

Osteosarcoma in Dogs: Diagnosis and Treatment - A Literature Review

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Abstract

Among primary bone tumors, osteosarcoma (OSA) is the most diagnosed in dogs. OSA is a highly aggressive tumor and metastatic spread to the lungs contributes to the poor prognosis. Surgery followed by adjuvant chemotherapy and radiation therapy is the current treatment of choice for this disease. However, surgery is not applied in all cases because dog owners disagree with partial or total amputation of the limb. Due to the aggressiveness of the disease, this review aims to gather information about the biological bases of the OSA, to discuss its diagnosis and treatment as well as to serve as an instrument in comparative oncological research encouraging effective diagnostic and therapeutic approaches to be improved and discovered.

Keywords: Osteosarcoma; Dog; Diagnosis; Treatment; Personalized medicine

Introduction

Among primary bone tumors, osteosarcoma (OSA) is the most diagnosed in dogs, approximately 80 to 85% of cases and represents 3 to 4% of all tumors that occur in these animals. The appendicular skeleton is the most common site affected, in middle age to elderly dogs and medium to large size [1-15].

Furthermore, OSA is a highly aggressive neoplasm characterized by direct synthesis of osteoid [1,8,9,14,15] and metastatic spread to the lungs, contributing to poor prognosis [1-3,12]. The canine OSA is histologically and molecularly similar to those in humans and is considered an excellent comparative model, [1,3,6,9,16,17] in addition to the fact that animals share the same environment as their owners [3,6,16]. The diagnosis is based on clinical history and physical examination, as well as additional imaging exams, which involve radiography, ultrasound, bone scintigraphy, and computed tomography. Cytopathological and histopathological exams are extremely important to confirm the diagnosis [1,4,7,15,18]. Limb amputation followed by adjuvant chemotherapy and radiation therapy is the current treatment of choice for canine OSA [1,2,5-10,12-15,19-21]. However, dog owners disagree with partial or total amputation of the limb, causing difficulty in the treatment and worsening the clinical condition.7 Chemotherapy with doxorubicin, cisplatin, carboplatin alone or in combination is used to minimize the risk of developing metastases [1,6,22] and increase survival time [11,20-24]. On the other hand, radiation therapy is used for local control and analgesia [1,5,13,22].

Attempts to improve the prognosis led to the search for new diagnostic and surgical techniques, identification of molecular pathways, drugs or substances that could be associated with existing treatments and combinations of therapies. Although some progress in this area has been achieved, it is still necessary to apply discover new biomarkers and combine this knowledge in the design of new molecules in multidisciplinary approach, improving the diagnostic, prognosis and therapeutic approaches. It is also noteworthy the importance of a professional who is very present in human medicine, the care manager, who makes a link between the medical team and the

patient, so that the team works as partners. This professional informs the patient about his health condition in a clear way and makes him more involved in the treatment, being able to manage his own health, with changes of life habits in order to improve his prognosis [25-29]. In veterinary medicine, this professional is still not very present, especially in developing countries, and changes in patient's life habits depend on the actions of their owner, since he is responsible for their eating and physical activities outside the home environment.

Thus, this manuscript aims to gather information about the biological bases of the OSA, to discuss its diagnosis and treatment to serve as an instrument in comparative oncology research and to encourage effective diagnostic and therapeutic approaches to be improved or discovered.

For this purpose, a literature review was elaborated in the databases *Scielo*, *Lilacs*, *PubMed-NCBI* and *BMC* between the periods of 2000 to 2017. The keywords *osteosarcoma* and *dog* had been used and only the articles involving either diagnosis and treatment or both were selected. Case reports with a low number of animals, with the exception of one study found in *Scielo*, were excluded. A total of 1349 articles were found. After reading the titles of these articles, it was verified that some of them were repeated in the different bases. From these repetitions the articles were counted only once.

Finally, 290 articles were selected, and with the reading of the abstracts, 63 articles were selected to read the full text, of these [27], were used, as they followed the objective of this study. The incidence of

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OSA in dogs, the techniques used in the diagnosis and treatment of *in vivo* and *in vitro* studies are described in chronological order in Table 1.

