

Internet Reflections on Teenagers

Kranthi Kumar Bijili*

Master's in Business Administration, Osmania University, India

*Corresponding author: Kranthi Kumar Bijili, Masters in Business Administration, Osmania University, Hyderabad, India, Tel: 9848204443; E-mail: bijilikranthikumar@gmail.com

Rec date: Aug 04, 2016; Acc date: Aug 09, 2016; Pub date: Aug 12, 2016

Copyright: © 2016 Bijili KK. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Introduction

The Internet is a piece of today's way of life that numerous young people can't envision what the world resembled before the Internet existed. The Internet is fun, enlightening and an extraordinary wellspring of correspondence with others. It's an instructive device and clients can find out about just about anything. Sharing data through Internet is simple, shoddy and quick. Young people have admittance to billions of sites containing data as content, pictures and recordings [1-10].

The web like other innovation has positives and negatives consequences for young people. Youngsters have admittance to explicit entertainment, obscenities, and approaches to make medications, bombs or even take an interest in online sexual practices [11]. Youngsters can likewise turn out to be intensely dependent on the web, which can regularly lead them into misery, with next to zero up close and personal time with others [12-18]. There are likewise issues with young people hacking into school databases, banks, government sites, companions or outsiders PCs. On the off chance that your adolescents are investing an excessive amount of energy in the web, they are at danger of getting required with one of these exercises. Our website will talk about advantages and disadvantages of web use among youngsters.

Online Education

Online instruction has an effect on the lives of understudies; web learning can add to an addition in self-restraint. Instructive objectives can be come to by getting an online training. Understudy's turned out to be more PC adroit from consistently utilizing innovation to do inquire about, sort assignments, and use particular programming to finish ventures. Some online projects even offer quick track programs that permit forthcoming graduates to finish degree programs speedier (Figure 1).

Right now, most secondary school understudies in North America have admittance to the web in their classroom setting [19-26]. Understudy can get additional aides through internet learning situations (OLE) gave by schools. OLE gives understudies snappy and simple access to course assets and material. Most OLE situations are for all intents and purposes accessible from any area that has a PC and web. The OLE assets generally include: online books, addresses, educator, shared bolster, innovation bolster, sight and sound exercises, moment upgrades, self-testing applications, thorough audits and substantially more! Understudies that have fallen behind can take additional help online to accomplish their required credits [27-32].

Web a Job Search Tool

The web is an incredible online employment hunt device down young people to discover an occupation. Adolescents can look changed

sorts of occupations through different employment internet searchers i.e. Craigslist, Monster, Workopolis and Job Bank. These web indexes can show you to round out an application, make a resume and plan for a meeting. You can apply for the required employment through Internet, which is more straightforward and simple. Employments can help adolescents feel sure and free which can help youngsters investigate potential vocation ways [33-38].

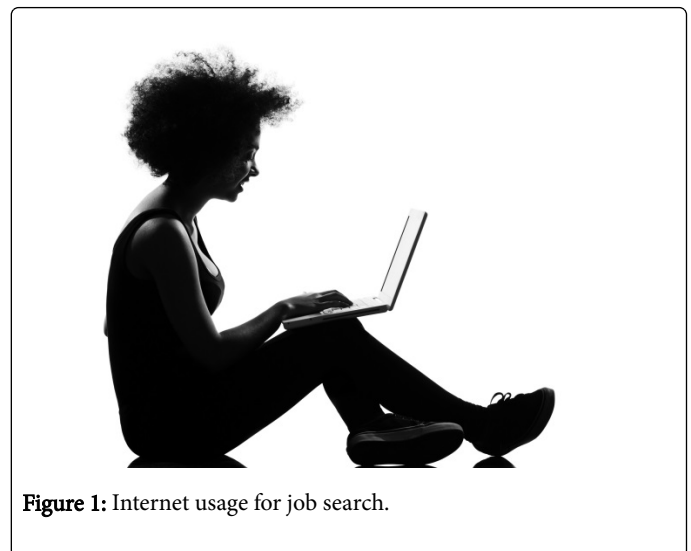


Figure 1: Internet usage for job search.

Correspondence and Online Social Networking

Young people can speak with each other through Internet visiting, video conferencing, email or web telephony. For this reason, distinctive administrations are given on the Internet, for example, Facebook, MSN, Skype, Twitter, Hotmail and so forth...

