Colorectal Cancer

Colorectal cancer (CRC) is one of the most common tumor diseases [1] and has high mortality and morbidity rates especially in metastatic stages [2]. The vast majority of CRC-related deaths are due to distant metastases, most prominently to the liver, rather than the primary tumor [2]. Metastasis is a multi-step process during which the cells develop a migratory phenotype and detach from the primary tumor, invade the local vasculature and survive in circulation, extravasate into distant organs and finally outgrow to manifest metastatic lesions [3,4]. The presence of circulating tumor cells (CTCs) in the blood stream of the patients indicates metastatic activity and is a negative prognostic factor in all stages of CRC [5-10].

Metastatic dissemination is a dynamic process requiring dramatic phenotypic alterations in order for the tumor cells to survive the challenges posed in circulation and by the microenvironment at the distant metastatic sites. Hence, CTCs require a considerable degree of plasticity in order to successfully complete the process of metastasis. As distant metastases are generally phenotypically similar to the primary tumor [11], most of these phenotypic changes must be reversible. Prominent examples of this plasticity are epithelial-to-mesenchymal transition (EMT), which CTCs undergo to gain a migratory phenotype by down-regulation of epithelial markers (E-cadherin, EpCAM) and upregulation of mesenchymal markers (N-cadherin, vimentin); and mesenchymal-to-epithelial transition (MET) in the target organ, ultimately resulting in epithelial metastases [12-17].

Although tumors shed millions of CTCs into circulation [18], in most patients only a few metastases arise during the course of the disease. Therefore, it is conceivable that only a very small fraction of CTCs is actually capable of forming distant metastases. It is these few CTCs with metastasis-forming capacities which must be identified and characterized in order to conceive novel anti-metastatic therapeutics. The phenotype of metastasis-forming CTCs has already been narrowed down in breast cancer-derived CTCs [19]; however, tens of thousands of cells had to be screened and thousands of metastasis-forming CTCs had to be injected into mice in order to induce metastases in these animals. As CTCs are a much rarer event in CRC than in breast cancer, such an approach seems hardly possible in CRC. Additionally, the still rather large amount of CTCs needed to induce tumors in mice indicates the need of further characterization in order to detect the real metastasis-forming CTC fraction. Therefore, despite a growing body of evidence demonstrating the clinical relevance of colorectal cancer-derived CTCs, there is still urgent need for further molecular and functional characterization of CRC-derived CTCs. As the phenotype of CTCs always needs to be evaluated in knowledge of the primary tumor’s phenotype, another obstacle of CTC research is the rare availability of both CTCs and tumor tissue simultaneously, which is only possible when CTCs are isolated intraoperatively [4].

One possible way of overcoming all above obstacles are mouse models. While it is difficult and in many cases impossible to obtain CTCs from patients along with the corresponding tumor tissue for comparative analysis, this is easily possible in mouse models. Also, mouse experiments can be easily repeated and reproduced, thus increasing the number of CTCs available for analysis. Furthermore, mice present similar physiological challenges for CTCs as humans as the tumor cells have to go through the same steps of the metastatic cascade as in humans, making mouse model-derived CTCs a promising model for human CTCs.

As a result of these considerations, we have recently established an orthotopic and highly metastatic mouse model of CRC [20]. We injected human CRC cell lines orthotopically into the caecum of immunodeficient NOD scid gamma (NSG) [21] mice to generate local tumors which produced distant metastases and CTCs with high reproducibility. We demonstrated the human HCT116 CRC line, among others tested, to reliably form distant metastases and CTCs in all tumor-bearing mice within 35 days of tumor cell inoculation. A workflow was established and validated to systematically analyze both the functional and molecular properties of CTCs, as shown in Figure 1. The resulting CTCs were cultured in vitro and proved tumorigenic when re-injected into mice.

qPCR expression profiling of the CTCs revealed a significant down regulation of epithelial markers (EpCAM, CK18/19, EGFR), which is well in line with previously published data about CTCs [4] and supports the theory of EMT during metastasis. In addition, adhesion molecules (CD166 and claudin-7) and along with Ki67, a cell proliferation marker, were downregulated in CTCs compared to bulk tumor cells, suggesting a metastatic phenotype along with a certain degree of dormancy of CTCs in circulation. The upregulation of markers generally considered cancer stem cell markers (BMI and DLG-7) on CTCs may indicate cancer stem-like cell driven CRC progression and metastasis. The same model, along with other models [22,23], has also been used to evaluate anti-metastatic drugs, successfully using the number of CTCs and reproducibility. We demonstrated the human HCT116 CRC line, among others tested, to reliably form distant metastases and CTCs in all tumor-bearing mice within 35 days of tumor cell inoculation. A workflow was established and validated to systematically analyze both the functional and molecular properties of CTCs, as shown in Figure 1. The resulting CTCs were cultured in vitro and proved tumorigenic when re-injected into mice.

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This may be explained by the model organism we used. NSG mice are highly immunodeficient; as there is no immunosurveillance in circulation, CTCs are not subjected to Mendelian selection for immune escape properties and therefore do not require such a phenotype. Another limitation of this and other models [25] is the use of cell lines to induce tumors. Most cell lines have been cultured for decades, have thus adapted to the laboratory culture conditions and may not fully represent the disease. Moreover, the CRC cell lines currently available cannot represent the vast heterogeneity of CRC. Therefore, we require experimental models which mimic human CRC.

Figure 1: Schematic representation of the experimental workflow of CTC characterization. Adopted from Ref. [26].

Although orthotopic mouse models can serve as valuable models in understanding the biology of cancer progression, there are still some limitations. For example, recent studies on human CRC-derived CTCs demonstrated overexpression of CD47 along with downregulation of calreticulin on CTCs, a combination which is suggestive of an active immune escape program [4] of CTCs in circulation. In our mouse model, CTCs did not overexpress CD47 or downregulate calreticulin.
as close as possible both in terms of their mutational landscape and molecular progression. A possible solution to these limitations may be genetically engineered mouse models (GEMMs), in which tumors are induced within the mouse cells by genetic manipulation. The resulting tumors closely resemble their human counterparts and grow in immunocompetent hosts; therefore representing a more realistic mouse model [26]. However, these mouse models are much more cumbersome and cost-intensive than cell line-based mouse models. As a result, we expect both cell line-based and genetically engineered mouse models to be used parallelly in the future, depending on the aim of the given experiment.

In conclusion, mouse models of metastatic CRC are a valuable tool to study the biology of CRC-derived CTCs. The addition of genetically engineered mouse models may complement conventional cell line-based mouse models in the future, constituting a comprehensive set of tools in CTC research.

References