Incidence of Osteosarcoma in Dogs

55% of the studies mention that the appendicular skeleton is predominantly the most affected site of OSA. These are: Chen et al. [2-5,7-14]. The animals described in this review, the animals were middle aged to elderly and medium to large size, except for one case of a Maltese dog reported by Teixeira et al. [18].

Cytopathological and Histopathological Approach in the Diagnosis of Osteosarcoma

The diagnosis of canine osteosarcoma is performed by cytopathological examination and confirmed through tumor biopsy followed by histopathological examination. However, some authors such as Teixeira et al. [18] emphasize the necessity to develop less invasive techniques, since incisional biopsy can cause pathological fractures and complications in healing. To reduce such complications,

Authors	Incidence of OSA (%)	Diagnostic method	Treatment method
Chun et al. [11]	N/F	Physical and histopathological examination, thoracic radiographs, CBC*, serum biochemistry profile and urinalysis	Chemotherapy with cisplatin/doxorubicin
Garzotto et al. [21]	N/F	Histopathological examination and radiography for check the presence of metastasis	Limb amputation followed chemotherapy with doxorubicin and cisplatin
Dickerson et al. [22]	N/F	Physical exam, CBC*, radiographs, chemistry panel, histopathological examination and CT*	Surgery, chemotherapy, radiation therapy or some combination of these therapies for dogs over 15kg with histologic confirmation. Cobalt 60 photons with either a palliative or definitive fractionation scheme were used to deliver radiation therapy.
Kirpensteijn et al. [15]	N/F	FNAB*, measure of the AP* level and histopathological examination using a new classification system	Surgical excision and chemotherapy
Bailey et al. [20]	N/F	Physical examination, CBC*, chemistry panel, urinalysis, regional skeletal radiographs, and 3-view thoracic radiographs. Presurgical FNA* of the tumor, biopsy of the tumor, or both were performed in most but not all patients	Surgery followed by adjuvant chemotherapy with carboplatin and doxorubicin
DeRegis et al. [24]	N/F	Histopathological examination	Limb amputation followed chemotherapy with cisplatin and doxorubicin (using different doses) after 2 or 10 days after surgery
Ziliotto et al. [7]	N/F	N/F	Cortical bone allogeneic implant preserved in glycerin
Ferrigno et al. [8]	N/F	Radiography: Chest x-ray and abdominal ultrasound were performed to check the presence of metastases	Limb amputation and prothesis placement followed chemotherapy with doxorubicin and carboplatin
Kow et al. [9]	85	N/F	Limb amputation and adjuvant chemotherapy
Kirpensteijn et al. [10]	N/F	Radiography and histopathological examination	Limb amputation
Teixeira et al. [18]	N/F	Radiography, FNA* and histopathological examination by FNA fixed in formalin	N/F
Sottnik et al. [23]	N/F	3-view thoracic radiographs and scintigraphy to check the presence of metastases	Limb amputation and adjuvant chemotherapy with doxorubicin or carboplatin or both
Billier et al. [27]	N/F	N/F	Limb amputation followed adjuvant chemotherapy with carboplatin or carboplatin/doxorubicin
O'Donoghue et al. [6]	N/F	N/F	Limb amputation followed by doxorubicin or platinum-based drug chemotherapy
McMahon et al. [12]	N/F	Histopathological examination	Limb amputation followed chemotherapy with carboplatin or caboplatin/gemcitabine
Wittenburg et al. [17]	N/F	N/F	Cell culture assay treated with HDACi* (VPA*), VPA/proteasome inhibitor ONX0912 and VPA/mitomycin C
Karnik et al. [14]	N/F	Histopathological examination and radiography	CT* to determine surgical margins for limb-sparing surgery
Selvarajah et al. [25]	N/F	Histopathological examination	Limb amputation chemotherapy with carboplatin or carboplatin/doxorubicin or carboplatin/cisplatin
Monks et al. [16]	N/F	Histopathological examination and radiography	Limb amputation
Selmic et al. [19]	N/F	Thoracic radiographs or CT* and histopathological examination	Limb amputation followed adjuvant chemotherapy with carboplatin or doxorubicin-based or both
Wycislo and Fan [3]	85	Histopathological examination	Retrospective study
Talbott et al. [13]	N/F	Cytopathological and/or histopathological examination plus whole body CT* scan (used to diagnosis metastasis)	N/F
Cannon et al. [26]	N/F	N/F	Cell culture assay treated with Aurora kinase inhibitors
Mantovani et al. [5]	85	N/F	Radiation therapy and radiation therapy with Erlotinib
Gouvea et al. [2]	85	Medical History, Physical Examination, Radiological Findings, histopathological Examination Confirmed The diagnosis	Limb amputation followed by chemotherapy with carboplatin
Murphy et al. [1]	80 to 85	N/F	Limb amputation followed by chemotherapy with carboplatin and doxorubicin
Sabattini et al. [4]	85	FNA* and histopathological examination	N/F