Youngsters invest a lot of energy regular on the web on systems administration destinations. Young people use long range interpersonal communication locales to impart data to others, associate with companions, make new companions, send messages and remark on others' profiles pages. In any case, young people may get to be dependent on these systems administration locales and can be presented to legitimate repercussions. Most young people make no less than a fundamental profile, with their name, age, status, photographs and interests, however numerous go much further. It's excessively simple for predators to discover casualties utilizing online interpersonal interaction [39-49].

Web and Wellbeing Issues among Young People

Young people who invest a large portion of their energy in web have an expanded danger of smoking, medication and liquor misuse, poor

school execution, and early sexual action because of higher media presentation [50-68].

A late study has uncovered that young people who utilize the Internet pathologically will probably create melancholy than the individuals who don't. Obsessive (uncontrolled or absurd) utilization of Internet has been connected with relationship issues, physical sick wellbeing, forceful practices and other psychiatric side effects [69-83].

Texting (IM) Influences Etymological among Adolescents

Texting (IM) is a type of continuous direct content based correspondence (Chatting) through PCs or mobile phones with one or more people while associated with the Internet. It is a greatly quickly developing correspondence medium, particularly among young people [84-95]. Young people use IM on a successive premise frequently utilizes awful linguistic use, poor accentuation, and dishonourable truncations which influences their scholarly written work [96-98] (Figure 2).

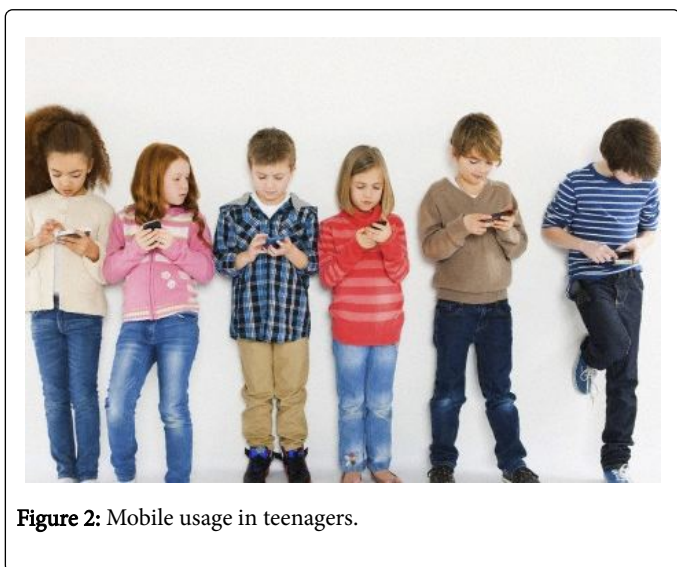


Figure 2: Mobile usage in teenagers.

Proposals

- Limit the time your young person spends on the web
- Disconnect the switch
- Turn the machine off
- Use innovation to confine access on the web
- Have family sessions-acquire the PC out the family room so everybody is included
- Don't permit a web association in your adolescent's room
- Become a wellbeing sleuth-watch these sites for yourself
- Give them contrasting options to fatigue i.e. constructive options through family focused options
- Join them-listen and get to be included
- Discuss with them what they are observing
- Change areas move PCs to a typical zone

