoxide-to-diol ratios in animals treated with DZP (10 mg/kg) and TPPU (3 mg/kg) or PEG400. Mice were administered with TPPU (i.p., 3 mg/kg) 1 h before injection of DZP. Samples were quantified by LC/MS/MS for the levels of ARA and LA epoxides and diols. Sum of EETs and DHETs include 8, 9, 11, 12 and 14, 15 regioisomers (Panel A). Sum of EpOME and DiHOME include 9, 10 and 11, 12 regioisomers (Panel B). Data are mean ± SEM, n=6 /group. Asterisk indicates a statistically significant difference between PEG vs TPPU at 1 h time point.](image)

Discussion

We established a murine model to study the hypotensive effects of DZP and midazolam and to test whether this adverse effect could be reversed by sEH inhibition. Our findings on BZD induced hypotension are consistent with reports from patients, although the murine model...
seems less sensitive to the hypotensive effects of DZP. However, this method provides a rapid and sufficiently stringent approach to investigate anti-hypotensive compounds. The main finding of this study is that sEH inhibition leads to a faster recovery from the hypotensive effect of DZP.

The BZD drugs have a range of potencies and toxicities based on their affinity to the GABA channel subtypes and pharmacokinetic properties including, onset and duration of action, rate of absorption and presence of active metabolites. Due to their euphoric effects, they are also drugs of abuse. The estimated number of emergency room visits in the US, involving nonmedical use of BZDs was reported to be about 270, 000 in 2008 [28]. However, current options for management of BZD overdose are limited. Flumazenil is a selective BZD antagonist and therefore the drug of choice in BZD overdose [29]; however, it was reported to cause seizures, resedation and cardiac arrhythmias, in some cases within minutes of its administration [30,31]. Additionally, it has a short half-life and requires repetitive dosings to obtain the desired effect. Therefore, its use is limited. Naloxone is also used in BZD overdose even though it is an opioid antagonist [32]. While other vasoactive substances (catecholamine, phosphodiesterase inhibitors, etc.) are available to treat hypotension in shock, cardiac arrest or calcium channel blocker toxicity [33,34], these are not the first line of choice in the treatment of BZD overdose. Therefore, novel approaches are needed to target hypotension associated with BZDs.

**Dose dependent effects of treatments with BZDs**

In our study, DZP caused a dose dependent decrease in BP (Figure 1), which is consistent with previous studies [35]. Hypotension induced by both doses of DZP lasted well beyond the short plasma elimination or brain disappearance half-life of DZP, which is reported to be about 8 min each following i.v. administration in mice [21]. In contrast, the two major bioactive metabolites of DZP, desmethyl DZP and oxazepam have a brain disappearance half-life of approximately 3 h following 2.85 mg/kg DZP administration, and oxazepam given alone has a brain disappearance half-life of up to 5 h. Midazolam induced hypotension is rarely encountered at clinically used doses but it may elicit hypotension at high doses or when administered with opioids [36]. Data here are consistent with the characteristics of midazolam.

**Effect of TPPU on BZD induced hypotension**

While pretreatment with a sEH inhibitor did not cause an immediate effect on normalizing BP after DZP injection, the time to recovery from the hypotensive effect of DZP was significantly shortened. Supporting this observation, at later time points we still observed remarkable increases in the tissue levels of sEH in the brain as compared to control animals [41]. The increase in the brain sEH levels also reflected itself in postmortem brain samples obtained from depressed patients. These results suggested a key role for sEH in the pathogenesis of depression. Future studies are underway to characterize sedative effects of sEH inhibitors.

**Conclusions**

Overall, our study demonstrates that the sEH inhibitor TPPU does not interfere with the PK of DZP but can be beneficial to treat cases of BZD induced hypotension. The observation that TPPU is most effective at the highest doses of DZP suggests the endogenous substrates, EpFAs are homeostatic molecules. Such EpFAs include P450 metabolites of omega-3 fatty acids suggesting that an omega-3 fatty acid rich diet can potentially enhance the anti-hypotensive effects of TPPU.

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