

Oral Health—An Integral Part of General Health

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What cases shall the medical examiner “view”? Oral health is an integral part of general health. Dental caries which constitute a significant public health problem worldwide is a common chronic infectious transmissible disease. Apart from poor oral hygiene, diet, in particular, sugar-rich food, and many other factors have always been associated with it. This is more prevalent in underdeveloped countries. A child is very much prone to dental caries. Caries is difficult to treat especially in infant and very young children. It may retard the child's

health, may results in impairment of nutrition and esthetics with accompanying psychological problems.

Since, oral cavity reflects the general health of the person, one should implement preventive practices that can decrease a child's risks of morbidity in early stage of life. This may be best implemented with the help of dental or medical workers, who are being trained to provide oral screenings, apply preventive measures and counsel caregivers/parents so that we can create a healthy smile and a beautiful life.

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