N/F: No Information. *CBC: Complete Blood Count; CT: Computed Tomography; FNA/FNAB: Fine-Needle Aspiration/Fine-Needle Aspiration Biopsy; AP: Plasma Alkaline Phosphatase; HDACi: Histone Deacetylase Inhibitors; VPA: Valproic Acid.

Table 1: Incidence of OSA (%), diagnostic and treatment methods used, results of the articles according to the authors.

these authors proposed the fixation of fine needle aspiration (FNA) material in formalin for use in histopathological examination. The results obtained from this procedure were promising.

In addition to being less invasive, the cytopathological examination has several advantages over histopathological examination because it is simple to perform, low cost and provide quick results. When comparing these exams, Sabbatini et al. [4] did not consider their results completely satisfactory, since they observed 1 false positive and 8 false negative in the cytopathological examination against no false positive and 5 false negative on the histopathological examination. Nonetheless, these authors acknowledge that cytopathological examination results may be more reliable if the technique is improved. A possible solution is pointed out by Teixeira et al. [18] and consists of the FNA in more than one point. Another solution would be to carry out the histopathological examination only in case of diagnostic doubts.

Surgical Approach and Diagnosis through Imaging Tests

Radiographic examinations, bone scans and tomography improve the diagnosis, especially to investigate metastases and other diseases, as presented in the studies of Garzotto et al. [21] Sottnick et al. [23] and Talbott et al. [13]. The study by Ferrigno et al. [8] still includes abdominal ultrasound. The identification of metastases and other diseases is fundamental to planning the treatment and, consequently, obtaining better prognosis [13,14,21,23]. Regarding the treatment, Ferrigno et al. [8] and Góuvea et al. [2], reported that limb preservation surgery, considered to be the best choice of treatment, as well as emphasized by Ziliotto et al. [7], when combined with adjuvant chemotherapy provided a longer survival. In addition, the study by Ziliotto et al. [7] has improved the surgical technique focused on the preservation of the bone implant in glycerin, which proved to be efficient for this purpose. However, the main obstacle for surgery proceedings is to define the surgical margins. For this objective Karnik et al. [14] evaluated whether computed tomography would be efficient to delimit these margins. The results were not satisfactory, suggesting that other techniques should be used, such as magnetic resonance imaging, bone scintigraphy and positron emission tomography (PET scan). Bone scintigraphy, for example, could be a more viable option, since it allows evaluation of the whole skeleton of the patient with high sensitivity and low doses of ionizing radiation, along with the fact it is efficient for the detection of metastases because the radiopharmaceutical used (usually glucose labeled with Fluorine-18) accumulate in the bones. However, imaging tests are limited, since they can only detect tumor lesions with relatively large margins. Ziliotto et al. [7] emphasized another barrier to surgery therapy that is the fact that some dog owners disagree with limb amputation. In that context, the care manager should clearly inform the owner the upsides and downsides of the selected treatment. The downsides include hair loss, fatigue, pain and nausea, for example.