References

1. Vagreacha YS (2016) Possession behaviour. *Abnorm Behav Psychol* 2:119.

2. Sorato MM, Tesfahun C, Lamessa D (2016) Levels and predictors of adherence to self-care behaviour among a.dult Type 2 Diabetics at Arba Minch General Hospital, Southern Ethiopia. *J Diabetes Metab* 7: 684.
3. Liu C, Zhou J, Zhang Y, Zhu T, Wang R, et al. (2016) Validation of the zebra-fish pentylene tetrazol seizure model: behaviour assay for assessing anti-epileptic drug efficacy. *Biochem Anal Biochem* 5: 270.
4. Bibi S, Ali U (2016) Management of bipolar i disorder through cbt (cognitive behaviour therapy): a case report. *J Psychol Psychother* 6: 262.
5. Lauth-Lebens M, Luth GW(2016)Behavioural modification and classroom management skills as protective factors against mental health problems in teachers: a synthesis of research. *J Ment Disord Treat* 2: 107.
6. Srivastava S, Bhatia MS, Saha R (2016) Importance of subtle behavioural changes in the diagnosis of paediatric psychosis. *J Neuropsychopharmacol Mental Health* 1:108.
7. Venkateswara Rao CH, Usha Sri P, Ramanarayanan R (2016) Transition temperature behaviour in pan based composite materials with and without sic filler. *J Material Sci Eng* 5: 245.
8. Barbosa HC, Oliveira ARD (2016) Physical activity of preschool children: a review. *physiother rehabil* 1: 111.
9. Nazam F, Husain A (2016) Exploring spiritual values among school children. *Int J Sch Cog Psychol* 3: 175.
10. Besha B, Guche H, Chare D, Amare A, Kassahun A, et al. (2016) Assessment of hand washing practice and it's associated factors among first cycle primary school children in arba minch town, ethiopia, 2015. *Epidemiology (Sunnyvale)* 6: 247.
11. Silva LMT, Schalock M, Gabrielsen KR, Gretchen HD (2016) One-and two-year outcomes of treating preschool children with autism with a qigong massage protocol: an observational follow-along study. *Altern Integ Med* 5:216.
12. Abduljalil HS, Abuaffan AH (2016) Knowledge and practice of mothers in relation to dental health of pre-school children. *Adv Genet Eng* 5:153.
13. Al-Saleem SA, Ali A, Ali SI, Alshamrani AA, Almulhem AM, et al.(2016) A study of school bag weight and back pain among primary school children in al-ahsa, saudi arabia. *Epidemiology (sunnyvale)* 6: 222.
14. Van Agt HME, de Ridder-Sluitter JG, Van den Brink GA, de Koning HJ, Reep van den Bergh C (2015) The predictive value of early childhood factors for language outcome in pre-school children. *J Child Adolesc Behav* 3: 266.
15. Veres KT, Zvezdin B, Vukosav D (2015) Assessment of Knowledge, Behavior and Attitude of School Children towards Smoking. *J Pulm Respir Med* 5: 297.
16. Taha AA, Marawan HM (2015) Socio-behavioral determinants of overweight and obesity in egyptian primary school children. *J Child Adolesc Behav* 3: 236.
17. Lee CY, Chiang YC, Shih HL, Hsu YY, Lin DC (2015) Effectiveness of a mind training and positive psychology program on coping skills in school children in taiwan. *J Child Adolesc Behav* 3: 246.
18. Prabhushankar T, Thakur JS, Jaswal N, Bharti B, Bhansali A (2015) Effect of 12-week lifestyle intervention on behavioral, anthropometry and biochemical profile of school children in chandigarh, india. *J Community Med Health Educ* 5: 367.
19. Vanryckeghem M, Muir M (2016) The communication attitude test for adults who stutter (big cat): a test-retest reliability investigation among adults who do and do not stutter. *J Speech Pathol Ther* 1: 110.
20. Mariam MG, Bedaso A, Ayano G, Ebrahim J (2016) Knowledge, attitude and factors associated with mental illness among nurses working in public hospitals, addis ababa, ethiopia. *J Ment Disord Treat* 2:108.
21. Farber NJ, Wastila L, Brown L, Fontanesi J (2016) Patients' attitudes about electronic system messaging with physicians. *J Gen Practice* 4: 260.
22. Alhejaili AS, Alsubhi SA (2016) Knowledge and attitude of first aid skills among health science students at taibah university. *J Gen Practice* 4: 257.
23. Desouky DE (2016) Problematic mobile phone and internet use: a comparative study between saudi and egyptian female adolescents. *J Child Adolesc Behav* 4: 300.

