Novel Bioceramic Scaffolds for Regenerative Medicine

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Abstract
Calcium phosphate ceramics have been used as synthetic grafts for bone repair. This family of alloplastic grafts is an alternative to alloplastics (from other individuals from the same species), autografts (from the same individual) or xenografts (from individuals from other species). Sintered bovine bone is basically composed mainly by hydroxyapatite (HA), Ca₁₀(PO₄)₆(OH)₂, but chemical analyses indicate the presence of Mg. Chemical and heat treatments are generally required to eliminate biological hazard. However, the more crystalline hydroxyapatite, the less resorbable the product is. An approach to have a highly crystalline and still resorbable material is to use additions of alpha or beta tricalcium phosphate, Ca₃(PO₄)₂ (TCP). The addition of fractions of some bioactive glasses to hydroxyapatite has shown to be effective in promoting its decomposition to tricalcium phosphate. In addition, glass reinforced hydroxyapatite composite are materials with higher compressive strength due to liquid phase sintering. In this study, novel scaffolds based on hydroxyapatite and tricalcium phosphate are presented.

Keywords: Scaffold; Bone; Hydroxyapatite

Introduction
Bone is a dynamic tissue, which undergoes healing after severe injuries, since favourable conditions are present. Large bone defects require grafts that can guide bone to grow through their structure and also interact with cells and tissues inducing osteogenesis [1]. Bone grafts can be autogenous, allogenous, xenogenous or alloplastic [2]. Autografts come from the same individual, whereas allografts are bone from other individuals from the same specie. Xenografts are derived from individuals from other species. Synthetic or alloplastic grafts were first designed to be osteoconductive, i.e., to conduct growth of the newly formed bone tissue throughout the pores of the structure [3-6]. Porous bioceramics, bioactive glasses and glass-ceramics are examples of biomaterials used for bone reconstruction. Hydroxyapatite (HA), Ca₁₀(PO₄)₆(OH)₂, is the most well characterised bioceramic. There are several studies on HA bioactivity, i.e., the ability to chemically bonding to living bone. However, medical applications of HA are restricted to sites of low-to-medium load-bearing applications. Glass-reinforced hydroxyapatite, GR-HA, is still bioactive and can have higher fracture toughness than pure HA. GR-HA can be produced by mixing HA and bioactive glasses. When a CaO-P₂O₅ based glass is added to hydroxyapatite (HA) and sintered, the glassy phase reacts with HA. The present phases will depend on the sintering temperature and the glass composition. It is particularly beneficial to have bioresorbable phases like beta tricalcium phosphate (β-TCP) and alpha tricalcium phosphate (α-TCP), as these phases are known to be more soluble than HA [7].

Bioactive glass and ceramics can be used as granules or porous scaffolds in applications where bone ingrowth is needed or as scaffolds for tissue engineering [8]. Porous biomaterials based on ceramics and glass ceramics have been produced by several techniques such as the use of impregnated polymeric sponges, foaming processes and techniques using organic additives [9,10]. The main morphological requisites for allowing bone ingrowth are the existence of open and interconnected pores, with pore diameters larger than 100 µm for proper vascularisation and fluid circulation. The interconnectivity of the pores can be achieved by controlling both moulding and sintering processes. However, there is a compromise between interconnectivity and mechanical strength [11].

In this study, two patented scaffolds are presented: polyurethane sponge coated with hydroxyapatite and bovine bone reinforced with bioactive glass [12,13]. In both cases, there are hydroxyapatite and tricalcium phosphate after sintering. Alpha and beta TCP are more resorbable phases when compared to pure hydroxyapatite. The presence of a biphasic or triphasic structure enhances bio-resorption and is a tool to design scaffolds with resorption rates close to that of new bone formation.

The aim of this study was to design porous scaffolds with potential to be used as bone fillers and as supports for tissue engineering. Both morphological and micro structural properties were carefully designed to meet the requirements of pore size and distribution, interconnectivity, bioactivity and resorption rate. Ongoing studies are assessing the osteoinductive potential of these materials.

Methodology
The scaffolds derived from polyurethane sponges are obtained by a coating process, which consists of the deposition of monetite, CaHPO₄, on porous blocks (scaffolds) with variable dimensions. The scaffolds were hydrothermally coated with monetite and further converted to hydroxyapatite by an alkali treatment with NaOH. The starting solution has the following composition: 0.3 M H₂PO₄, 0.5 M Ca(OH)₂, 1M C₂H₃O₂ (lactic acid). The monetite coating was produced by the immersion of the specimens in the solution at 80°C during 1 hour. The sponges were then removed, washed in ultra-pure water and dried in an oven at 60°C. The coatings were then converted to hydroxyapatite by immersion in a solution of 0.1M NaOH during 24 hours at 60°C. Specimens were then removed from the alkali solution, washed in ultra-pure water and dried in an oven at 100°C. After drying, the blocks were sintered at 1300°C. The heating rates were 0.5°C/min up to 550°C and 5°C/min up to the sintering temperature.