Chemotherapy

Limb amputation followed by chemotherapy was employed in 59% of the cases used in this review. There was trend was observed in these studies in order to improve the chemotherapy response using a combination of different drugs, as reported in the studies by Chun et al. [11], Bailey et al. [19], McMahon et al. [12], and Selmic et al. [19]. Chun et al. [11] consider that chemotherapy is promising when using cisplatin and doxorubicin, but suggest a study with a larger number of animals. Bailey et al. (2003) and Selmic et al. (2014) used either carboplatin or doxorubicin, alone or in combination, but did not observed a

significant difference in the treatment efficacy. One hypothesis when comparing these three studies is that cisplatin has a greater therapeutic effect. McMahon et al. [12], in turn, used carboplatin association with gemcitabine, which is indicated for the treatment of bladder cancer and locally advanced or metastatic pancreatic adenocarcinoma. In addition, it is assumed that its cytotoxic action is related to the inhibition of DNA synthesis. Additionally to these studies, DeRegis et al. [24] evaluated that initiating chemotherapy two or ten days after surgery did not improve the prognosis of patients and alert for the search of a safe starting dose in order to reduce toxicity.

Radiation Therapy

Radiation therapy is also used as an adjuvant treatment for pain relief and/or local control. Mantovani et al. [5], with the aim of improving the results of this therapy, since osteosarcoma cells are historically resistant to ionizing radiation, combined Erlotinib, a selective epidermal growth factor (EGFR) inhibitor, with radiation therapy in its study *in vitro*, noting that Erlotinib promoted a modest increase in the therapeutic effects of radiation therapy. Another *in vitro* study by Cannon et al. [26] makes use of aurora kinase inhibitors, which is essential for cell proliferation. However, as reported by authors, these inhibitors have not been shown to be effective alone. It is possible that the combination of these inhibitors with chemotherapy and radiation therapy may provide more satisfactory results by increasing cells the sensitivity to treatments. Furthermore, Dickerson et al. [22] report that due to the prevalence of metastases, the use of radiation therapy for local control alone is not enough. Therefore, it is necessary to combine radiation therapy with chemotherapy. Despite the advances in this area, Wycislo and Fan [3] comment that the survival time of both dogs and humans diagnosed with high grade OSA has not changed in the last two decades, since the main cause of death in these patients was due to the metastases in the lung, culminating pulmonary diseases. These authors further report that OSA is highly immunogenic, so that immunotherapy could pose a promising therapy in the future.

Molecular Biology and the Search of Biomarkers of the Tumoral Phenotype of OSA

Following the chronology of the discoveries in the area, combined with the advances in molecular biology studies and technologies in biotechnology, one can see how important it is to find biomarkers predictors of the disease. In this context, O'Donoghue et al. [6] believe that the reason tumors within the same histological type respond differently to the treatments is due to different genetic mechanisms that may be operating, thus altering the response to chemotherapy and metastatic capacity in some tumors. In other words, different responses can be considered to be differentially affect the phenotype of these cells. Therefore, the tumors gene expression analysis could elucidate new therapeutic targets leading to personalized treatments, as presented by the study of Monks et al. [16] which showed that it is possible to provide a report to the veterinarian from a single biopsy from amputation of the affected limb within 5 days. In relation to the study by O'Donoghue et al. [6], we explored differences in gene expression between primary tumors of OSA of dogs with disease-free interval (DFI) less than 100 days and greater than 300 days after chemotherapy.

One of the observations of these authors in the analysis of biomarkers was the significant reduction of Insulin-like Growth Factor (IGF2R) in the DFI group <100 days, with IGFs being part of a complex system used by cells to communicate with their physiological environment. Selvarajah et al. [25] evaluated the proteic levels of

Heat Shock Proteins (HSP) in dogs with osteosarcoma, since these proteins may have cytoprotective effects on neoplastic cells. They found that an overexpression of HSP60 (HSP, 60 kDa) is associated with a poor prognosis and state that these proteins should be further studied as new therapeutic targets. Following this idea, Wittenburg et al. [17] performed an *in vitro* study with histone deacetylase inhibitors (HDACi) and valproic acid (VPA), identifying that the most altered metabolic pathway is the oxidative phosphorylation. In addition, they show that VPA is capable of upregulating the oxidoreductase NQO1, leading to increased sensitivity of cells to the NQO1 substrate drug mitomycin C, due to an increase enzymatic activity. Additionally, Kirpensteijn et al. [25] refer to alkaline phosphatase, which indicates an increase in bone formation activity, so that alkaline phosphatase levels could be used to evaluate the prognosis, since they may be related to the occurrence of metastases. Furthermore, Garzotto et al. [21] showed that the survival of dogs undergoing surgery followed by chemotherapy was higher in animals with normal levels of total alkaline phosphatase serum activity and the same derived from bone. Kirpensteijn et al. [25] subsequently conducted a study in 2008 in which they observed that dogs with a mutation in the TP53 gene, encoding a protein that regulates cell proliferation, DNA repair and apoptosis, have a significantly lower survival than those without mutation.