24. Shaheen HM, Farahat TM, Gaber HM (2016) Problematic internet use among medical school students in menoufia university egypt. *J Child Adolesc Behav* 4: 298.
25. Cunningham M (2016) The resilient internet. *J Civil Legal Sci* 5: 190.
26. Krsak B, Kysela K (2016) The use of social media and internet data-mining for the tourist industry. *J Tourism Hospit* 5: 197.
27. Alduaij MY, Al- Amari (2016) The attitude of high school students in kuwait towards internet addiction and its effect on their health. *Int J Adv Technol* 7: 154.
28. Ge Y, Liu J (2015) Psychometric analysis on neurotransmitter deficiency of internet addicted urban left-behind children. *J Alcohol Drug Depend* 3: 221.
29. Mahtab Alam M, Ben Hamida E (2015) Wearable wireless networks for internet of humans: trends and challenges. *J Telecommun Syst Manage* 3: e115.
30. Marahatta SB, Adhikari B, Aryal N, Regmi R (2015) Internet addiction and associated factors among health sciences students in nepal. *J Community Med Health Educ* 5: 362.
31. Pedrero Pérez EJ, Rodríguez Monje MT, Ruiz Sánchez De León JM (2012) Mobile phone abuse or addiction. A review of the literature. *Adicciones* 24: 139-152.
32. Süß D (2007) Impacts of computer- and media usage on the personality development of children and young people. *Ther Umsch* 64: 103-108.
33. Yang YS, Yen JY, Ko CH, Cheng CP, Yen CF (2010) The association between problematic cellular phone use and risky behaviors and low self-esteem among Taiwanese adolescents. *BMC Public Health* 10: 217.
34. Fortunati L, Katz JE, Riccini R (2003) Mediating the human body: Technology, communication and fashion. In: Fortunati L, Katz JE, Riccini R, editors. *Manwah* (New Jersey): Lawrence Erlbaum. Chapter 8, Mobile phone tribes: Youth and social identity pp: 87-92.
35. Gergen K, Harper R, Höflich J, Katz J, Meyrowitz J, et al. (2003) Mobile democracy: essays on society, self, and politics. In: Nyíri K, editor. *Vienna* (Austria): Passagen Verla. Chapter 16, Virtual strangers: Young love and texting in the Filipino archipelago of cyberspace pp: 225-235.
36. Yen JY, Ko CH, Yen CF, Wu HY, Yang MJ (2007) The comorbid psychiatric symptoms of Internet addiction: attention deficit and hyperactivity disorder (ADHD), depression, social phobia, and hostility. *J Adolesc Health* 41: 93-108.
37. Yen JY, Ko CH, Yen CF, Chen CS, Chen CC (2009) The association between harmful alcohol use and Internet addiction among college students: comparison of personality. *Psychiatry Clin Neurosci* 63: 218-224.
38. Chiu SI, Hong FY, Chiu SL (2013) An analysis on the correlation and gender difference between college students' internet addiction and mobile phone addiction in taiwan. *International scholarly research notices* pp: 1-10.
39. Lepp A, Barkley JE, Sanders GJ, Rebold M, Gates P (2013) The relationship between cell phone use, physical and sedentary activity, and cardiorespiratory fitness in a sample of U.S. college students. *Int J Behav Nutr Phys Act* 10: 79.
40. Tan C, Pamuk M, Dönder A (2013) Loneliness and mobile phone. *Procedia-Social and Behavioral Sciences* 103: 606-611.
41. Ha JH, Chin B, Park DH, Ryu SH, Yu J (2008) Characteristics of excessive cellular phone use in korean adolescents. *Cyberpsychol Behav* 11: 783-784.
42. Akin A, Iskender M (2011) Internet addiction and depression, anxiety and stress. *International Online Journal of Educational Sciences* 3: 138-148.
43. Çardak M (2013) Psychological well-being and internet addiction among university students. *The Turkish Online Journal of Educational Technology* 12: 134-141.
44. Mythily S, Qiu S, Winslow M (2008) Prevalence and correlates of excessive Internet use among youth in Singapore. *Ann Acad Med Singapore* 37: 9-14.
