

## Nursing Care in the Body of the Person with Cancer

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### Abstract

Cancer is a disease that causes more deaths in the population worldwide. It is disease affects not only the body (subject-object we care nurses and some have reflected upon him), but also affects the psychological and spiritual person.

**Keywords:** Body; Cancer; Nursing; Care

### Introduction

It is a disease in which the number of cases filed during the last decade of the twentieth century and early twenty-first century, can be considered as one of the largest epidemics of this moment, "it affects deeply being and whose body he suffers; daily takes the lives of many people, regardless of their age" [1], the treatment of this disease from the medical point of view is with surgery, cancer chemotherapy and radiotherapy.

Nursing is a cornerstone in the medical treatment of people with cancer, people with cancer from the time he is given the medical diagnosis of disease, becomes a different person in body, mind, spirit, willing to continue to exist, continue to fight to live, regardless of the changes in your body, your relationship with your family, loved ones, environment.

This is an idea that requires reflection and contributions of nurses to care for the person with cancer from the human, where you see this patient as a subject and not an object, this fact few studies that they have been made, most nursing research are more directed towards nursing care that can be provided to the person with cancer who have side effects from the application of chemotherapy, reports that we reveal the dedication that has professional regarding care the body in the physical, biological where the person becomes a full of signs and symptoms expected object, so it is necessary to investigate the care of one human to another human, where the body takes on another meaning.

The theme of the body is an ancient and effective at the same time issue has been written about it from different points of view, one of them is philosophical, the philosopher Emmanuel Levinas considers the body to be seen from the human, provides that the body is integrated "into the inclemency of physical pain, is not experiencing the patient's indivisible simplicity of his being when you whirl around in his convalescent bed to find a position that relieves [2], with sociology through Le Breton, who believes that "the body born and meanings that underlie individual and collective existence spread, and the axis of the relationship with the world, the place, the time in which the existence it takes shape through the singular appearance of an actor" [3] and "the hyperarousal body; uncertainty and corporeality in

the experience of illness in care palliatives" [4], talking about the importance of considering the emotions of people who are terminally ill.

With regard to the nursing profession, they are beginning studies to understand the patient with cancer from the analysis of nursing care for the human being to the article Mexican cancer from the perspective of nursing [5], approach to understand the person with cancer as a unit where the body is not separate from the mind, "The embodiment with its corporeity is a multiverse, one pandimensionalidad where interacting physical, consciousness, emotion, spirituality, among others, highlighting the relationship with the other in oneself subject (human), that allows the body is a means and an end, a means because through him and with him we communicate both internally and externally and the end becomes a subject of care that is dynamic" [1], in the writing "The embodiment of the person with cancer" [6].

The way of perceiving the person with cancer as a body subject involves the need to continue studies on "the daily life of the person with cancer [7], where is identified from giving you the diagnosis of cancer disease changes the daily life of a healthy person to a sick person who will live between appointments, hospitals, aggressive treatments, which gives and takes care of himself, cares and is careful in the relationship that deals with work, family, friends, and health personnel in their vulnerability living with a chronic disease and that the time becomes a terminal disease, is available for treatment and continue with life as "the embodiment of the person with cancer", is observed in qualitative research, where emerges as one of the body process categories care life death where the person with cancer "from the doctor gives you the diagnosis of the disease is certain to be die at any moment, idea constantly going to bring in thought, in the mind and still with her and although she still lives" [8].

The person with cancer, is a human being who have different needs than a healthy person to have chemotherapy treatment as shown by the study; "Humanized Care; the case of patients subjected to chemotherapy" [9], qualitative research reveals that people with cancer who have treatment of cancer chemotherapy require care in the emotional, the affective, the spiritual, where the emotional care from nurses begins from the moment you talk to the patient when he takes his hand, touching his hand by the nurse represents the human part, gives confidence and reassurance to the person who has chemotherapy treatment.

The body of the person with cancer, needs to be cared for by the nurse with a human approach, unsurprised to a deformity that could be the person with the disease, you have to understand the pain accompany the daily concern of the person for life-death, this experience has to share the "With the nursing student, found both in the classroom and in educational spaces that makes clinical practice, the teacher has a great responsibility to communicate this very complex way with the student, so that at the time students have the opportunity to care for the cancer patient does not feel fear, fear itself it involves providing care to this complex patient for the same disease and medical treatments that indicate , is "urgent need to design educational interventions that have the potential to improve end-of-life care in nursing" [10], include in the teaching-learning process greater use of Facebook, ning, twitter, myspace "through audios, videos, quizzes, animations, forums, group discussions [11].

## Conclusion

The Nursing professional understands that the person with cancer is a means to an end as a subject of care, which has a great ability to provide care from the complexity asking the person with cancer, from experience and interaction with a sensitive diseased body, you need understanding, knowledge with human sense, so it is necessary quantitative and qualitative research to improve human nursing care in their interaction with the body of the person with cancer will continue.

Seeing the body of the person with cancer as a dual-unit nursing professionals involves the responsibility to prepare and understand the complexity of caring for a person who by his illness daily lives the life-death contradiction, the nurse as body care accompanies the person in that contradiction.

## Conflict of Interests

The authors declare no conflict of interest

## Authors' Contribution

It is the beginning of investigations that seek to strengthen the humane care of the nursing profession in people with cancer.

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