In this perspective, Murphy et al. [1] worked with the hypothesis that P16 gene expression in dogs with OSA was predictive of prognosis after surgery followed by chemotherapy. These authors observed that dogs negative for P16 had higher DFI and survival time than those without any evidence of P16, i.e., lack of expression may be related to lower DFI. On the other hand, Kow et al. [9] bet on the study of telomerase, since it plays a fundamental role in cellular senescence and cancer. The authors suggest that the use of telomerase inhibition therapies may be useful in dogs with OSA, due to the high degree of telomerase-positive identified. In order to use more accessible techniques, Sottnik et al. [23] state that although more studies are needed, the patients' follow up using blood counts could be used to aid in the evaluation of the therapeutic protocol and the prognosis of dogs with appendicular OSA, since myelosuppression, for example, may be induced by chemotherapeutic agents or by radiation therapy.

Biller et al. [27] show that T-cell effector (CD4 + and CD8 +) and regulatory (Treg) cells are responsible for both T lymphocytes and tumors. This study, the percentage and number of Treg, CD4+ and CD8+ cells were measured in blood by flow cytometry in lymph nodes and tumors by flow cytometry and compared between dogs with OSA and clinically healthy. It was found that dogs with OSA had significantly less circulating effector T cells and more Treg compared to healthy animals. In addition, in dogs with OSA the reduction of effector T cells was associated with a shorter survival time, encouraging further studies in this area [30].

Paraneoplastic Syndromes and Cancer Patient Care

In order to a therapeutic protocol be efficient, it should take into consideration not only the therapy employed itself, but also the patient well-being. Like humans, animals do not only suffer from tumors, but also with paraneoplastic syndromes, that are induced by the tumor including a diverse group of endocrine, neurological, mucocutaneous and hematological clinical manifestation [31,32]. This patient care is already well established in human medicine with the treatment of pain, caring for nutrition and encouraging the practice of physical activities. Ciccone et al. [29], for example, observed an improvement in the clinical picture of patients with cardiovascular diseases who improved

their life habits with a healthy diet combined with regular physical exercise and stopping or decreasing cigarette consumption.

However, in veterinary medicine, especially in developing countries, basic care has not yet been widely implemented, although it is known that surgery, chemotherapy and radiation therapy can cause direct or indirect deleterious effects on the patient's nutritional status, for example, leading to anorexia, and food aversion [31,33]. Furthermore, malnutrition can impair the immune system and consequently increase the risk of infection, as well as reduce muscle tissue and, consequently, decrease and/or difficult the mobility, which may also be reduced due to pain [31,32,34]. In this context, the care manager is an essential practitioner to present ways of implementing behavior changes beneficial to the patient's health and to continuously inform the medical staff about the patients' health status in order to improve their prognosis. Therefore, in veterinary medicine, with this same objective, the work of this professional should become more present.

Conclusion

Cytopathological and imaging tests provide rapid results for both diagnoses of osteosarcoma and for the investigation of metastases, being a fundamental tool for diagnosis. However, histopathological examination should not be disregarded, because in case of doubt regarding the diagnosis, surgeries will not be performed without necessity. Despite the observed changes in treatment, either by combining therapies, investigating differentially expressed genes or using substances that may increase the efficiency of therapies already used, the survival of animals has not increased significantly.

Therefore, studies should be conducted in order to seek new diagnostic and therapeutic approaches to this highly aggressive disease that affects both dogs and humans, contributing to research in comparative oncology, especially considering the advances in molecular biology tools in the search for specific biomarkers, bringing specificity to the treatment and reduction of unexpected side effects.

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Investigative and Comparative Pathology Laboratory.

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