45. Jang KS, Hwang SY, Choi JY (2008) Internet addiction and psychiatric symptoms among Korean adolescents. *J Sch Health* 78: 165-171.
46. Communication and information technology commission: Version 17.
47. (2012) A report by the United Nations Conference on Trade and Development (UNCTAD).
48. United Nations Development Programme (UNDP) & Institute of National Planning (INP) (2010) *Egypt Human Development Report 2010: Youth in Egypt: Building our Future*.
49. Arab Republic of Egypt: Ministry of Communications and Information Technology: *Egypt ICT Sector Indicators in brief*.
50. Khan MM (2008) Adverse effects of excessive mobile phone use. *Int J Occup Med Environ Health* 21: 289-293.
51. Al-Khlaiwi T, Meo SA (2004) Association of mobile phone radiation with fatigue, headache, dizziness, tension and sleep disturbance in Saudi population. *Saudi Med J* 25: 732-736.
52. Al-hantoushi MN, Al-abdullateef SH (2014) Internet addiction among secondary school students in Riyadh city, its prevalence, correlates and relation to depression: A questionnaire survey. *International Journal of Medical Science and Public Health* 3: 10-15.
53. Salama OE, Abou El Naga RM (2004) Cellular phones: are they detrimental? *J Egypt Public Health Assoc* 79: 197-223.
54. Kamal NN, Mosallem FA (2013) Determinants of problematic internet use among el-minia high school students, egypt. *Int J Prev Med* 4: 1429-1437.
55. Reda M, Rabie M, Mohsen N, Hassan A (2012) Problematic internet users and psychiatric morbidity in a sample of egyptian adolescents. *Psychol* 3: 626-631.
56. Hawi NS (2013) Arabic validation of the Internet addiction test. *Cyberpsychol Behav Soc Netw* 16: 200-204.
57. Christakis DA, Moreno MM, Jelenchick L, Myaing MT, Zhou C (2011) Problematic internet usage in US college students: a pilot study. *BMC Med* 9: 77.
58. Bianchi A, Phillips JG (2005) Psychological predictors of problem mobile phone use. *Cyberpsychol Behav* 8: 39-51.
59. Leung L (2008) Linking psychological attributes to addiction and improper use of the mobile phone among adolescents in Hong Kong. *J Child Media* 2: 93-113.
60. Dimonte M, Ricchiuto G (2006) Mobile phone and young people. A survey pilot study to explore the controversial aspects of a new social phenomenon. *Minerva Pediatr* 58: 357-363.
61. Merlo LJ, Stone AM, Bibbey A (2013) Measuring problematic mobile phone use: development and preliminary psychometric properties of the pump scale. *Hindawi Publishing Corporation. J Addict* pp: 1-7.
62. Ciccone MM, Cortese F, Corbo F, Corrales NE, Al-Momen AK, et al. (2014) Bemiparin, an effective and safe low molecular weight heparin: a review. *Vascul Pharmacol* 62: 32-37.
63. Lopez-Fernandez O, Honrubia-Serrano L, Freixa-Blanxart M, Gibson W (2014) Prevalence of problematic mobile phone use in british adolescents. *Cyberpsychol Behav Soc Netw* 17: 91-98.
64. Martinotti G, Vilella C, La Torre G, Thiene DD, Nicola MD, et al. (2011) Problematic mobile phone use in adolescence: a cross-sectional study. *J Public Health* 19: 545-551.
65. Al-Barashdi HS, Bouazza A, Jabr NH (2014) Smartphone addiction among sultan qaboos university undergraduates. *Journal of Social Sciences Research* 5: 723-740.
66. Matthews T, Pierce J, Tang J (2009) No smartphone is an island: the impact of places, situations and other devices on smart phone use.
67. Sahin S, Ozdemir K, Unsal A, Temiz N (2013) Evaluation of mobile phone addiction level and sleep quality in university students. *Pak J Med Sci* 29: 913-918.
68. Kurniawan S (2008) Older people and mobile phones: A multi-method investigation. *Int J Human-Computer Studies* 66: 889-901.
69. Canbaz S, Tevfik SA, Peksen Y, Canbaz M (2009) Prevalence of the pathological internet use in a sample of Turkish school adolescents. *Iranian J Publ Health* 38: 64-71.