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The scaffolds of bovine origin were produced by heat treating bovine trabecular bone blocks (10×10×10 mm³) at 900°C with a path at 550°C and heating rates of 0.5°C/min and 5°C/min. The so obtained bone mineral were impregnated with a niobo-phosphate glass. The niobo-phosphate glass has the molar composition of 0.3M Nb₂O₅, 0.3M P₂O₅, 0.2M CaO and 0.2M CaF₂. Reagent grade H₃PO₄ and Nb₂O₅ were used as network former sources and CaF₂ and CaCO₃ were used as glass modifiers sources. The reagents were mixed, magnetically stirred overnight and molten in a platinum crucible at 1350°C. The glasses were rapidly cooled in water, dried in an oven at 100°C and ground to a medium particle size 0.18 µm. The bone mineral blocks were immersed in glass suspensions in ethanol and sintered at 1350°C. In previous studies, defined fractions of glass were incorporated to bone mineral powder and characterized by XRD [14]. XRD analyses of the impregnated porous blocks confirmed the glass fraction obtained by weighting the blocks before and after impregnation.

The structural analysis of the scaffolds were assessed by X-Ray Diffraction (XRD) using a Panalytical XPERT PRO diffractometer with CuKα radiation, a scanning step of 0.05° and a collecting time of 8 seconds per step. Rietveld analyses were performed using the academic version of TOPAS program. Scanning electron microscopy (SEM) analyses of the struts were performed in a Jeol JSM–5800 LV scanning electron microscope. Fourier transform–infrared spectroscopy (FT–IR Prestige–21/ Shimadzu) analyses were used to assess the present functional groups on the specimens.

Results and Discussion

Scanning Electron Microscopy (SEM) analyses of the scaffolds showed an open porous structure with pore sizes larger than 100 µm. This requirement allows not only cell colonization but bone ingrowth and vascularisation of newly formed bone. Figures 1-3 show images from scaffolds derived from polyurethane sponges. In Figure 1 a detail of the monetite coating can be observed by SEM. After conversion, the monetite crystals give rise to hydroxyapatite nanocrystals, as can be seen in Figure 2. However, the original shape of monetite is maintained. Figure 3 shows the scaffold morphology after sintering.

In a previous study, the authors show the XRD patterns of these scaffolds before and after conversion, as well as after sintering. Figure 4 shows the light micrograph of a glass reinforced hydroxyapatite scaffold derived from bovine, after sintering at 1350°C. It is clear that the morphological requirements of open and interconnected pores were met. It is worth to mention that one advantage of this route of scaffold production is the maintenance of the natural bone structure.

Figure 1: SEM micrograph of sponge coated with monetite at 4500X.

Figure 2: SEM micrograph of the above coating converted to hydroxyapatite at 10000X.

Figure 3: SEM micrograph of HA coated sponge after sintering at 1300°C at 33X.

Figure 4: Light micrograph of bone mineral after sintering at 1350°C.

Figure 5: XRD analysis of bone mineral with 4wt% glass after sintering at 1350°C.
experimental patterns for the glass reinforced scaffolds can develop several different microstructures, depending on the glass fraction added and sintering temperature.

Figure 6 shows the XRD result for samples with 4 wt% glass and sintered at 1350°C. The Rietveld analysis identified 84.5 wt% HA and 15.5 wt% of β-TCP. The control of the fraction of TCP allows the development of scaffolds with resorption rates compatible with new bone formation rates. FTIR analyses of control samples (without glass) and GR-HA samples. It is clear that the more the fraction of TCP, the less intense is the OH- band at 3570 cm⁻¹.

Conclusions

The present study points to the possibility of using highly crystalline ceramics, but still resorbable, as the crystalline phases are not only hydroxyapatite, but also the more resorbable tricalcium phosphates.

Another approach that this study aims to present concerns the use of bovine scaffolds impregnated with bioactive glass and sintered at high temperature, i.e. 1350°C, which is unusual for hydroxyapatite scaffolds. High temperature sintering of glass-reinforced bovine blocks fostered HA decomposition into TCP.

References