70. Strittmatter E, Brunner R, Fischer G, Parzer P, Resch F, et al. (2014) Association of peer victimization, coping, and pathological internet use among adolescents. *Z Kinder Jugendpsychiatr Psychother* 42: 85-94.
71. Kormas G, Critselis E, Janikian M, Kafetzis D, Tsitsika A (2011) Risk factors and psychosocial characteristics of potential problematic and problematic internet use among adolescents: A cross-sectional study. *BMC Public Health* 11: 595-602.
72. Desouky DE, Ibrahim RA (2015) Internet addiction and psychological morbidity among menoufia university students, egypt. *American Journal of Public Health Research* 3: 192-198.
73. Young KS (2004) Internet addiction: A new clinical phenom-enon and its consequences. *Am Behav Sci* 48: 402-415.
74. International Telecommunications Union (Geneva) (2013) Percentage of individuals using the internet 2000-2012.
75. Commission of information technology (2009) Computer and internet usage in the kingdom of Saudi Arabia individuals, business, government, education, health: 2007-2009.
76. Wu X, Chen X, Han J, Meng H, Luo J, et al. (2013) Prevalence and factors of addictive internet use among adolescents in wuhan, china: Interactions of parental relationship with age and hyperactivity-impulsivity. *PLoS One* 8: e61782.
77. Shek DT, Yu L (2012) Internet addiction phenomenon in early adolescents in Hong Kong. *ScientificWorldJournal* 2012: 104304.
78. Alsaleh S (2013) Gender inequality in saudi arabia: myth and reality. pp: 123-130.
79. Al-Hazzaa HM, Al-Nakeeb Y, Duncan MJ, Al-Sobayel HI, Abahussain NA, et al. (2013) A cross-cultural comparison of health behaviors between saudi and british adolescents living in urban areas: gender by country analyses. *Int J Environ Res Public Health* 10: 6701-6720.
80. Loucaides CA, Jago R, Theophanous M (2011) Physical activity and sedentary behaviours in Greek-Cypriot children and adolescents: a cross-sectional study. *Int J Behav Nutr Phys Act* 8: 90.
81. <http://www.arabnews.com/mobile-devices-replace-watching-tv-among-kingdom%E2%80%99s-families>
82. Roula B (2004) Gender-segregated education in saudi arabia: its impact on social norms and the saudi labor market. *Educ Policy Anal Arch* 12: 1-12.
83. Celedonia KL, Wilson ML, El Gammal HA, Hagraas AM (2013) Physical fighting among Egyptian adolescents: social and demographic correlates among a nationally representative sample. *PeerJ* 1:e125.
84. El-Gilany AH, Badawi K, El-Khawaga G, Awadalla N (2011) Physical activity profile of students in Mansoura University, Egypt. *East Mediterr Health J* 17: 694-702.
85. Abdelfatah BG, Mohamed RT, Moawad SS, Alsouada R (2013) Factors affecting leisure time distribution among different aspects of activities and the influences of this distribution. Cairo University, Faculty of economics and political science, Department Statistics.
86. Madden M, Lenhart A, Duggan M, Cortesi S, Gasser U (2013) *Teens and Technology*.
87. Ammar A, Blanchette A, Sale D, LaForest D, Palumbo T, et al. (2016) Texting, drugs and driving: a "triple threat" to driving safety? *J Ergonomics* 6: 154.
88. Arnold C (2012) Is social media, texting and other such technology hurting our interpersonal communication? *J Mass Commun Journalism* 2e120.
89. Hailelessie B (2015) Day parties, drug abuse, hiv/aids transmission and unintended pregnancy: among school teenagers'. *Int J Sch Cog Psychol* S2: 001.
90. Folquet AM, Dainguy ME, Ekra D, Oka Béréte G, Diomandé D et al. (2015) Evaluation of the nutritional state of children and teenagers infected by hiv treated in a university hospital in abidjan (côte d'ivoire). *Clinics Mother Child Health* 12:185.
91. Shi G, Zhu G, Liu R, Tao J (2015) The explore of third molar for chronological age estimation in teenagers of shanghai han population. *J Forensic Res* 6: 266.
92. Khalifah RAL, Girard M, Legault L (2014) Regression of carotid intima media thickness after one year of atorvastatin intervention in dyslipidemic obese teenagers, a randomized controlled pilot study. *J Metabolic Synd* 3: 149.
93. Kalloniatis C (2016) Increasing internet users trust in the cloud computing era: the role of privacy. *J Mass Communicat Journalism* 6:306.
94. Jarrett JE (2016) Internet banking development. *J Entrepren Organiz Manag* 5: 185.
95. Jalamkar D, Selvakumar AA (2016) Use of internet of things in a humanoid robot – a review. *Adv Robot Autom* 5: 149.
96. Darwish A, El-Gendy MM (2016) New hybrid cryptosystem for internet applications. *Int J Swarm Intel Evol Comput* 5: 135.
97. Kim CH (2016) Characteristics of internet news editing. *J Mass Communicat Journalism* 6: 294.
98. Smith CE, Piamjariyakul U, Werkowitch M, Yadrach DM, Thompson N, et al. (2016) A clinical trial of translation of evidence based interventions to mobile tablets and illness specific internet sites. *Sensor Netw Data Commun* 5: 138.